



Sport and Active Recreation at the Heart of Scotland

Summary Report

Sport and Active Recreation: all forms of physical activity which, through casual or organised participation are aimed at expressing or improving physical fitness and mental well being.

Sport & Recreation Forum

- Blair Atholl
- Pitlochry
- Kinloch Rannoch
- Bridge of Gaur
- Alyth
- Meikle
- Coupar Angus
- Invergowrie
- Methven
- St Fillans
- Crieff
- Dunning
- Abernethy
- Blackford
- Crook of Devon

Heart of Scotland
5,286 square kilometres

- Diverse mix of rural and urban communities
- 10 footpath networks covering over 3,000 kilometres of open space
- 123 community halls
- A wide range of public sports facilities
- Perth & Kinross Sports Council with over 150 registered clubs
- St Johnstone Football Club
- Nationally respected outdoor activity opportunities

If you or someone you know would like a copy of this document in another language or format, (on occasion only a summary of the document will be provided in translation), this can be arranged by contacting Cultural & Community Services 01738 476299

ان اسناد کو کسی کسی جاننے والے کو کسی دستاویز کی شکل میں کسی کسی دوسری زبان میں اسناد میں درکار مواد، لکھتے کیہی یہ دستاویز کے ترجمے کا خلاصہ ہی ہے اس کے جاننے والے، اس کا انتظام 01738 476299 سے Cultural & Community Services سے رابطہ کر کے کیا جا سکتا ہے

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Introduction

Significant changes to the structure, delivery and funding of sport and active recreation in Scotland have hastened the need for action to maximise new opportunities. These changes are welcomed by the partners and stake holders represented on the Sport & Recreation Forum who have contributed to the development of a Strategic Plan for Sport and Active Recreation for Perth and Kinross. This document summarises the Strategic Plan which aims to achieve:

- *An increase in sustained participation in sport and active recreation, with an emphasis on attracting new people to take part.*
- *Recognition and development of informal sport, recreation, and active play opportunities.*

A key challenge for us all is to ensure everyone benefits from the quality of life our area has to offer.

We aspire to a future where:

- *Opportunities for everyone are at the heart of sports and active recreation provision.*
- *Individuals and communities within Perth and Kinross enjoy the best teaching, leadership and coaching.*
- *The highest quality of facilities are provided*
- *There is an opportunity for everyone to participate within a safe environment*

Principles

The principles we use to guide us are:

- *Equity of opportunity*
- *Reducing barriers to participation*
- *Partnership working*
- *An intergrated approach*
- *Everyone has a say*
- *Clear communication links*

Key Priorities of the strategic plan are:

Sport & Recreation

1. The establishment of a Sports and Active Recreation Forum to manage the implementation of the Strategic Plan and profile the importance of Sport and Active Recreation.
2. The production of detailed action plans in priority areas that include:
 - *Clear responsibilities*
 - *Achievable timescales*
 - *Realistic use of resources*
 - *Specific targets and measures*
3. The establishment of an effective integrated network that supports clubs, individuals and groups

**...a clear direction...partnership...
common and clearly defined goals...
...focusing, prioritising and maximising
available resources...improving quality
of life...a healthier and happier
population...innovative
and exciting
service delivery...**

This plan is a starting point for partners to work together to ensure greatest benefit from Sport and Active Recreation in and for the communities of Perth and Kinross.

Partners are: Perth & Kinross Council, Perth & Kinross Leisure, Countryside Trust, SportsScotland, Perth College, Perth & Kinross Sports Council, St Johnstone Football Club, NHS Tayside, Sports Disability Scotland, Sport Tayside, Tayside & Fife Institute of Sport.

to develop Sport and Active Recreation opportunities.

4. The prioritisation of target sports and establishment of clear sports development pathways.
5. Partnership with our neighbouring authorities through a Regional Sports Partnership.
6. The identification and support of talented athletes from our area.
7. The delivery of quality sport to children across Perth and Kinross from ages 3 to 18.
8. Ensure that young people have a say in the development of extra-

curricular opportunities in sport and active recreation.

9. Encourage the responsible use of the countryside for Sport and Active Recreation.
10. Improve accessibility of grants and resources for the community in pursuit of strategic aims.
11. Identify, assess and respond to identified needs for facilities.
12. Ensure the contribution of volunteers is supported, valued and maximised.
13. Increase the profile of disability sport and promote the development of opportunities for young people and adults.