

# Training Bulletin

Special Issue 2  
April 2009

Childcare Strategy Team



*The following courses are being delivered by trainers from Children in Scotland as part of the 2009 – 2010 Childcare Strategy Training Programme. Courses are FREE and open to anyone working with children or families including school staff, health professionals, social care staff, youth workers and community workers.*

*To make a provisional booking, please contact the Childcare Strategy Office on the number below, alternatively complete a CPDI/CC1 Form and return to the address below NOT to the Training and Development Unit of Education and Children's Services.*

## **CST 128 Transforming Early Years spaces on a shoestring**

**Thursday 14<sup>th</sup> May 2.00pm – 6.00pm McDiarmid Park, Perth Closing Date 30/04/09**

The media and advertisers can sometimes persuade us that a "quality environment" for children's development is something that can be bought and the more up to date the resources are, the better the impact and outcome. When this view is held providers can feel that quality is limited by pressured budgets, however small budgets do not have to mean a reduced quality environment where cheaper and poorer alternatives are the only option.

## **CST 130 Empowering Change: an introduction to solution-oriented thinking and approaches**

**Friday 29<sup>th</sup> May 9.30am – 4.30pm McDiarmid Park, Perth Closing Date 12/05/09**

This one-day workshop is an introduction to solution-oriented practice and is suitable for anyone working with or supporting children in education, health or childcare. This workshop is ideal for anyone looking to move from a deficit to a strengths perspective in their work with children and young people. The core principles of solution-oriented practice will be introduced and participants will be helped to discover a range of ways that these principles can be applied in their professional practice. A framework for 'solution building' will be described which can be used as a springboard for empowering change.

## **CST 129 Understanding Mental Health and Well-Being**

**Monday 15<sup>th</sup> June 9.30am – 4.30pm The Gateway, Perth Closing Date 29/05/09**

This one-day workshop will provide an introduction to mental health and well-being when working with children and young people. It will allow participants the opportunity to gain knowledge, share experiences, discuss issues of common concern and compare and contrast models of practice.

## **CST 132 Working Solo Safely**

**Saturday 22<sup>nd</sup> August 9.30am – 4.30pm Perth Grammar Community Wing Closing Date 06/08/09**

Working alone carries specific personal safety risks; those in a caring profession often ignore their own personal safety, either from complacency or from a strong focus on others to the detriment of themselves. This one-day workshop will help understanding of these risks and provide ways to reduce them, by way of interactive group work and realistic problem solving.

## **CST 131 Nature Kindergartens - making a start**

**Closing Date 09/09/09**

**Two Thursday evenings 24<sup>th</sup> September & 1<sup>st</sup> October 6.30pm – 9.30pm Perth Grammar Community Wing**

It is widely accepted that unstructured outdoor play improves children's physical and emotional development, mental well being, social skills and opportunities for creative learning.

The person instrumental in developing this initiative in Fife, Chris Miles, will facilitate these two-day workshops. At the end of the course participants will go home determined to make something happen, and confident of their ability to do it!

For further information please contact:

**Community Wing**

**Perth Grammar School**

**Perth**

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