



Education &  
Children's Services

Education and Children's Services

# Schedule Of Opportunities 2009-10

COURSE CODE  
(Office Use Only)

CP/06

## Keeping Individuals Safe and Protected

<b>Course Title</b>	Living Life to the Full (LLTTF) - Developing Strategies to Support Vulnerable Adolescents		
<b>Target Audience</b>	Multi-Agency Staff, Support for Pupils (Secondary) and Child Protection Officers		
	Date(s)	Time(s)	Venue(s)
	4 March 2010 <i>This has been re-scheduled from 29 October 2009</i>	9.30am – 4.30pm	King James VI Business Centre
<b>Comments</b>			
<b>Presenter</b>	1 Opportunity		
<b>Company</b>	Susan Hellier and Cyril Hellier		
<b>Aims</b>	Perth & Kinross Council		
	<ul style="list-style-type: none"><li>• Provide professionals with positive strategies that offer preventative and ongoing support for vulnerable young people.</li><li>• Provide materials that can be used with young people to develop personal insight and strategies for, for example, low confidence, anxiety, low mood and unhealthy lifestyles.</li><li>• Offer a flexible approach to meeting the needs of a wide range of young people, either individually or in groups.</li></ul>		
<b>Outcomes</b>	<ul style="list-style-type: none"><li>• Opportunity to reflect upon and share experiences on use and effectiveness of current strategies to support vulnerable young children.</li><li>• Enhanced understanding of the basis of cognitive behavioural approaches relevant to supportive professionals.</li><li>• Familiarity with LLTTF resource materials and its potential application in daily practice (participants will be provided with a full set of LLTTF booklets).</li><li>• Provision of an outline action plan to apply materials.</li></ul>		