



Reduce Reuse Recycle

A-Z Guide



2011 Edition

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Foreword

Waste reduction, reuse, recycling and the environment continue to be prominent issues on the local, national and international agenda. With steps being taken to secure a more sustainable future, it is important that Perth & Kinross Council continues to make strides towards improving the way waste is managed locally and continues to build on its many substantial achievements in this area.

Over the past few years, Perth & Kinross Council has developed and expanded its infrastructure and services to attain one of the highest recycling and composting rates in Scotland. Developments such as the increased number of Recycling Centres & Points are making it easier than ever for local residents to recycle.

It is particularly important if we are to reach national Recycling & Composting targets that we all make the extra effort to **reduce**, **reuse** and **recycle** as much of our waste as possible. To help make this task easier, the Council has produced this A-Z guide which contains hints, tips and information on how to manage your waste effectively with the aim of reaching the Scottish Government's vision for a Zero Waste Scotland.

Councillor Alan Grant

The average bin in Perth and Kinross



Based on household waste analysis by Perth & Kinross Council in November 2010

Reduce Reuse Recycle

Introduction

Reduce Reuse Recycle towards zero waste

Perth & Kinross Council would like to thank all of its residents who are now recycling and composting more of their waste, reducing the amount that is sent to landfill.

There are now more ways for households and businesses to **reduce**, **reuse** and **recycle** and thanks to many people rethinking the way they deal with their waste, the recycling rate in Perth and Kinross was 42% in 2009/10, one of the highest in Scotland and it's continuing to rise. Kerbside Recycling Services and Recycling Centres & Points continue to be a success allowing people to recycle more of their household waste. The aim is to continue to build upon this figure and to surpass the 2013 Scottish Government target of a 50% recycling and composting rate.

Recycling collections for cans, cardboard, polythene, green waste, glass and paper are also helping businesses re-think the way they deal with waste and many are taking advantage of advice on how to **reduce**, **reuse** and **recycle** the waste they produce.

We are still producing a large amount of waste that needs to be disposed of at a significant cost. In 2009/10 we sent approximately 55,000 tonnes of waste to landfill in Perth and Kinross. For this the Council paid approximately £2.6 million in landfill tax alone, a figure that will increase as landfill tax rates are due to rise.

We all need to look at how we can recycle and reuse more of our waste as well as how we can reduce that waste in the first place. By doing this we can all help to save the earth's natural resources, save energy, reduce the risk of climate change and reduce the need for landfill.

Over time new facilities may be added, with existing ones subject to change. For the latest information on how you can **reduce**, **reuse** and **recycle** please contact:

Perth & Kinross Council Customer Service Centre
Tel **01738 476476**

Email **recycle@pkc.gov.uk**

Visit **www.pkc.gov.uk/recycling** or
www.zerowastescotland.org.uk



How to Use This Guide

This guide is designed to help you to **reduce**, **reuse** and **recycle** your waste. The A-Z section lists materials in alphabetical order and where appropriate gives details of how to **reduce**, **reuse** and **recycle**.

- indicates that there are ways in which you can **reduce**.
- indicates that there are ways and facilities to **reuse**.
- indicates that there are facilities to **recycle**.

Entries that refer to services that are available to businesses and other organisations are within a grey box.

As many contacts as possible have been included within the A-Z, but where space has limited the detail included, you are signposted to:

Perth & Kinross Council Customer Service Centre

Call **01738 476476**

Email **recycle@pkc.gov.uk**

Web **www.pkc.gov.uk/recycling**

Sort-It

Sort-It is a web-based tool developed by Waste Aware Scotland which allows you to search your local area for ways to **reduce**, **reuse** and **recycle**.

Please visit **www.sort-it.org.uk**

Yellow Pages

Check your Yellow Pages directory or log on to **www.yell.co.uk** for information and contact details of organisations that offer waste solutions.

Reduce

Avoiding unnecessary waste

Reduce means taking steps to lower the amount of waste that we create and is the best way of dealing with our waste.

Here are some of the ways you can **reduce** your waste.



■ Compost at Home

Home compost bins, food waste digesters and wormeries can all help to reduce your kitchen and/or garden waste by turning it all into soil conditioner. For more information visit www.zerowastescotland.org.uk/compost or see the Home composting section of the A-Z.



■ Reject Unwanted Mail

You can reduce your paper waste by choosing to reject unwanted mail and by opting out of receiving additional mailings when filling in forms. For more information, visit www.stop-the-drop.org.uk or see the Direct Mail section of the A-Z.



■ Use Repair Services

You can repair a wide range of items to reduce the amount of waste you throw away. For information on where you can repair a wide range of items in your local area, visit www.sort-it.org.uk

■ Use Hire Services

Reduce your waste by using hire services for items that you use infrequently such as glasses for parties or power tools for DIY jobs. Visit www.sort-it.org.uk for more information.



■ Packaging & Plastic Bags

For hints and tips on how you can reduce packaging waste, visit www.positivepackage.org.uk You can reduce plastic bag waste by reusing bags and by not accepting unnecessary bags.

■ Food Waste

In Scotland every household throws away £430 worth of food every year. Visit www.wasteawarelovefood.org.uk for information on how you can buck the trend and save some money!

Zero Waste Fortnight Community Project



Comrie Primary School learn more about home composting during Zero Waste Fortnight in Comrie in September 2010

For two weeks in 2010 the Comrie Development Trust and Muthill Low Carbon Community Project organised a Zero Waste Fortnight, in partnership with Perth & Kinross Council. Householders were encouraged to think more carefully about the waste that they produce and how they dispose of it - with the aim of putting as little as possible in the general waste bin over this two week period. To help inspire householders to reduce, reuse and recycle more, events and competitions were arranged during the Fortnight. Householders were inspired and reduced their general waste by 27% in Muthill

and 13% in Comrie. For further information on running a zero waste initiative or event visit www.pkc.gov.uk/zerowastefortnight or call Perth & Kinross Council Customer Service Centre on **01738 476476** or email recycle@pkc.gov.uk

Mechanical/Solar Power

Solar powered devices help to avoid waste from household batteries. Advantages from solar energy sources include the inexhaustible supply of energy and zero emissions of greenhouse gas and air pollutants.

By using mechanically powered devices such as wind-up torches, radios, watches and toys, you can help to reduce waste from household batteries.

For a list of organisations who stock mechanical and solar powered products, visit www.sort-it.org.uk

Green Flag Awarded to Composting School

Arngask Primary School

Arngask Primary School was awarded the Green Flag by Eco-Schools (www.ecoschoolsscotland.org). As part of their Green Flag commitment, they have been composting since Easter 2008. They use a centrally located compost bin situated in the grounds of the school and three kitchen caddies that are situated in the three school buildings which they use to collect their garden waste, fruit and vegetables as well as their teabags.

The teachers and pupils at Arngask compost with great enthusiasm and have incorporated composting into their daily routines. The pupils have decorated their compost bin and turned it into a Ladybird. Using this concept the pupils treat the compost bin as a pet, a pet that needs to be fed.

This shows how easy it is to Reduce and Recycle by composting in a fun and rewarding way. For further information visit www.zerowastescotland.org.uk/compost and visit the Reduce section for home composting.

Reuse

Using a product again and again for its original or an alternative purpose

Reusing helps to make sure that we are making the most of our waste and helps to save valuable natural resources.

Here are some of the ways you can **reuse** your waste.



■ Recharge

You can reuse rechargeable batteries for many appliances including toys, cameras and MP3 players.

■ Refill

You can refill printer, fax and photocopier cartridges as well as some household cleaning products such as washing up liquid and fabric conditioner.

■ Avoid Disposables

Avoid products than can only be used once. Items such as reusable nappies, cups, cutlery and bags are all available.



Nappies

Washable nappies can be used again and again and are easy to use.

For more information on using real nappies and reducing your nappy waste, please contact the Perth & Kinross Real Nappy Network:

Tel **01738 476476**
Email **nappies@pkc.gov.uk**
Web **www.pkrnn.org.uk**

Please also see the nappies section of the A-Z.



■ Donate Your Unwanted Items

Unwanted items such as unused clothes or unwanted Christmas and birthday presents can be donated to a local charity shop or reuse project.

Visit **www.pkc.gov.uk/wheretodonate** to view the Perth and Kinross Charity Shop Map which shows the location of all charity shops in the area and the items they accept for donation. Alternatively, check the listings on pages 42-45.





Friarton Reuse Container

Friarton Recycling Centre in Perth has a novel feature! It's a Reuse Container where you can deposit reusable household goods and electrical and electronic equipment. The contents of the Reuse Container will be passed to the Salvation Army's 40:20 Furniture Reuse Project for resale and distribution in the local community.

The Reuse Container accepts the following items:

- *furniture*
- *IT equipment (except monitors)*
- *crockery/ornaments*
- *cameras*
- *pots/pans*
- *phones and video/DVD players*
- *household lamps*

Contact a member of staff onsite to find out if you can donate instead of throwing away your unwanted items.

For more information, visit www.pkc.gov.uk/recycle or call **01738 476476** or email recycle@pkc.gov.uk

Perth & Kinross Real Nappy Network

Perth & Kinross Real Nappy Network is a local group which raises awareness of real (washable) nappies. The PKRNN show parents, parents-to-be, health professionals and other interested parties how real nappies have changed since the days of terry squares, pins and plastic pants and how today's styles of real nappies are shaped to fit, fasten with poppers or Velcro and come in a wide range of soft and breathable fabrics, including bamboo, hemp and microfibre.



Using real nappies reduces the amount of waste that a household produces and can also save parents around £500 compared to the cost of using disposable nappies; more if they are used on another child. What's more, modern real nappies come in a range of beautiful and fun designs so by using real nappies you can even make a fashion statement! Almost 8 million disposable nappies are thrown away every day in the UK; and most go to landfill.

Perth & Kinross Real Nappy Network offer free demonstrations of real nappies from their comprehensive nappy library as well as information and advice to get you started. Hire kits are available in a range of sizes allowing parents/carers to try real nappies at home for up to 3 weeks to ensure they choose the right style for themselves and baby. The kits are laundered between hires and cost just £10 (less than the cost of disposables for the hire period).

If you would like to find out more about real nappies/Perth & Kinross Real Nappy Network, please contact The Environment Service, Perth & Kinross Council:
Tel **01738 476476** • Email nappies@pkc.gov.uk • Web www.pkrnn.org.uk



Recycle

Using materials to make new products

Recycling saves the Earth's natural resources, saves energy, reduces the risk of climate change and reduces the need for landfill.

Here are some of the ways you can **recycle** your waste.



■ Recycling Points

There are over 80 Recycling Points in Perth and Kinross. For information on the location of your nearest Recycling Point and the materials they accept, visit www.sort-it.org.uk or call Perth & Kinross Council Customer Service Centre on 01738 476476. Please also see page 40 of the A-Z.



■ Recycling Centres

You can recycle most of your household and garden waste at your local Recycling Centre. Please see page 40 for details on Recycling Centre locations, opening times and the materials they take or visit www.sort-it.org.uk



■ Dry Mixed Recyclate Kerbside Collection

Your blue-lidded bin allows you to recycle paper, cardboard, plastic bottles, cans and clean rigid plastic packaging like yoghurt pots, food trays and takeaway containers.



