

**Please tick if you**

- want to know more about Independent Advocacy**
- want to know about Group Advocacy**
- need help**

**then phone or write to us at**

**90 Tay Street  
Perth  
PH2 8NP**

**Tel. 01738 587887**

**E-Mail. [enquiry@iapk.org.uk](mailto:enquiry@iapk.org.uk)**

Scottish Charity. (No. SC 035 138)

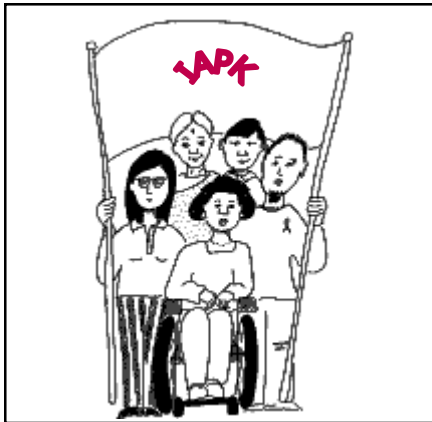


**Independent Advocacy**  
Perth & Kinross



**Independent Advocacy is  
about standing up for  
and sticking with a  
person or a group,  
taking their side and  
helping them to get their  
point across**

**Independent Advocacy**  
is free, confidential  
and independent  
from all other  
service providers



**Who is Independent Advocacy  
for?**

**Anyone over 16 who has no one  
to support them.**



**An Independent  
Advocate will**

- **only act for you when and how you decide**
- **help you find out the information you need to make choices**
- **help you prepare and go with you to meetings**
- **stand by you when you have decisions to make that may affect your life**