

## **Perth and Kinross ADP – Children, Young People and Families Sub Group**

### **Service Mapping Exercise**

#### **Context**

Substance misuse remains a pervasive feature of the lives of children and young people across Perth and Kinross. Despite an apparent reduction in use amongst the teenage population and an decrease in reported availability (Appendix 1 a,b,e ) there remains a clear issue amongst particular groups of young people, particularly those who have withdrawn from mainstream education or training and whose experiences and views may not be reflected in the generic whole population studies. The impact on the lives of these young people, their families and the communities they live in remains significant as a consequence preventative early intervention and re-active crisis programmes are required to be locally accessible.

Recent medical research widely publicised by Dr Harry Burns has highlighted the very significant impact on the development of the brain in very young children subjected to the chaos and neglect of living with parenting affected by substance misuse and wider complex needs associated with domestic abuse.

Up to 60,000 children and young people in Scotland are estimated to be living with a drug misusing parent and a greater number are living with significant parental alcohol use (Hidden Harm 2004.). In Perth and Kinross substance misuse is the most frequent reason for children being placed on the child protection register (approximately 30% in the last 6 months) and being accommodated away from home (35% within the last 6 months). Since the beginning of 2009 over 40 unborn baby meetings have been held relating to parental substance misuse, with 10 having proceeded to formal risk assessments.

A Parental Substance Misuse Risk Assessment in line with Getting our Priorities Right, was re launched in 2007 with extensive training focussed on Adult Services. The Drug and Alcohol Team have also introduced an initial screening assessment,

Currently work is being undertaken through the Parental Substance Misuse Operational Group, to determine the number of children, across the Perth and Kinross area, who are known to either children's or substance misuse services. This group will also oversee levels of provision for these children and continue to identify gaps in services.

The following tables map out the services which are currently available both to young people who are misusing alcohol and drugs, also for those children affected by parental use. The services identified reflect a proportionate approach to intervention from universal to targeted support for differing age groups.

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**(On Behalf of Sub Group of ADP)**

## Services for Young People who use Substances

Universal services which may deal with low level drug and alcohol issues as part of the general work undertaken with young people. The service will mostly consist of information giving.

Tier 1	Age 0-5	Age 6-11	Age 12-15	Age 16-17	Age 18-24
GP's Brief Interventions					<input type="checkbox"/>
Secondary School (ICS; School Nurse)			<input type="checkbox"/>	<input type="checkbox"/>	
<a href="#">Curriculum for Excellence</a> (education & prevention)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Young People Health Service & Signpostin			<input type="checkbox"/>	<input type="checkbox"/>	
<a href="#">Local Youth Groups</a> e.g. <a href="#">Tayside Police</a> , <a href="#">Thrillseekers</a> , peer <a href="#">SCYD</a>			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Young People's Homeless Services				<input type="checkbox"/>	<input type="checkbox"/>
Community Learning Service, Community & Development (including Education workers etc 12-adult Street workers, Youth Services etc)			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<a href="#">YMCA</a>				<input type="checkbox"/>	<input type="checkbox"/>

Services which engage more substantially with young people, focussing on specific issues including drugs and alcohol.

Community based services which provide a comprehensive and intensive assessment and intervention programme.

Age Tier3	0-5	Age 6-11	Age 12-15	Age 16-17	Age 18-24
<a href="#">NCH PACT Project</a>			<input type="checkbox"/>		
<a href="#">Youth Justice</a>			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<a href="#">ECS (Fieldwork Teams, Child Protection Team)</a>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<a href="#">ConnectProject(11-18 Years)</a>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
ECS Substance Use Resource worker			<input type="checkbox"/>		
Community Mental Health Teams				<input type="checkbox"/>	<input type="checkbox"/>
<a href="#">SWD Drug &amp; Alcohol Team</a>				<input type="checkbox"/>	<input type="checkbox"/>
<a href="#">SW Throughcare and Aftercare Services</a>				<input type="checkbox"/>	<input type="checkbox"/>
<a href="#">Supported Housing Provision for young people</a> (e.g. <a href="#">Anchor House</a> , <a href="#">Wellbank</a> )				<input type="checkbox"/>	<input type="checkbox"/>
Tayside Substance Misuse Service				<input type="checkbox"/>	<input type="checkbox"/>
<a href="#">Cair Scotland – StreetsAhead (14 –21 years)</a>			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<a href="#">Throughcare/Aftercare Cair Scotland – Eclipse</a>				<input type="checkbox"/>	<input type="checkbox"/>
<a href="#">Training &amp; Employment</a>					

Specific residential services including 'Looked After'; residential rehabilitation and secure accommodation.

Age Tier2	0-5	Age 6-11	Age 12-15	Age 16-17	Age 18-24
<a href="#">Cair Scotland - Web Project (10-24 years)</a>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<a href="#">Connect Project(11-18 Years)</a>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Young People's health Team.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<a href="#">LookedAfterNurse(5–18 years)</a>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Blairgowrie Mentoring			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
SSCO (Children & Families)			<input type="checkbox"/>	<input type="checkbox"/>	
Criminal Justice Brief Interventions				<input type="checkbox"/>	<input type="checkbox"/>
No5,Rattray(10–18 years)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<a href="#">Cool2Talk</a>			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Age Tier4	0-5	Age 6-11	Age 12-15	Age 16-17	Age 18-24
LA & Accommodated			<input type="checkbox"/>	<input type="checkbox"/>	
Secure Unit			<input type="checkbox"/>	<input type="checkbox"/>	
Tayside Substance Misuse Service (in-patient treatment)				<input type="checkbox"/>	<input type="checkbox"/>

## Children Affected by Parental Substance Misuse

Universal service which may deal with low level drug and alcohol issues as part of the general work undertaken with young people.