■ Food and Garden Waste Kerbside Collection

Your brown-lidded bin allows you to recycle food and garden waste including all cooked and uncooked food, grass cuttings, hedge trimmings and small branches. Please contact Perth & Kinross Council Customer Service Centre on **01738 476476** to find out if you are entitled to a brown-lidded bin.



Your Kerbside Recycling Service

The majority of households in Perth and Kinross now receive a kerbside recycling service. The service enables households to recycle their waste by using their brown-lidded and blue-lidded bins. The blue-lidded bin allows households to recycle their cans, cardboard, paper, plastic bottles and clean rigid plastic packaging. The brown-lidded bin allows households to recycle their food (cooked and uncooked) and garden waste. All bins are collected fortnightly as scheduled by collection calendars that are delivered to all households on the service.

For more information please contact Perth & Kinross Council Customer Service Centre on **01738 476476**.

Visit www.pkc.gov.uk/recycle to find out exactly what can go in your recycling bin and when your bin is uplifted using the postcode search facility.



Collections for materials such as cardboard, drinks cans, plastic cups, paper, polythene and glass are available to businesses, schools and other organisations. For further details, please see the A-Z section of this guide.

Waste Electrical and Electronic Equipment Recycling

Nearly one million tonnes of Waste Electronic and Electrical Equipment (WEEE) is estimated to be discarded in the UK each year. Householders can take their WEEE to any Recycling Centre in Perth and Kinross for recycling. More than 1,460 tonnes of WEEE collected from Perth and Kinross residents was recycled in 2010.

WEEE collected from Recycling Centres is sent to a processing facility located in Perth for recycling. Here, 90% of small appliances and fridges are recovered for reuse or recycling, and 99% of TV and computer screens are recycled. The facility recycles electrical and electronic equipment from all over Scotland, making 95% of the components available for remanufacture. In 2010 alone they recycled 350,000 televisions.

Visit www.pkc.gov.uk/recycle for more information on WEEE recycling.

Aerosol Cans

Please see Cans.

Agricultural Plastics

Solway Recycling Ltd

Tel 01387 730666 Email info@solwayrecycling.co.uk Web www.solwayrecycling.co.uk

Collect non-organic farm wastes including plastics, tyres, hazardous and non-hazardous waste from farms throughout Perth and Kinross. They will also collect from horticultural businesses such as plant shops/garden centres.

Businesses can purchase a bin and liners, charges are per uplift and are available on request. Email www.solwayrecycling.co.uk/recycle-plastic to get a price quote.

Utilising the recycled plastic, they produce recycled plastic products such as benches, picnic tables and pet and farm products.

Aluminium Cans

Please see Cans.

Aluminium Foil

■ You can reduce the amount of aluminium foil you use by packing food in reusable containers and using washable non-stick sheets to line your grill.

■ Reuse clean pieces of aluminium foil.

■ Clean aluminium foil can be recycled at all Recycling Centres & Points in the Can Point.

Aluminium foil is recycled into products such as car engine parts.

Aluminium Pots, Pans and Other Household Items

Please see Metal.

Art & Crafts Materials

■ Many materials can be used for art & crafts. Schools, nurseries and playgroups may be willing to accept a range of items such as cardboard tubes, paper & egg boxes. Please check with the school or group first.

Asbestos

Asbestos has to be removed by a licensed contractor. Please see the Yellow Pages under Asbestos Removal.

For further information on Asbestos, visit www.hse.gov.uk/asbestos

Ash

■ Wood ash can be spread around the garden or added to your home compost bin (*please see Composting*). Coal ash, mixed ash and ash from treated wood should be disposed of with your general waste.

Bags

Please see the Reduce & Plastic Bags sections of the A-Z.

B



Batteries (Car)

■ You can recycle car batteries at Recycling Centres. Components are reclaimed for use in new batteries or are safely disposed of.

For disposal of other vehicle batteries please contact:

David Band Metals Ltd
Shore Road
PERTH
PH2 8BB

Tel 01738 634991 • Fax 01738 628439

Batteries (Household)

■ You can reduce the number of batteries you use by using items that are mechanically powered such as wind-up radios or are solar powered such as garden lights.

■ Rechargeable batteries can be bought from a number of local retailers. For a list of regional and national stockists, visit www.sort-it.org.uk

Please note that rechargeable batteries are not recommended for use in low drain appliances such as smoke alarms and carbon monoxide alarms.

More About Batteries

An average household uses around 21 batteries a year. Batteries are made up of composite materials which make them difficult to recycle. As batteries use up more energy in their production than they give out, it is best to try and reduce the number of batteries you use by choosing solar power, mechanical power, mains electricity and rechargeable batteries.

■ All household batteries, including laptop batteries, can be recycled at your local Recycling Centre. You can also recycle batteries at most libraries and many supermarkets and retailers. Please check with them before you go.

There are a number of companies who are able to collect batteries from businesses and groups.

Please contact Perth & Kinross Council Customer Service Centre on 01738 476476.

For information on any of the above, please see the Reuse section on www.sort-it.org.uk or contact Perth & Kinross Council Customer Service Centre on 01738 476476.

Battery Back offer recycling and waste collections to the industrial and business sector for a variety of materials including batteries in the Perth and Kinross area. For further information:

Tel 0844 8005671

Email enquiries@batteryback.org

Web www.batteryback.org

Bed Linen

■ Donations of clean and reusable bed linen can be made at many charity shops.

Starter Packs also accept donations: *see Furniture & Furnishings for information and contact details.*

You can cut up and reuse your bed linen as cleaning cloths.

■ You can recycle clean bed linen in the Textile Points at Recycling Centres & Points.



Beds

Please see *Furniture & Furnishings*.

Bicycles

■ Broken bikes can often be refurbished. For a list of local repair shops, please see the Reduce section on www.sort-it.org.uk or the Yellow Pages under Cycle Shops & Repairs.

■ Unwanted bikes can be donated for reuse at Friarton, Kinross, Pitlochry and Aberfeldy Recycling Centres. These bikes are collected for repair and reuse by Perth Bike Station. Other charities may also accept donated bikes which are in good and usable condition. Consider buying or selling second hand (see *Second Hand*).

Buy or Donate Refurbished Bikes

The Bike Station in Perth is a bicycle recycling and cycling promotion charity. They accept unwanted bikes for repair, provide cycle and bike maintenance training, and sell affordable refurbished bikes. They are open from Monday to Saturday with bike sales on Friday (children's bikes) and Saturday (adult's bikes).

Unit 11
Mid Friarton Business Park
Friarton Road
PERTH
PH2 8EL

Tel 01738 444430

For further information, visit
www.thebikestation.org.uk

■ Bicycles can be taken to the Metal Point at Recycling Centres: they are recycled into new metal products.

Books

■ You can reduce the number of books you use by using your local library or using e-books available online.

■ You can take books to your local charity shop or contact your local library to see if they are willing to accept them. Consider buying or selling second hand (see *Second Hand*).

Read It Swap It

This site provides a forum where people can swap books that they own. It is a free site to join and has a growing library of over 200,000 books available. For further information, visit www.readitswapit.co.uk

■ Book points are available at certain Recycling Centres & Points. Visit www.sort-it.org.uk or contact Perth & Kinross Council Customer Service Centre on 01738 476476 to find your nearest one. Householders on the kerbside recycling service can put books in their blue-lidded bin for recycling.

Bottles & Jars

Please see *Glass Bottles and/or Plastic Bottles*.

Bottle Tops

There are currently no facilities for recycling plastic bottle tops in Perth and Kinross, as they are made from a different type of plastic than that of plastic bottles and it is not possible to process them in the same way as plastic bottles.

Building Materials

Please see *DIY*.



B-C

Bulky Goods

Please see Furniture & Furnishings, Fridges & Freezers or Electrical & Electronic Equipment.

Bulky household items such as beds, sofas and chairs can be taken to Recycling Centres free of charge.

You can also arrange for them to be uplifted from the kerbside. There is a charge for this service, please contact Perth & Kinross Council Customer Service Centre on 01738 476476 or email recycle@pkc.gov.uk for details.

Business Waste

- For information on Business Waste, contact Perth & Kinross Council Customer Service Centre on 01738 476476 or visit www.wasteawarebusiness.org.uk

Camping Gas

Please see Gas Cylinders.

Campus

Waste Aware Scotland's Waste Aware Campus campaign can be found at www.wasteawarecampus.org.uk

The resources provided on this website aim to help staff and students at Scotland's colleges and universities introduce and promote effective waste prevention and recycling services.

Cans (aluminium & steel)

■ You can recycle aluminium & steel food and drinks cans (including fizzy drinks cans, baked bean cans and soup cans) and empty aerosol cans at Recycling Centres & Points.

Householders on the kerbside recycling service can put cans in their blue-lidded bin. Please note that aerosol cans must be empty.

Car Batteries

Please see Batteries.

Cardboard

■ You can put small amounts of cardboard in your home compost bin (*see Composting*). Please do not put cardboard in your brown-lidded bin.

■ *Please see Art & Crafts Materials.*

■ You can recycle cardboard (including cereal packets, toilet roll tubes & corrugated cardboard) at your local Recycling Centre.

If you live in an area covered by the Kerbside Recycling Service you can recycle cardboard in your blue-lidded bin.

- Perth & Kinross Council, in partnership with a local business, offers a kerbside cardboard collection service for businesses. Please contact Perth & Kinross Council Customer Service Centre on 01738 476476.

More About Cans

Food and drinks cans are either made of steel or aluminium and both can be recycled. Once your cans are collected they are separated into steel and aluminium, baled and sent to be reprocessed and recycled into new cans and other metal products. Making new cans from used ones uses less resources and energy than making them from new metal. For example recycling 1 aluminium can saves enough energy to run a TV for 3 hours.



Cardboard is recycled into plasterboard liner and other cardboard products.

Please do not put cardboard into Paper Recycling Points as they are not currently recycled by our reprocessor.

Cards

■ You can reduce the number of cards you use by sending electronic greetings cards available online.

■ Postcards, used and unused, can be sent to a number of charities, including:

Hearing Dogs for Deaf People
Regional Fundraiser: Mrs Anne Bernard
Tremorden
Donaldson Brae
KILCREGGAN
G84 OJB
Tel 01436 842830

You could make your own cards out of scrap materials. *Please also see Art & Crafts Materials.*

■ Householders on the Kerbside Recycling Service can put greeting cards in their blue-lidded bin. Cards can also be recycled in the Paper Point at Recycling Centres & Points.

Christmas cards can be recycled in all TK Maxx, Tesco, Marks & Spencer and WH Smith stores. They are collected on behalf of the Woodland Trust who recycle them into cardboard products.

Carpets and Rugs

■ You can recycle carpets, rugs and underlay at Friarton (Perth) Recycling Centre in the Carpets container.

Carrier Bags

Please see Plastic Bags.

Catalogues

■ Catalogues can be recycled in the Paper Point at Recycling Centres & Points. Householders on the Kerbside Recycling Service can put catalogues in their blue-lidded bin. Hard-backed catalogues are also accepted.

Cartridges

Please see Printer, Fax & Photocopier Cartridges.

CDs, Tapes & Vinyl Records

■ You can reduce the number of CDs, tapes and records you use by using your local library or downloading music from the internet.

Scratched CDs, computer games and DVDs may be repairable. Look online for hints and tips.

■ You can donate your CDs, tapes and records to many charity shops. Your local library may be able to accept donations. Consider buying or selling second hand (*see Second Hand*).

■ CDs, Cassette Tapes, DVDs and Videos can be recycled at certain Recycling Points. To find your nearest one, visit www.sort-it.org.uk or contact Perth & Kinross Council Customer Service Centre on 01738 476476.

CDs and their plastic cases (please remove paper inserts) can be recycled by sending them to:

Polymer Recycling Ltd
Reed Lane
Moreton
WIRRAL
CH46 IDW

Tel 0151 606 0456

www.polymerrecycling.co.uk

They recycle 100% of the compact disc, case and packaging. The materials produced are used to create artificial wood and for producing new CD cases.

Charity Shops

■ The Perth and Kinross Charity Shop Map shows the location of charity shops and reuse projects in Perth and Kinross. The Map includes opening times and information about which donations can be accepted. They can be collected from charity shops, libraries and other selected Council buildings in Perth and Kinross or accessed online at www.pkc.gov.uk/wheretodonate

For a list of charity shops in Perth and Kinross, please see pages 42-45.

Chemicals

Please see Hazardous Waste.

Christmas Trees

■ You can add shredded real Christmas trees to your home compost bin (*see Composting*) or you can chop up your real Christmas tree and place it in your brown-lidded bin. (The bin lid must still be closed when presented for collection).

Some real Christmas Trees (with root ball) can be replanted in your garden after Christmas.

■ Artificial Christmas trees can be reused year after year.

■ You can recycle your real Christmas trees in the Garden Waste Point at Recycling Centres.

Clothes & Textiles

■ Clothes may be altered and repaired. For a list of local repair shops, please see the Reduce section on www.sort-it.org.uk or

the Yellow Pages under Tailors - Repairs & Alterations.

■ You can donate clothes & textiles, which are in a good condition, to your local charity shop. Consider buying or selling second hand (*see Second Hand*).

Textile Recycling Points

Clean clothes & textiles can be recycled in Textile Points at Recycling Centres & Points. Clothes & textiles which are in good condition are reused. The rest are recycled into industrial cleaning cloths.

Textile Points can accept:

- all clothing (mens/ladies & childrenswear)
- all types of paired shoes (any condition)
- belts/handbags/hats
- all clean underwear
- all household textiles

Items that cannot be accepted:

- duvets/pillows
- soiled or wet clothing
- carpets/rugs & bric-a-brac

Coins

■ Many charity shops accept donations of foreign currency.

Community Waste Fund

The Community Waste & Fly-tipping Scheme can provide up to £15,000 for a community waste project (diverting waste from landfill), or £3,000 for a fly-tipping related project. Projects must be based in Perth and Kinross and developed by community or voluntary organisations. An electronic application

form can be accessed on the Grants Direct Website www.pkgrantsdirect.com If you would like to discuss an idea or project you have, please contact a Perth & Kinross Council Waste Minimisation Officer on 01738 476476.

Composting

■ You can reduce the amount of waste you throw away, and produce a useful end product for your garden, by composting at home. You can compost a variety of kitchen waste and garden waste including tea leaves & coffee grounds, flowers & plants, grass cuttings, hedge trimmings, leaves, sawdust & bark and fruit & vegetables. As well as small amounts of cardboard and paper.

Householders on the Kerbside Recycling Service can put food and garden waste in their brown-lidded bin.

There are various methods of home composting, all of which are outlined below along with information on how to decide on the correct method for you that would best suit your needs.

You can find out more information about composting on www.zerowastescotland.org.uk/compost by phoning the Home Composting Helpline on 0845 600 0323 or emailing helpline@zerowastescotland.org.uk

Standard Compost Bin



Bins are available in a number of different options ranging in price and size that would suit a small garden to a very large garden.



Standard compost bins allow you to compost a mixture of kitchen and garden waste.

Bokashi Units

This type of composting system allows you to turn all kitchen food waste into nutrient rich compost. This method of composting is easy to use by placing food waste in the airtight container and sprinkling with bokashi bran that speeds up the composting process.

Food Digesters (Green Cone)

This method of composting breaks down food waste into a nutrient rich liquid. This then seeps into the soil in your garden. More information is available at

www.zerowastescotland.org.uk/compost

Green Johanna Food Waste Digester

This method of hot-composting is similar to that of Standard Composting but enables you to compost meat, fish and other cooked food. For more information visit

www.zerowastescotland.org.uk/compost

Wormery

Composting with worms (vermi-composting) can be beneficial when composting vegetable kitchen waste. Please visit

www.zerowastescotland.org.uk/compost

Peat-free Compost

Peat-free compost is environmentally friendly compost which is made from recycled garden cuttings and tree surgeon's waste.



This waste would previously have been sent to landfill sites but is instead being recycled. Peat-free compost prevents damage and destruction to lowland bogs - important habitats for plants, animals and birds. For further information on peat-free compost visit www.zerowastescotland.org.uk/compost or for your nearest stockist check www.sort-it.org.uk

Computers

■ Computers may be repairable. For local repair shops visit www.sort-it.org.uk or please see the Yellow Pages under Computer Maintenance.

■ The WEEE Centre at Perth College refurbishes computers. Contact them on 01738 444515 to donate or buy computers. For full contact details, see the Charity Shop listing on page 42. Tayside Recyclers accept computers for reuse and refurbishment - *please see Furniture & Furnishings for contact details.*

■ All IT and telecommunications equipment can be taken to your local Recycling Centre.

If you have a Dell computer, they offer a recycling facility for their old machines. For more information, visit www.dell.co/recycling

Please also see the Electrical & Electronic Equipment section.

- Computer Recycling Services Ltd
Block 2, Units 3 & 4
Piper Street
Baldovie Industrial Estate
DUNDEE
DD4 0NT
Tel 01382 772724 • Fax 01382 775561

Construction & Demolition Waste

Please also see DIY.

- For information on construction & demolition waste recycling for businesses, please contact Perth & Kinross Council Customer Service Centre on 01738 476476 or visit www.wastewareconstruction.com

Cooking Oil

Please see Oil.

Corks

■ Natural cork can be composted in your home compost bin (*please see Composting*).

Please do not put corks in your brown-lidded bin.

Crockery & Cutlery

■ Charity shops will accept donated items which are in good condition. Starter Packs will also accept these items for reuse - *please see Furniture & Furnishings for details.*

Where possible use reusable cups, glasses, plates and cutlery instead of disposables. Consider hiring for parties.

■ Cutlery that is made of metal can be recycled in the Metal Point at Recycling Centres. Please wrap sharp knives carefully in paper and hand to the site attendant.

The Rainbow Trust can recycle cutlery - *please see Jewellery for contact details and information.*

Curtains

■ Many charity shops accept donations of curtains which are in good condition. Starter Packs also accept donations - *please see Furniture & Furnishings for details.*

■ Curtains can be recycled in Textile Points at Recycling Centres & Points.

Direct Mail

■ There are five easy ways to **reduce** the amount of unwanted mail that you receive.

For further information as well as advice and support regarding all five steps, visit www.stop-the-drop.org.uk

Write to Sender

Mail that you receive addressed to 'The Occupier' or is unaddressed and delivered by an agency other than the Royal Mail can be stopped by writing/emailing the sender. The agency is legally obliged upon receipt of such a request to stop sending you materials within a reasonable time period.

You can also do this with companies that you deal with to instruct them to stop sending you marketing materials regarding their services.

You should record all correspondences you have with these companies/organisations to ensure that they stop sending you materials. For further information and letter templates, visit www.stop-the-drop.org.uk

Register with the Mailing Preference Service

Registering with the Mailing Preference Service can reduce the amount of personally addressed direct mailings you receive by 95%. Personally addressed mailings are those that have a named addressee (you or previous tenants). Please note that this service cannot stop mail from companies that you have had dealings with, mail addressed to the occupier, mail that is unaddressed or mail from overseas.

It can take a few months to take full effect but you should notice a reduction during this period.

To find out more and register, please contact:

Mailing Preference Service
FREEPOST 29 LON20771
LONDON
W1E 0ZT

Tel 0845 703 4599

Web www.mpsonline.org.uk

Email mps@dma.org.uk

Opt Out of the Royal Mail's Door to Door Service

Door to Door is the Royal Mail's direct marketing service that delivers unaddressed mail (flyers/supermarket leaflets & circulars). Registering to opt out of this service will stop these items being delivered to your door within six weeks.

This will not stop mail addressed to 'The Occupier' as the Royal Mail is legally obliged to deliver this.

To register or for further information, please contact:

Door to Door Opt Out
Royal Mail
Room 130
Kingsmead House
Oxpens Road
OXFORD
OX1 1PX

Tel 0845 795 0950

Web www.royalmail.com

Email optout@royalmail.com

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Opt Out of the Edited Version of the Electoral Register

The full electoral register lists the names and addresses of everyone registered to vote and can only be used for purposes such as elections and law enforcement. The edited electoral register is available for general sale and can be used for any purpose such as direct marketing activities.

In order to do this and find out more information, visit www.electoralcommission.gov.uk

Use Online Services

Many companies offer online services. This is not only convenient as you can view your account details and pay bills online but you can also opt not to receive paper bills and statements (in some cases this can result in receiving a discount).

Contact your service providers for further details.

Consider saying no to receiving unwanted mailings when filling out forms by ticking the opt-out box or not ticking the opt-in box to receive future mailings.

■ You can recycle the contents of direct mail in the Paper Point at Recycling Centres & Points. Householders on the Kerbside Recycling Service can put the contents of unwanted mail in their blue-lidded bin.

You can reduce unsolicited faxes by registering with:

Fax Preference Service
FREEPOST 29 LON20771
LONDON
W1E 0ZT

Tel 0845 070 0702

Web www.fpsonline.org.uk

Email fps@dma.org.uk

DIY

Please also see Paint.

■ Whenever possible choose materials that are designed to last.

The Scottish Ecological Design Association provides information on how to design domestic building projects to minimise waste. For further information, visit www.seda.uk.net

■ Consider repairing, restoring or adapting items you already have, or using reclaimed or recycled materials. Many building materials can be used again including slates, timber, stone and brick.

■ Inert materials including rubble, bricks and soil can be taken to Recycling Centres. A separate container for inert materials is provided at Recycling Centres. Whenever possible, choose to buy materials that are easy to recycle.

Drinks Cans

Please see Cans

Drinks Cartons

■ Food and drinks cartons, for example Tetrapaks, can be recycled at selected Recycling Points in Perth and at Friarton Recycling Centre, Perth. For your nearest Recycling Point, visit www.sort-it.org.uk

DVDs & Videos

■ You can reduce the number of DVDs and videos you use by hiring them from shops and libraries.

■ Donate to charity shops or consider buying and selling second hand (*see Second Hand*).

■ You can recycle DVDs by sending them to Polymer Recycling Ltd. *See CDs, Tapes & Vinyl Records for contact details.*

DVDs and videos can also be recycled at certain book Recycling Points. For your nearest one, visit www.sort-it.org.uk or contact Perth & Kinross Council Customer Service Centre on 01738 476476.

Electrical & Electronic Equipment

Please also see the WEEE section.

■ You can repair a variety of electrical & electronic equipment (such as vacuum cleaners, TVs and Microwaves). For more details, see the Reduce section on www.sort-it.org.uk or contact Perth & Kinross Council Customer Service Centre on 01738 476476.

■ You can donate electrical & electronic equipment in working condition to Starter Packs and Tayside Recyclers. For more information and contact details, *please see Furniture & Furnishings.*

Your local charity shop may accept electrical equipment items. Visit www.pkc.gov.uk/wheretodonate or contact the charity shop direct to find out.

Consider buying or selling second hand (*see Second Hand*).

■ Waste Electrical and Electronic Equipment (WEEE) can be recycled at all Recycling Centres at the WEEE point. For more information about WEEE recycling, please check out the case study on page 10.

The Reuse Container at Friarton accepts certain kinds of working or broken WEEE for reuse in the local community. See page 8 for more details.

Please recycle your WEEE rather than putting it in your household general waste bin as some items may include hazardous components that should not be sent to landfill.

Engine Oil

Please see Oil.

Envelopes

■ Reduce the number of envelopes you receive and use by rejecting unwanted mail (*see Direct Mail*) or by sending emails and postcards instead of letters. Save envelopes for reuse. Envelope reuse labels are available from many outlets. Please see the Reuse section on www.sort-it.org.uk or contact Perth & Kinross Council Customer Service Centre on 01738 476476.

■ Envelopes can be recycled in Paper Points at Recycling Centres & Points. Households on the Kerbside Recycling Service can put envelopes in their blue-lidded bin.

Fluorescent Light Bulbs

■ Householders can take any surplus fluorescent tubes to Recycling Centres for reprocessing. Please deposit at the Waste Electrical and Electronic Equipment Point.

□ The following companies can provide a collection for fluorescent tubes from businesses in Perth and Kinross:

Mercury Recycling Ltd
Mercury House
Unit 17 Commerce Way
Trafford Park
MANCHESTER
M17 1HW

Tel 01618 770977 • Fax 01618 770390
Email info@envirolite.co.uk
Web www.envirolite.co.uk

The bulbs are broken down into their component parts which are sent for recycling. Please do not put light bulbs in Glass Points as they are made of different types of glass with different melting points and cannot be recycled by the same process.



F

Recyclite Limited
 51 Maurice Gaymer Road
 Gaymers Industrial Estate
 ATTLEBOROUGH
 NR17 2QZ
 Tel 01953 451111
 Fax 01953 456007
 Email sales@recyclite.co.uk
 Web www.recyclite.co.uk

Collect fluorescent lamps from businesses in the Perth and Kinross area. Please contact directly for further information.

Food Cans

Please see Cans.

Food Waste



Love Food Hate Waste

■ Zero Waste Scotland's Love Food Hate Waste campaign is a national campaign that aims to raise awareness of

the environmental and financial costs of wasting food. The website www.wasteawarelovefood.org.uk contains practical hints, tips and recipe ideas to highlight how easy it is to reduce the amount of food wasted in every household which amounts to over £1 billion a year in Scotland.

For composting details, visit www.zerowastescotland.org.uk/compost

■ Household on the Kerbside Recycling Service can put food waste (cooked and uncooked) in their brown-lidded bin. Please see details of the Kerbside Recycling Service on page 10 for more information.

Fly-tipping

Fly-tipping is the illegal dumping of rubbish or bulky items on land not licensed to receive it. Fly-tipping can be dangerous, pollutes land and waterways and costs Council Tax payers significant amounts of money to clear away. Report fly-tipping to the Dumb Dumpers Hotline on Tel 0845 2 30 40 90.

Web www.dumbdumpers.org

Anyone who dumps rubbish illegally can be given a fixed penalty notice of £50. If the case is taken to court, fines of up to £40,000 or six months' imprisonment can be issued.

The Community Waste & Fly-tipping Grant Scheme can provide up to £3,000 for a fly-tipping prevention related project. See Community Waste Fund on page 16 for details.

□ Perth & Kinross Council offers a kerbside animal by-products collection service to businesses. Please contact Perth & Kinross Council Customer Service Centre on 01738 476476.

Fridges & Freezers

■ Fridges & freezers may be repairable. For details of local repair shops, please see the Reduce section on www.sort-it.org.uk or the Yellow Pages under Refrigerator Repairs.

■ Tayside Recyclers are able to take some fridges & freezers which are in good condition. See *Furniture & Furnishings for information and contact details*. You can buy or sell second hand (*see Second Hand*).



Fridges & freezers can be recycled free of charge by taking them to the Fridge & Freezer Point at Recycling Centres.

Alternatively you can arrange to have them uplifted from the kerbside, *see Bulky Goods for details.*

- For information on recycling fridges & freezers from businesses, please contact:

Viridor Electrical Recycling
Friarton Bridge Park
Friarton Road
PERTH
PH2 8DD
Tel 01738 492950
Web www.viridor-waste.co.uk

Fridges & freezers are sent to a recycling plant where, after the gases are removed, they are broken down into their component parts (metal, plastic and foam) which are sent for recycling or safe disposal.

Furniture & Furnishings

Please also see Bulky Goods and Office Furniture.

- Furniture may be able to be repaired or re-upholstered. For details of local repair shops, please see the Reduce section on www.sort-it.org.uk or the Yellow Pages under Furniture Repair & Restoration.
- The Forty:Twenty furniture project, run by the Salvation Army, accepts donations of a wide range of furniture items which are in good condition. A free collection service may be available. Please note that all soft furnishings must comply with current furniture and fire regulations, please call to confirm. Items are available for the public to buy:

Forty:Twenty Furniture Project
Unit 101 - Riverside Business Park
Friarton Road
PERTH
PH2 8DF

Monday - Friday, 9.00 am - 4.00 pm
Saturday 9.00 am - 3.00 pm

Tel 01738 443562

Starter Packs accept a wide range of items in good condition. A Starter Pack consists of items which people need to set up a home. Please call 01738 443562 for more information.

Tayside Recyclers accept a wide range of items. These items are available for the public to buy:

Tayside Recyclers
Units 1 & 2 South Dudhope Mill
Douglas Street
DUNDEE
DD1 5AJ

Tel 01382 228806

Web www.tfcr.org.uk

Transform Furniture Project accept donations of a wide range of household and office furniture that is in good condition. This furniture is sold on at reasonable prices and is also used to benefit a number of re-housing initiatives. All soft furnishings must comply with current furniture and fire regulations, please call to confirm. A free collection service may be available:

Transform Commercial Ltd
88 Scott Street
PERTH
PH2 8JW

Tel 01738 631022

Web www.transformcd.org

Consider buying or selling second hand (*see Second Hand*).

G-H



Games

Please also see Toys & Games.

■ You can buy and sell computer and console games second hand (*see Second Hand*), or they can be traded in at many shops. Computers, games consoles and board games can be donated to charity shops.

Garden Waste

■ Garden waste can be composted at home (*see Composting*).

■ Recycle your garden waste in your brown-lidded bin or by taking it to the Garden Waste Point at Recycling Centres.

Perth & Kinross Council offers a kerbside garden waste collection service for businesses. Please contact Perth & Kinross Council Customer Service Centre on 01738 476476 for further information.

Gas Cylinders

■ Refill gas cylinders.

Please return unwanted gas cylinders to your original supplier.

Glass

■ You can reuse glass jars and bottles at home.

■ You can recycle glass bottles and jars at Recycling Centres & Points. Please do not put sheet glass, light bulbs, drinking glasses or Pyrex in Glass Points as they can not be recycled by the same process. Glass should be colour separated and put in the appropriate glass point.

Perth & Kinross Council offers a kerbside glass recycling collection service for businesses. Please contact Perth & Kinross Council Customer Service Centre on 01738 476476 for further information.

More About Glass

On average each household uses 300 glass bottles and jars every year.

Glass bottles and jars are collected at Recycling Centres & Points across Perth and Kinross. They are collected in a specialist lorry which keeps the colours separate. The glass is taken to a glass reprocessing facility where it is melted and blown into new glass containers which can be recycled again.

Recycling glass bottles and jars saves natural resources and uses less energy than making new glass. For example, recycling one glass bottle can save enough energy to run a computer for 25 minutes.

Glasses (Spectacles)

■ Spectacles in good condition can be taken to Vision Express, Boots and Specsavers where they will be sent overseas through the Vision Aid Overseas Scheme. For more information, visit www.vao.org.uk

Hazardous Waste

Some materials are potentially dangerous if they are sent to landfill or poured down the drain. If you have hazardous waste to dispose of, it is recommended that you contact a specialist contractor for its safe disposal. For more information, please see the Yellow Pages.

Please do not pour hazardous waste down the drain.

- Businesses producing hazardous waste should employ a specialist contractor for its uplift, transport and disposal. For more information, please see the Yellow Pages.

Hi-Fi's

Please see Electrical & Electronic Equipment.

Jars

Please see Glass.

Jewellery

The Rainbow Trust can recycle gold, silver and costume jewellery, ornaments and cutlery. The Rainbow Trust Children's Charity provides practical and emotional support to families who have a child with a life threatening or terminal illness. The Trust provides freepost envelopes for those who want to recycle their jewellery, please request one by contacting:

Tel 01372 220023

Web www.rainbowtrust.org.uk

Junk Mail

Please see Direct Mail.

Kerbside Recycling

Please see the Recycle section at the beginning of the guide.

Kitchen Roll Tubes

■ Kitchen and toilet roll tubes can be added to your home compost bin (*see Composting*). Please do not put them in your brown-lidded bin.

■ Reuse tubes as seed pots. Place in a tray and fill with compost. Once the seeds have grown they can be planted straight

into the garden as the cardboard tube is biodegradable. *Also see Art & Crafts Materials.*

■ You can recycle cardboard tubes in the Cardboard Point at Recycling Centres as well as in your blue-lidded bin if you live in an area covered by the Kerbside Recycling Service.

Kitchen Waste

Please see Food Waste.

Lawnmowers

Please see Tools.

Leaves

■ Small amounts of leaves can be added to your home compost bin (*see Composting*).

If you have large amounts of leaves you can make leaf mould by collecting together fallen leaves, water them if they are dry, pack into a container (such as a wire mesh bin or a black bin bag with holes in and loosely tied). Leave them for 1-2 years after which time they should have rotted down and can be added to the soil or spread as mulch.

■ Leaves can be added to your brown-lidded bin or taken to the Garden Waste Point at Recycling Centres.

Light Bulbs

See Fluorescent Light Bulbs.

■ You can reduce the number of light bulbs you need by using energy efficient bulbs which can last up to 12 times longer than standard bulbs. For further information, visit www.gogreenerscotland.org

In order to reduce the numbers of light bulbs you use, try switching off lights when they're not in use.



Please also see Fluorescent Light Bulbs.

■ Energy saving light bulbs can be disposed of at Recycling Centres where they will be reprocessed and will have their component parts recovered. Please deposit them at the Waste Electrical & Electronic Equipment (WEEE) Recycling Point.

Litter

Littering is an unnecessary and unpleasant form of pollution that affects both quality of life and the environment. It not only looks bad but it can kill and injure wildlife and costs a huge amount of money to clear up. Report litter to Perth & Kinross Council Customer Service Centre on 01738 476476. Littering in Perth and Kinross is taken very seriously and can incur a Fixed Penalty Notice of £50. For further information on litter prevention and clean-up activities, visit www.keepsotlandtidy.org

'Litter is anything that is thrown down, dropped or deposited and left that causes defacement, in a public place by any person. Basically litter is waste in the wrong place.'

(Scottish Government)

Magazines

Please also see Paper.

■ You can reduce the number of magazines you use by viewing them online and by cancelling any unwanted subscriptions.

■ Donate recent issues of magazines to charity shops or doctor and dentist waiting rooms. Consider sharing subscriptions with friends or work colleagues.

■ All types of magazines, including glossy/shiny magazines, can be recycled in the Paper Points at Recycling Centres & Points or in your blue-lidded household bin.

Mattresses

■ The Forty:Twenty and Transform Furniture projects may accept mattresses that are in good condition and have a fire regulation label attached to them - **see Furniture & Furnishings for contact details.**

If your business has mattresses for disposal, please contact Perth & Kinross Council Customer Service Centre on 01738 476476 for disposal options.

Medicines

Please return unwanted medicines to your local pharmacy for safe disposal.

Metal

Please also see Cans.

■ You can recycle all types of metal in the Metal Point at Recycling Centres.

Scrap metal dealers will pay for a variety of ferrous and non-ferrous metals including railings, pots & pans, window frames, piping, cable and lead. For more information, please see the Yellow Pages under Scrap Metal Merchants.

Mobile Phones

■ Broken mobile phones can sometimes be repaired. Ask your local retailer for details. Consider whether it is necessary to upgrade your mobile phone.

■ Consider buying or selling second hand (**see Second Hand**). Most charities accept mobile phones and/or their chargers. Please visit the Perth and Kinross Charity

Map on www.pkc.gov.uk/wheretodonate, see pages 42-45, or contact Perth & Kinross Council Customer Service Centre on 01738 476476 for more information.

■ Mobile phones can now be recycled via the Perth & Kinross Council website. For further information, please visit www.pkc.gov.uk/recycling

Mobile phones that are in good condition are reused; otherwise they are broken down into their component parts for recycling and safe disposal.

Music

See *CDs, Tapes & Vinyl*.

■ Sheet music, in good condition, can be donated to charity shops. Please check with the shop first.

Musical Instruments

■ Consider buying or selling second hand (see *Second Hand*). Instruments in good working order can be donated to charity shops.

Nappies

■ Washable nappies can be used again and again. For more information on switching from disposable nappies to real nappies, please contact Perth & Kinross Real Nappy Network on 01738 476476, email nappies@pkc.gov.uk or visit www.pkrrn.org.uk

Please also see the Reduce section of the guide.

More About Nappies

Today's washable nappies are easy to use and could save you at least £500 on the cost of disposables. Over 8 million disposable nappies are thrown away every day in the UK and most go to landfill where they can take hundreds of years to break down. Using real nappies will reduce the amount of waste you produce and help you and your baby do your bit for the environment. Modern nappies are shaped to fit and come in a wide range of fabrics, fastenings and sizes. No need to fold, pin, soak or boil wash! Perth & Kinross Real Nappy Network offer a range of incentives as well as free advice and demonstrations to parents/carers.

Newspapers

Please also see Paper.

■ Most national and local newspapers are available to view online.

Newspaper can be added to your home compost bin (*please see Composting*).

■ Newspapers can be used to make logs for the fire. Log makers can be bought from the Centre for Alternative Technology, Tel 01654 705959 or visit www.cat.org.uk

You can also use newspapers for pet bedding.

Please also see Art & Crafts Materials.

■ Newspapers can be recycled in the Paper Point at Recycling Centres & Points or in your blue-lidded bin.

Office Furniture

Transform Furniture Project accept a wide range of office furniture donations from businesses. *See Furniture & Furnishings for more details*, contact them on 01738 631022 or visit their website www.transformcd.org

■ The Forty:Twenty Project, Transform Furniture Project and Tayside Recyclers may accept office furniture for reuse - *please see Furniture & Furnishings for contact details*.

Oil (Cooking)

■ Small amounts of cooking oil and fat can be added to your home compost bin (*see Composting*). Please do not put oil in your brown-lidded bin.

■ Cooking oil can be recycled at the Recycling Centres in Aberfeldy, Blairgowrie, Perth (Friarton), Kinross and Pitlochry. The collected oil will be recycled into fuel.

The following companies offer a collection for edible fats and oils from businesses:

Agri-Energy Food Service

Tel 0845 124475

Email Scotland@agrienergy.co.uk

Web www.agrienergy.co.uk

Richardson Oils

Tel 01224 433 567 • Fax 01224 433650

Email info@richardsonoils.co.uk

Web www.richardsonoils.co.uk

UK Biofuels Systems

Tel 01382 848232/07877 723 336

Web www.ukbiofuelsystems.co.uk

Email info@ukbiofuelsystems.co.uk

The fat and oils collected are used to make alternative fuels.

Oil (Engine)

■ Engine Oil can be collected at all Recycling Centres in Perth and Kinross. The collected oil will be recycled into heating fuel.

Ornaments

■ Ornaments can be recycled through the Rainbow Trust - *please see Jewellery for contact details*.

Ornaments can also be taken to Charity Shops.

Packaging

Please see Carrier Bags, Paper and Cardboard.

■ You can reduce packaging waste by buying loose products and by choosing products that are not over-packaged.

■ Reuse packaging such as bubble wrap to send items in the post.

■ Household on the Kerbside Recycling Service can recycle most types of packaging in the blue-lidded bin. *Please see Cardboard, Paper, Plastic and Cans (aluminium & steel).*



To see what is being done about packaging and for information on how to **reduce**, **reuse** and **recycle** packaging, visit

www.positivepackage.org.uk

Paint

■ Reusable paint can be taken to Friarton Recycling Centre. This paint is collected by Community RePaint Perth and is passed on to householders, schools for art projects, charities and new businesses as well as any other interested parties.

For more information on the collection or donation of paint, visit www.pkc.gov.uk/recycling or call Perth & Kinross Council Customer Service Centre on 01738 476476.

Paper

■ Reduce the amount of paper you use by only printing necessary documents and emails and where possible print/photocopy double sided. Paper which cannot be easily recycled such as tissue paper and paper bags can be added to your home compost bin (*see Composting*). Please do not put paper in your brown-lidded bin.

Many companies offer a paperless billing service to help you to reduce your paper waste.

■ You can reuse paper for note books and as scrap paper. Buying products made from recycled paper closes the recycling loop - *for more information see Recycled Products*.

■ You can recycle paper including brochures, magazines, newspapers, office paper, books, catalogues, envelopes, greeting cards, telephone directories, Yellow Pages and unwanted mail in the Paper Point at Recycling Centres & Points or in the blue-lidded bin as part of the Kerbside Recycling Service.

□ Perth & Kinross Council, in partnership with a local business, offers a kerbside paper collection service for businesses. Please contact Perth & Kinross Council Customer Service Centre on 01738 476476 for further information.

More on Paper

On average around 23% of household waste is paper.

Once your paper is collected for recycling, it is bulk loaded and sent to a paper mill where it is pulped. The pulp is made into newsprint and other paper products which can be recycled again.

Recycling paper saves trees, water and energy, reduces air pollution and reduces the need for landfill. For example, recycling 1 tonne of paper can save approximately 3,000-4,000 KWh of electricity (enough to power an average 3 bedroom house for one year).

Plasterboard

■ You can recycle plasterboard at Friarton (Perth) Recycling Centre in the plasterboard container.

Plastic Bags

■ Reduce the number of bags that you use by refusing unnecessary bags at the checkout.

■ Reuse bags by taking them on your next shopping trip. You can also buy reusable bags or use boxes/rucksacks.

■ You can recycle plastic bags at selected Asda, Tesco, Morrisons and Marks & Spencer's stores. For your nearest store, visit www.sort-it.org.uk

Please see the Reduce section at the beginning of the guide for more information or visit www.wasteawareScotland.org.uk/bags

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More About Plastic Bags

Producing plastic bags has a wide range of impacts on the environment including using natural resources, energy and water as well as creating pollution. As an alternative to plastic bags, you can buy long life carrier bags from many shops.

Plastic Bottles

■ You can reduce the number of plastic bottles you use by buying concentrates which can be diluted such as squash, fabric conditioner and screen wash.

■ Reuse juice and water bottles to take to work or school.

You can cut up used bottles for cloches in the garden to protect tender plants from slugs and snails.

You can buy refillable bottles of washing-up liquid, laundry liquid and fabric conditioner from:

Highland Health Store

St Johns Street

PERTH

Tel 01738 455038

Email highlandhealth@btconnect.com

■ You can recycle natural HDPE (which is used to make plastic milk bottles and some plastic juice bottles) and PET (including squash, water, cooking oil and fizzy drink bottles) at Recycling Centres.

Please remove the lids, wash out and squash bottles before depositing them in their separate points. Plastic bottles are recycled into a variety of products including garden furniture, bin bags and compost bins.

Householders on the Kerbside Recycling Service can put plastic bottles in their blue-lidded bin.

Plastic Bottle Tops

Please see Bottle Tops.

Plastic Cups

■ Use washable cups and glasses or compostable cups instead of disposable cups.

■ Householders on the Kerbside Recycling Service can put plastic cups in their blue-lidded bin.

Plastic Packaging

■ By looking out for products with less packaging you can reduce the amount of waste produced. Visit www.positivepackage.org.uk for hints and tips.

■ Reuse food containers, eg ice cream tubs for storing food and packed lunches, margarine tubs for freezing leftovers.

■ Householders on the Kerbside Recycling Service can put all types of clean rigid plastic packaging in their blue-lidded bin, including margarine tubs, microwaveable meal trays, yoghurt pots and fruit punnets. Packaging should be rinsed clean.

Plastic Wrappers

■ You can reduce the amount of plastic wrapping you use by packing food in reusable containers, buying food loose and avoiding over packaged food.

■ You can recycle polythene wrappers by sending them to:

Polyprint Mailing Films Ltd
Mackintosh Road
Rackheath Industrial Estate
Rackheath
NORWICH
NR13 6LJ
Tel 01603 7221807
Web www.polyprint.co.uk

It is very important that you send the right type of plastic wrapping. Polyprint Mailing Films recycle high density HDPE and low density LDPE wrapping.

If there is no symbol, try stretching it. If it stretches it is likely to be polythene. Polyprint do not recycle cellophane, PVC or PET. These tend to be clear in appearance and sound crinkly when touched. Please make sure all paper labels, sellotape, sticky residue, food waste and foreign objects are removed before you send them and include your address. The polythene is recycled into bin bags and fertiliser sacks. (Please note that they cannot accept any degradable plastic).

For more information on the collection of polythene from businesses, please contact Perth & Kinross Council Customer Service Centre on 01738 476476.

Also visit www.positivepackage.org.uk

Polystyrene

■ You can reuse polystyrene by using it at the bottom of plant pots to help with drainage.

Businesses and other groups can recycle hard walled polystyrene cups (with the recycling symbol) by contacting:

Save a Cup
Suite 2 Bridge House
Bridge Street
HIGH WYCOMBE
HP11 2EL

Tel 01494 510167
Fax 01494 510168

Email enquiries@save-a-cup.co.uk
Web www.save-a-cup.co.uk

The cups are recycled into a variety of products including stationery.

Pots & Pans

Please see Crockery & Cutlery and Metal.

Printer, Fax & Photocopier Cartridges

■ You can reduce the amount of ink you use by avoiding unnecessary printing and photocopying. When possible, choose the economy or quick printing setting on your printer.

■ You can have your inkjet and laser cartridges refilled or recycled at the following local retailer:

Ink Twice
191 High Street
PERTH
PH1 5QS

Tel 01738 62800

Email www.ink-twice.co.uk



P-S

Refill kits are available from a number of shops. Please see the Reuse section on www.sort-it.org.uk for more details or contact Perth & Kinross Council Customer Service Centre on 01738 476476.

■ A number of charities and organisations recycle ink cartridges. Visit www.sort-it.org.uk to find your nearest option.

Cartridges 4 Charity

Reuse & Recycle empty:

- toner cartridges
- inkjet cartridges

The proceeds are donated between a number of UK charities including Cruse Bereavement Care Scotland, who have their headquarters in Perth.

For more information, visit www.Cartridges4Charity.co.uk

Alternatively, you can donate in person at:

Whitecroft
6 Strathearn Terrace
CRIEFF
PH7 3AQ

Recycling Appeal

The Recycling Appeal collects mobile phones, PDAs and printer cartridges for reuse and recycling, raising funds and helping the environment. The Recycling Appeal has generated over £3.2 million for partner organisations since 1999. For more information, please visit www.recyclingappeal.com

Radios

Please see Electrical & Electronic Equipment.

Records

Please see CDs, Tapes & Vinyl Records.

Refills

Please see Plastic Bottles and Printer, Fax & Photocopier Cartridges.

Schools

Start Reducing, Reusing and Recycling at school.

Pupils

The Waste Aware Schools Pupil Zone is packed with information about how you can **reduce**, **reuse** and **recycle** at school.

Why not check out the recycling journeys to find out what happens to the materials that you recycle or download the waste aware posters to help promote recycling in your school?

Staff

The Waste Aware Schools staff section provides practical advice about setting up recycling facilities in school.

Use the recycling directory to find out about the school recycling services available for your school or visit the case studies section to find out how other schools have started reducing, reusing and recycling.

Please visit www.wasteawareschools.org.uk



Freecycle is an organisation set up to allow people to recycle items rather than throw them away. The main rule of the group is that everything posted must be free and members can post items that they wish to pass on, or list items that they would like other members to pass on to them. The Freecycle Network is a non-profit organisation and is all about people interested in keeping good quality items out of landfill sites.

Joining the local Perth & Kinross group is free to all; the group was set up in January 2009 and by February 2011 the group had 4,200 members.

Contact: PerthSouthUKFreecycle@yahoo.com

The group can be found by typing 'PerthSouthUKFreecycle' into your internet search engine.

Scrap Metal

Please see Metal.

Second Hand

The amount of clothing waste in landfills has been steadily increasing in Perth and Kinross over recent years. In 2010, Keep Scotland Beautiful did a clothing survey for Zero Waste Scotland to investigate our relationship between clothes, and clothing reuse and recycling. Nearly half of the people surveyed felt they had too many clothes, and over 60% said they had clothes in the cupboard they no longer wear. A third even said they owned clothes that had never been worn and a third of people also admitted to throwing worn clothes in the general waste bin.

Perth and Kinross has a rich variety of charity shops, reuse organisations and charity recycling points that could benefit from your donations and purchases. Visit

www.pkc.gov.uk/wheretodonate and www.sort-it.org.uk for more information.

There is a wide range of items that can be bought or sold second hand. There are a number of different ways of doing this, including:

Auctions

Items such as books, electrical equipment and furniture can be bought and sold at auctions. For a list of local auctions, visit www.sort-it.org.uk and look in the Reuse section or see the Yellow Pages under Auction Rooms. Consider buying or selling items on internet websites such as eBay.

Car Boot Sales

All types of items can be bought and sold at car boot sales. For details of car boot sales in Perth and Kinross, please see the Reuse section on www.sort-it.org.uk or contact Perth & Kinross Council Customer Service Centre on 01738 476476. A list of car boot sales in Perth and Kinross is available on page 46.

Small Ads

You can buy and sell items using small adverts in local papers, shops and notice boards. For more details, see the Reuse section on www.sort-it.org.uk or contact Perth & Kinross Council Customer Service Centre on 01738 476476.

S-T

Second Hand Shops

Charity shops and other second hand shops accept many items in good condition. A list of local charity shops can be found on page 42 of this guide or visit www.pkc.gov.uk/wheretodonate

Shoes

■ Shoes can be repaired. For local shoe repair shops, please see the Reduce section on www.sort-it.org.uk or the Yellow Pages under Shoe Repair.

■ Charity shops will accept donations of shoes which are in good condition. Consider buying or selling second hand (*please see Second Hand*).

■ Shoes can be put in the Textile Points at Recycling Centres & Points. Please ensure that paired shoes are tied together. Single shoes are also accepted.

Sports Equipment

■ Charity shops may accept donations of surplus sports equipment that is in good condition or consider donating it to a local youth group/sports club, or sell second hand. (*Please also see Second Hand*).

Stationery

■ Many stationery shops sell items such as pens, pencils, rubbers and rulers without packaging.

■ You can buy refillable pens from many stationers. Reuse stationery wherever possible.

Consider a 'stationery amnesty' in your office, returning items suitable for reuse to the stationery cupboard. Consider buying recycled products.

Spectacles

Please see Glasses.

Stamps

■ Many charity shops will accept used stamps which they sell to raise funds.

Perth & Kinross Council are supporting the Royal Society for the Protection of Birds (RSPB) and its campaign to 'Save the Albatross'. The people of Perth and Kinross are encouraged to donate any postage stamps (used/unused, UK or foreign) which in turn the RSPB sells on to fund this worthwhile campaign. Stamp collection points are available at all 13 of Perth & Kinross Council's libraries as well as its 3 mobile libraries. For more information, visit www.rspb.org.uk/supporting/campaigns/albatross or visit www.pkc.gov.uk/recycling

Please also see the Cards section of the A-Z.

Steel Cans

Please see Cans.

Telephones

Please also see Mobile Phones.

■ Consider buying or selling second hand (*please see Second Hand*).

■ All phones can be taken to the WEEE Point at Recycling Centres.

Telephone Directories

■ You can recycle all telephone directories and Yellow Pages in the Paper Point at Recycling Centres & Points. Household on the Kerbside Recycling Service can put telephone directories and Yellow Pages in their blue-lidded bin.



T

Televisions

Please see *Electrical & Electronic Equipment*.

Tetrapak

Please see *Drinks Cartons*.

Textiles

Please see *Clothes & Textiles*.

Timber

Please also see *DIY*

■ Reuse wood for DIY projects. You can also donate timber to Wood Again, a Perth based community recycling project diverting waste wood from landfill. See page 38 for details.

Wood Again
Algo Business Centre
Glenearn Road
PERTH
PH2 0NJ

Tel 01738 450503

Email enquiries@woodagain.org.uk

Web www.woodagain.org.uk

■ Perth & Kinross Council has introduced separate containers for wood & timber at Aberfeldy, Auchterarder, Blairgowrie, Friarton (Perth), Kinross & Pitlochry Recycling Centres.

Timber from businesses can be recycled by Wood Again (see contact details above), taken across the weighbridge at Friarton Recycling Centre, Perth or through the Perth & Kinross Council Recycling Skip Hire Service.

For more information on recycling timber from businesses, please contact Perth & Kinross Council Customer Service Centre on 01738 476476.

Tin Cans

Please see *Cans*.

Tin Foil

Please see *Aluminium Foil*.

Tissues

■ Tissues and kitchen roll can be added to your home compost bin (*see Composting*).

■ Please do not put tissues in your brown-lidded bin.

Consider using a handkerchief.

Toilet Roll Tubes

Please see *Kitchen Roll Tubes*.

Toner Cartridges

Please see *Printer, Fax & Photocopier Cartridges*.

Tools

■ Consider hiring tools that you only need to use occasionally. For more details, see the Reduce section on www.sort-it.org.uk or the Yellow Pages under Tool Hire.

■ Consider buying or selling second hand (*see Second Hand*).

■ Tools made entirely from metal (Metal Point) and electrical goods (WEEE Point) can be recycled at Recycling Centres.

Toys & Games

■ Many charity shops will accept donated toys & games which are in good condition.

Visit www.pkc.gov.uk/wheretodonate for charity shop details in the Perth and Kinross area.

You can also donate toys & games to:

Perth Toy Library
Beech Grove Lodge
Hill End Road
PERTH
Tel 07814 551184

The Toy Library operates in the same way as a book library.

Consider buying or selling second hand (*see Second Hand*).

Toxic Substances

Please see Hazardous Waste.

Tumble Dryers

Please see Electrical & Electronic Equipment.

Tyres

■ Maintain tyres regularly to reduce wear and tear. Tyres at the wrong pressure wear faster than those at the correct pressure.

■ Tyres can be reused in a range of ways, such as planters, boat fenders, children's play equipment or compost containers. You may also be able to have your tyres retreaded. See Yellow Pages under Tyre Repair and Retreading.

■ Tyres can be recycled at Recycling Centres. Please note that only two tyres can be accepted from each visitor.

□ Businesses looking for a tyre recycling solution can contact Envirotyre Ltd - Tel 01228 512767.

Envirotyre can collect from any producer or end user of scrap tyres that no longer have any use for them (eg tyre fitting companies, farmers or anyone with a quantity of scrap tyres to dispose of).

Envirotyre is the main collector for Sapphire Energy. The tyres are taken to their works at Dunbar, East Lothian, where they are shredded and used as fuel in the furnaces during the manufacture of cement.

They also supply shredded tyres for the production of rubber backing for carpets.

Vegetable Peelings

■ Vegetable peelings can be added to your home compost bin (*see Composting*).

■ Householders on the Kerbside Recycling Service can put vegetable peelings and food in their brown-lidded bin.

Videos

Please see DVDs & Videos.

Video Recorders

Please see Electrical & Electronic Equipment.

Washing Machines

Please see Electrical & Electronic Equipment.

Waste Electrical & Electronic Equipment (WEEE)

The WEEE Directive aims to prevent the production and disposal of WEEE, through the introduction of reuse and recycling targets. It also aims to improve the environmental performance of all operators involved in the life cycle of electrical and electronic equipment. For further information, visit www.pkc.gov.uk/recycle

■ All Household WEEE can be taken to Perth & Kinross Council Recycling Centres.



WEBwalk

The Council's Waste Education Boardwalk at Friarton Recycling Centre was developed to help schools, community groups and interested individuals learn more about reducing, reusing and recycling their waste. Visitors are led by a Waste Awareness Co-ordinator who will illustrate the issues facing waste and recycling, as well as potential solutions, through a range of interactive displays and illustrative panels. To arrange a visit, please contact Perth & Kinross Council Customer Service Centre on 01738 476476 or email recycle@pkc.gov.uk

Weed Killers

Please see Hazardous Waste.

White Goods

Please see Electrical & Electronic Equipment.

Wood

Please see Timber.

Wool

Please see Clothes and Textiles.

■ Wool can be added to your home compost bin (*see Composting*). Please do not put wool in your brown-lidded bin.

Xmas Trees

Please see Christmas Trees.

Yellow Pages

Please see Telephone Directories.

Zero Waste

The Scottish Government are committed to reducing the unnecessary use of raw materials, reusing products as much as possible and where possible recovering value from products at the end of their lives through recycling, composting and energy recovery. This commitment is called Zero Waste Scotland. By 2025, all local authorities in Scotland have been set the target to recycle 70% of all household waste and landfill no more than 5%.

For more information, visit www.zerowastescotland.org.uk

Recycled Products

Buying recycled products completes the recycling loop. As more materials are recycled and demand increases, the range and quality of products available widens. Many products can be found in mail order catalogues and on the internet as well as high street shops and supermarkets.



Household

You can buy a range of products for your household which have been made from recycled materials. This includes tissues and toilet paper made from recycled paper and bin bags made from recycled plastic.

Stationery

You can buy a range of recycled stationery products for home, work and school, including note books and office paper made from recycled paper, pens made from recycled printers, pencils made from recycled plastic cups and mouse mats made from recycled tyres.



Other Products

There are a wide range of other products available including fleeces and garden furniture made from recycled plastic bottles, drinking glasses made from recycled glass and coasters made from circuit boards.

For further information on the range of recycled products available, please visit www.sort-it.org.uk

Wood Again diverts waste wood from landfill by recycling waste timber. Through this activity they create opportunities for jobs and training for disadvantaged people within the local community. Wood Again operates like any commercial enterprise offering a professional, responsive, cost effective service. They accept clean dry timber, whisky barrels joinery off-cuts, lengths of wood, pallets, floor boards and solid wood doors, solid wood fencing, chip board and more.

They offer a collection service to businesses and householders (for a charge) and can be contacted on 01738 450503. They are licensed by the Scottish Environmental Protection Agency and can supply a Waste Transfer Note if required. Collections are normally carried out within 48 hours after notification.

Visit their website www.woodagain.org.uk for more details.



Here are some of the products Wood Again has made from Waste Timber and is available for sale

Sources of Further Information

Association for Organics Recycling

Web www.organics-recycling.org.uk

Email enquiries@organics-recycling.org.uk

Tel 01933 446440

They are the leading trade organisation for the biodegradable waste management industry in the UK.

CIWM (The Chartered Institution of Wastes Management)

Web www.ciwm.co.uk

Tel 01604 620426

Professional body for waste and resource management.

Community Recycling Network Scotland

Web www.crns.org.uk

Tel 01786 469002

Provide information, advice and support to both existing and emerging community recyclers.

The Environment Service

Perth & Kinross Council

Web www.pkc.gov.uk/recycling

Tel 01738 476476

Information on all aspects of household and business waste in the Perth and Kinross area.

ESA (SESA) Environmental Services Association

Web www.esauk.org/scotland

Work with partners in Scotland's public and private sectors to implement Scotland's national waste strategy and develop economically and environmentally sustainable waste management for Scotland.

Keep Scotland Beautiful

Web www.KeepScotlandBeautiful.org

Tel 01786 471333

A Scottish environmental charity aiming to achieve litter free and sustainable environments.

SEPA (Scottish Environment Protection Agency)

Web www.sepa.org.uk

Tel 01738 627989

SEPA is responsible for the protection of the environment in Scotland.

Tayside Environmental Network

Web www.tayside-environmental-network.org.uk

Provides free environmental information to Tayside businesses and organisations.

Waste Watch

Web www.wastewatch.org.uk

Tel 0207 549 0300

For information on all aspects of recycling, waste minimisation and buying recycled products.

Zero Waste Scotland

Web www.zerowastescotland.org.uk

Tel 0808 100 2040

Zero Waste Scotland is funded by the Scottish Government to deliver a range of support programmes and campaigns to help people and organisations on the journey to Zero Waste.

Recycling Centres & Points

There are now over 80 Recycling Points in Perth and Kinross and this number will continue to increase to make it easier and more convenient for all householders. For the location of your nearest Recycling Point, visit www.sort-it.org.uk or contact Perth & Kinross Council Customer Service Centre on 01738 476476.

There are eight manned Recycling Centres in Perth and Kinross that offer a wide range of Recycling and Composting facilities. The following items can be taken to Recycling Centres:

- *Aluminium Foil*
- *Bicycles*
- *Books*
- *Car Batteries*
- *CDs*
- *Clothes & Other Textiles*
- *Cooking Oil*
- *Engine Oil*
(see page 28 for further information)
- *Fluorescent Tubes/long-life lightbulbs*
- *Fridges & Freezers*
- *Garden Waste*
- *Glass*
- *Inert Waste (bricks, rubble, aggregates)*
- *LPG Gas Bottles*
- *Paint (Friarton in Perth only)*
- *Paper & Cardboard*
- *Plastic Bottles, Natural HDPE & PET*
- *Telephone Directories*
- *Timber*
- *Tyres*
- *Scrap Metal*
- *Steel & Aluminium Cans (food, drink & aerosol)*
- *Waste Electrical & Electronic Equipment (TVs, CD Players, Toasters, etc)*

Recycling Centres Opening Hours

Aberfeldy

Tuesday & Thursday
10.00 am - 7.00 pm all year round
Saturday & Sunday
10.00 am - 5.00 pm all year round

Auchterarder & Bankfoot

Tuesday & Thursday
9.00 am - 7.00 pm all year round
Saturday & Sunday
10.00 am - 5.00 pm all year round

Blairgowrie, Crieff, Friarton in Perth, Kinross & Pitlochry

Monday - Friday
9.00 am - 7.00 pm all year round
Saturday & Sunday
9.00 am - 5.00 pm all year round

For the location of your nearest Recycling Centre, visit www.sort-it.org.uk or contact Perth & Kinross Council Customer Service Centre on 01738 476476.

Sustainable Development in the Community Perth and Kinross

Cittaslow Perth

Perth has become Scotland's first Cittaslow city and Perth and Kinross has become the UK's first Cittaslow supporter. This promotes the ethos of a greater standard and quality of life. It is also a commitment to ensuring that Cittaslow cities are places where people want to live, work and visit. The movement aims to encourage and emphasise the qualities, characteristics and traditions of a town and helps to promote these qualities for the benefit of all.

In order to become a member of this select organisation, each city/town must adhere and commit to a number of guiding principles and is assessed against a range of indicators including those relating to environmental quality and protection:

- *Encourage and celebrate diversity rather than standardisation.*
- *Support and encourage local culture and traditions.*
- *Work for a more sustainable environment.*
- *Raise awareness and appreciation of local businesses.*
- *Promote healthy eating and healthy living.*
- *Work with the local community to build on these principles.*

These principles promote the diverse culture and sustainable future envisaged for Perth and Kinross and Perth has adopted the majority of these points and is working towards fulfilling the outstanding proposals. For further information on Cittaslow, visit www.perthcittaslow.org.uk or contact:

Economic Development
The Environment Service
Perth & Kinross Council
5 High Street
PERTH
PH1 5JS
Tel 01738 477945
Email cittaslow@pkc.gov.uk



Charity Shops in Perth and Kinross

Charity shops sell a variety of items including clothes, curtains, sheets, shoes, handbags, books, DVDs, CDs, tapes, videos and novelty items that are in good reusable condition. You can also donate these items to your local shop. Please call and confirm before taking the items to your local store.

Using the key below you will be able to identify which charity shops or reuse projects can accept the items you wish to donate:

-  **Charity Shop**
-  **Reuse Project**
-  **Cycle Equipment**
-  **Clothing and Accessories -**
Clothes, shoes, bags, jewellery and accessories
-  **Household Textiles -**
Bedding, towels, linen and curtains
-  **Books and Music -**
Books, CDs, videos, DVDs, tapes and records
-  **Bric-a-Brac -**
General household and kitchen items
-  **Baby Equipment -**
Prams, cots and clothes
-  **Large Electrical -**
Cookers, fridges, freezers, washing machines and dryers
-  **Small Electrical -**
Kettles, toasters and CD players
-  **Large Furniture**
-  **Small Furniture**
-  **IT Equipment -**
Computers, printers and monitors
-  **Mobile Phones**
-  **Printer Cartridges**
-  **Toys & Games**
-  **Paint**
-  **Dry Wood -**
Including doors etc

Auchterarder

British Red Cross

14 Townhead, AUCHTERARDER PH3 1AH
Tel 01764 663035

Monday - Saturday 9.00 am - 5.00 pm

Blairgowrie

Barnardo's

45 Allan Street, BLAIRGOWRIE PH10 6AB
Tel 01250 876003

Monday - Saturday 9.00 am - 5.00 pm

Additional items accepted:

Wedding dresses

Items not accepted: *Car seats*

Blythswood Care

7 Allan Street, BLAIRGOWRIE PH10 6AB
Tel 01250 874999

Monday - Saturday 9.30 am - 4.00 pm

Additional items accepted:

Hand knitted items

Items not accepted: *Car seats*

Cancer Research UK

35-37 Allan Street, BLAIRGOWRIE
PH10 6AB

Tel 01250 873459

Monday - Saturday 9.00 am - 5.00 pm

Additional items accepted: *Videos*

Wisecraft ●

10 Lower Mill Street, BLAIRGOWRIE
PH10 6AQ

Tel 01250 874777

Monday - Friday 9.00 am - 4.00 pm

HT BB F f

Additional items accepted:

Old furniture, wood

Items not accepted: *Clothing*

Crieff

Cancer Research Club Shop ▲

7 Dunira Street, Comrie, CRIEFF PH6 2LJ

Monday - Saturday 9.30 am - 4.00 pm

C HT BM BB BE e f IT T

Cancer Research UK ▲

29 High Street, CRIEFF PH7 3HU

Tel 01764 655421

Monday - Saturday 9.00 am - 5.00 pm

C HT BM BB e f IT M T

Items not accepted: *Car seats*

Chest, Heart & Stroke Scotland ▲

11b West High Street, CRIEFF PH7 4AU

Tel 01764 655507

Monday - Saturday 10.00 am - 4.30 pm

C HT BM BB f T

Items not accepted: *Car seats, prams, cots, swimming aids, fur, spectacles*

Shelter Shop ▲

44 High Street, CRIEFF PH7 3BS

Tel 01764 653910

Monday - Saturday 9.00 am - 5.00 pm

C HT BM BB BE e f IT M PC T

Glamis

Strathmore Vintage Vehicle Club ●

Tel 07810 851672 for drop-off or collection

For the collection of heritage, antique and transport related items

Kinross

Children's Hospice Association ▲

Scotland Shops

76 & 88 High Street, KINROSS KY13 8AW

Tel 01577 861380

Monday - Saturday 9.30 am - 5.00 pm

C HT BM BB BE F f M PC T

Items not accepted: *Car seats*

Friends of Wumenu Farm ●

Tel 01577 864115

CE C HT BM BB BE E e F f IT M
PC T

Perth

Barnardo's ▲

18 Scott Street, PERTH PH1 5EJ

Tel 01738 625009

Monday - Saturday 9.00 am - 5.00 pm

C HT BM BB BE f M PC T

Additional items accepted: *Linen, jigsaws, childrens clothes*

Items not accepted: *Baby car seats, cycle helmets*

Bike Station ●

Unit 11, Mid Friarton Business Park,

Friarton Road, PERTH PH2 8EL

Tel 01738 444430

Monday - Saturday 10.30 am - 4.30 pm

CE

***Donations for here can be made at Aberfeldy, Kinross & Pitlochry Recycling Centres**

British Heart Foundation ▲

25 High Street, PERTH PH1 5TJ

Tel 01738 442566

Monday - Saturday 9.30 am - 5.00 pm

Sunday 12 noon - 4.00 pm

C HT BM BB M PC T

Additional items accepted: *Childrens clothes*

Items not accepted: *Food, alcohol, helmets, car seats*

British Red Cross ▲

19 Kinnoull Street, PERTH PH1 5EN

Tel 01738 633403

Monday - Saturday 9.00 am - 5.00 pm

C HT BM BB M PC T

Cancer Research UK ▲

27 Scott Street, PERTH PH1 5EH

Tel 01738 639253

Monday - Saturday 10.00 am - 4.00 pm

C HT BM BB e f M T

Additional items accepted: *Good quality cameras, outdoor equipment*

Cancer Research UK ▲

40 High Street, PERTH PH1 5TQ

Tel 01738 630321

Monday - Saturday 9.00 am - 5.00 pm

C HT BM BB M T

Capability Scotland ▲

17 Scott Street, PERTH PH1 5EJ

Tel 01738 630913

Monday - Saturday 9.30 am - 5.00 pm

C HT BM BB BE f IT M PC T

Additional items accepted: *Childrens clothes, unused gifts*

Items not accepted: *Car seats, cycle helmets, knives*

Cat Shelter Shop ▲

9 South Methven Street, PERTH PH1 5PE

Monday - Friday 10.00 am - 3.00 pm

(Closed Thursday)

Saturday 10.00 am - 1.00 pm

C HT BM BB f T

Churches Action for The Homeless ▲

188 High Street, PERTH PH1 5PA

Tel 01738 580665

Monday - Saturday 9.30 am - 4.45 pm

C HT BM BB BE E f IT M T

Debra ▲

23 Scott Street, PERTH PH1 5EH

Tel 01738 638626

Monday - Saturday 9.00 am - 5.00 pm

C HT BM BB BE E e F f M T

Oxfam ▲

118 South Street, PERTH PH2 8PA

Tel 01738 446790

Monday - Saturday 9.00 am - 4.30 pm

BM M PC

Additional items accepted: *Marks & Spencer clothing*

PDSA ▲

44 Scott Street, PERTH PH1 5EH

Tel 01738 638905

Monday - Saturday 9.00 am - 5.00 pm

C HT BM BB BE M PC T

Items not accepted: *Car seats*

Perth Toy Library ●

Beech Grove Lodge, Hill End Road, Perth

Tel 01738 551184 (*please call first*)

Repaint Project ●

The Walled Garden, Murray Royal Hospital, Muirhall Road, PERTH PH2 7BH

Tel 01738 562420

Monday - Friday 9.30 am - 4.30 pm

P *Water based paint only*

Paint donated only at Friarton Recycling Centre

Reuse Container at Friarton ● Recycling Centre

Friarton Road, PERTH PH2 8DF

Monday - Friday 9.00 am - 7.00 pm

Saturday & Sunday 9.00 am - 5.00 pm

e F f IT

Additional items accepted: *Childrens clothes, unused gifts*

Items not accepted: *Car seats, cycle helmets, knives*

Salvation Army 40:20 ●

Unit 101, Riverside Business Park,
Friarton Road, PERTH PH2 8DF
Tel 01738 443562

Monday - Friday 9.00 am - 4.00 pm

Saturday 9.00 am - 3.00 pm

C HT BM BB BE e F f M T

Will collect

Salvation Army Trading Co ▲

36 King Edward Street, PERTH PH1 5UT
Tel 01738 629160

Monday - Saturday 10.00 am - 4.00 pm

C HT BM BB BE e F f M T

Save the Children ▲

12 Kinnoull Street, PERTH PH1 5EN
Tel 01738 626149

Monday - Saturday 10.00 am - 4.00 pm

C HT BM BB M PC T

Shelter Shop ▲

43 South Street, PERTH PH2 8PD
Tel 01738 441533

Monday - Saturday 9.00 am - 5.00 pm

C HT BM BB BE e f IT M PC T

Specialist Dog Section ▲

62 Scott Street, PERTH PH2 8JW

Monday - Saturday 10.00 am - 4.00 pm

C HT BM BB BE e F f T

Starter Packs ●

Unit 101, Friarton Road, Riverside
Business Park, PERTH PH2 8DF

Monday - Friday 9.00 am - 4.00 pm

Saturday 9.00 am - 3.00 pm

HT BB

WEEE Centre, Perth College ●

Unit 5, Kinnoull House, King James
Business Park, Friarton Road, PERTH
PH2 8DY

Tel 01738 444515

Monday - Friday 10.00 am - 4.00 pm

e IT

Wood Again ●

Algo Business Centre, Glenearn Road,
PERTH PH2 0NJ

Tel 01738 450503

Monday - Friday 10.00 am - 4.00 pm

W

Pitlochry

British Red Cross ▲

73A Atholl Road, PITLOCHRY PH16 5BL
Tel 01796 473782

Monday - Saturday 9.00 am - 5.00 pm

C HT BM BB M PC T

Additional items accepted: *Marks &
Spencer clothing*

Cancer Research UK ▲

Unit 3, 63 Atholl Road, PITLOCHRY
PH16 5BL

Tel 01796 474466

Monday - Sunday 9.00 am - 5.00 pm

C HT BM BB e f IT M T

PDSA ▲

Unit 4, 63 Atholl Road, PITLOCHRY
PH16 5BL

Tel 01796 474043

Monday - Saturday 9.00 am - 5.00 pm

Sunday 9.00 am - 4.00 pm

C HT BM BB M PC T

Pitlochry Station Bookshop ▲

Chapelton, Tulliemet, PITLOCHRY
PH9 0PA

Email al@pooldesign.co.uk

Monday - Saturday 9.00 am - 4.30 pm

BM

Additional items accepted: *Audio books*

Items not accepted: *CDs, videos, records,
music tapes*

*This information is subject to change. For
up-to-date information, please contact
Perth & Kinross Council Customer Service
Centre on 01738 476476, email
recycle@pkc.gov.uk or visit
www.pkc.gov.uk/recycling*

Car Boot Sales in Perth and Kinross

Errol Car Boot Sale

Errol Airfield
Errol
Tel 01821 642940

Kinross Car Boot Sale

Kinross Sunday Market
Bridgend
KINROSS
KY13 8EN
Tel 01577 866557
Fax 01577 864474

McDiarmid Park Car Boot Sale

McDiarmid Park
Crieff Road
Perth
Tel 01738 634342

Perth Car Boot Sale/ Squirrel Self-Store

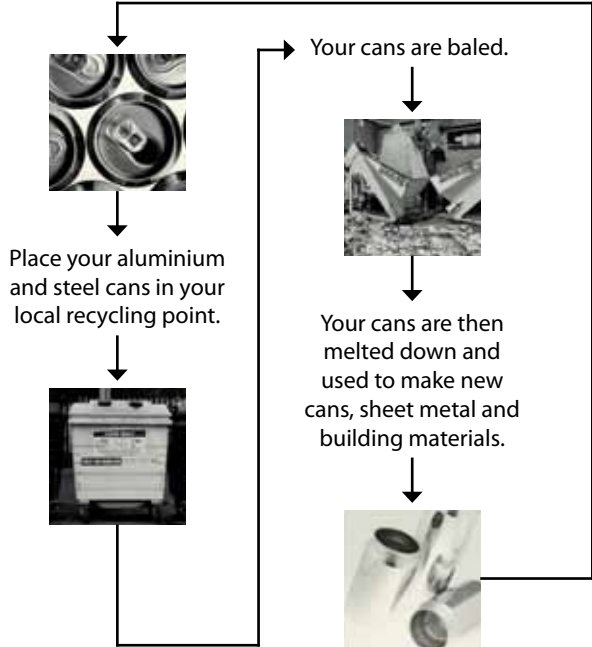
Unit D
Arran House
Arran Road
PERTH
PH1 3DZ
Tel 01738 788001

For further information on all of these events, visit the Reuse section on www.sort-it.org.uk

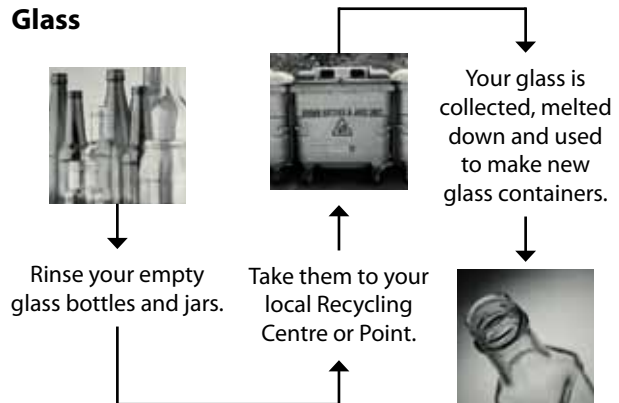
Waste Journeys

What exactly happens to your waste when you bring it for recycling? Here are the 'waste journeys' of four of the most common recyclates.

Cans



Glass



Paper



Put brochures, catalogues, leaflets, newspapers and office paper in your local recycling point.



Your paper waste is taken to a bulking point to await transportation to a reprocessor.



Your paper waste is then pulped.



Pulped paper is then reprocessed into newsprint....



....which can be recycled again.

Plastic



Put your plastic bottles in your local recycling point.

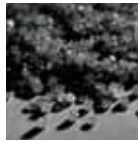


Please remove the lids and rinse the bottles before placing them in your recycling point.

Your plastic waste is taken to a transfer station where it is baled. It is then sorted and washed.



Your plastic waste is then granulated. The granules are then melted down and extruded as threads.



The plastic granules are used to make items such as compost bins and garden furniture.



Take a Pride in Perthshire Campaign

Working together to improve the environment for everyone!

For more information, please check out our website:

www.prideinperthshire.org

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If you have any information or ideas that you would like considered for the next update of the A-Z Guide or website, please contact Perth & Kinross Council Customer Service Centre on **01738 476476**, email **recycle@pkc.gov.uk** or visit **www.pkc.gov.uk/recycle**

Alternatively, if you would like to be sent regular updates on waste and recycling activities in Perth and Kinross, please register your email address by sending it to **recycle@pkc.gov.uk**



Information

For further information on all aspects of waste, please contact Perth & Kinross Council on:

- Tel **01738 476476**
- Email **recycle@pkc.gov.uk**
- Web **www.pkc.gov.uk/recycle**
- Visit **The Environment Service
Perth & Kinross Council
Pullar House
35 Kinnoull Street
PERTH
PH1 5GD**

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Council Text Phone Number 01738 442573

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