Age Tier 1	0-5	Age 6-11	Age 12-15	Age 16-17	Age 18-24
GP's Brief Intervention	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Health Visitor	<input type="checkbox"/>				
Primary Schools (ICS; School Nurse)		<input type="checkbox"/>			
Secondary Schools (ICS; School Nurse)			<input type="checkbox"/>	<input type="checkbox"/>	
Rory Book Project (Blairgowrie) – <a href="#">Barnardos Hopscotch</a>		<input type="checkbox"/>			
Ante Natal & Midwifery Service	<input type="checkbox"/>				
<a href="#">Young Carers</a>		<input type="checkbox"/>	<input type="checkbox"/>		
No 5 Blairgowrie	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Parenting Strategy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Integrated Early Years Strategy (0–8 years)	<input type="checkbox"/>	<input type="checkbox"/>			

Service which engage as core part of children and young people focussing on specific issues including drugs and alcohol.

Age Tier 2	0-5	Age 6-11	Age 12-15	Age 16-17	Age 18-24
<a href="#">Barnardos Hopscotch</a>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Children & Families Social Work Service	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Central Health Care Services to Parent	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Family Centres & Early Years Hubs	<input type="checkbox"/>				

Community based services, which provide a comprehensive and intensive assessment and intervention programme.

Age Tier3	0-5	Age 6-12	Age 11-15	Age 16-17	Age 18-24
<a href="#">NCH PACT Project</a>		<input type="checkbox"/>	<input type="checkbox"/>		
Early Years Team Social Work Services (0–8 years)	<input type="checkbox"/>	<input type="checkbox"/>			
SSCO Substance Misuse (Surestart)	<input type="checkbox"/>				
SSCO Perth City (Drugs)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<a href="#">Barnardos Hopscotch</a>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Family Centres & Early Years Hubs	<input type="checkbox"/>				
Community Mental Health Teams				<input type="checkbox"/>	<input type="checkbox"/>
SWD Children's (Fieldwork Teams Child Protection Team)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<a href="#">SWD Drug &amp; Alcohol Team</a> (0 -18 years - work with parents)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Change is a Must– Intensive Family Support (pre-birth –8 years) *Pending Funding	<input type="checkbox"/>	<input type="checkbox"/>			
<a href="#">Tayside Substance Misuse Services</a>				<input type="checkbox"/>	<input type="checkbox"/>

Tier 4
Specific residential services including 'Looked After'; In-patient treatment programmes; residential rehabilitation.

## Appendix 1

- a) The alcohol Profile for Perth and Kinross (ISD Scotland; 2006) reports that acute intoxication related to binge drinking accounted for 7 acute hospital discharges for under 16 year olds and the 58 discharges for the 16-24 age group. This is a sharp drop from previous years and below the Scottish average.
- b) The most recent SALSUS Report reveals that the percentage of 15 year olds reporting drinking alcohol in the week before the survey has decreased from 53% in 2002 to 35% in 2006. This figure is lower than the reported national prevalence of 36%. No local data is available for the SALSUS 2008 survey however; the national prevalence is reported as 31%. *Bubbles* is a drug which has recently arrived on the scene in Scotland and is causing concern to agencies. Teachers, parents and pupils have received warnings about the dangers of *Bubbles* (Mephedrone) – sold legally as plant food – in a bid to avert what police and drug workers fear could become a teenage epidemic.
- c) The Perth and Kinross Community Health Partnership have identified a ‘large unmet need in rural populations that city-based interventions do not meet’. Their focus, in terms of beginning to address this, has been on the adult population and they have piloted a ‘drinkers check-up’ clinic based within a community setting in Blairgowrie. Whilst this appears to have been well received amongst the adult population it is not designed or targeted to meet the needs of children and young people. There remains therefore a significant gap in provision for this age group. The difficulties which prevent access to city based services are additionally compounded for children and young people who may not be independently mobile and are likely to have much more limited access to transport.
- d) Education and Children’s Services recently undertook an audit of current open cases within 3 of their fieldwork teams and identified in excess of 34 young people where one of the primary presenting difficulties was chaotic substance misuse resulting in these young people regularly placing themselves at risk as a result of their own behaviour. Alcohol misuse was particularly prevalent, although there were a worrying number of young people heavily involved with illicit ‘hard’ drugs. It is felt that should this survey take in all the Social Work Teams and schools across the areas a very high number of young people would be identified.
- e) Around 34% all pupils had been offered drugs a decrease on previous years. This proportion was higher for older pupils than for younger pupils: 48% of 15 year old pupils and 17% of 13 year old pupils reported that they had been offered drugs. Two percent (2%) of all pupils reported that they usually take drugs once a week or more, with a significantly higher proportion of older pupils and boys doing so; 1% of 13 year old pupils and 2% of 15 year old pupils. Twenty nine percent (29%) of all 13 and 15 year old pupils reported that it would be ‘very easy’ or ‘fairly easy’ to get drugs while 40% did not know how easy or difficult it would be. The number of 15 year olds reporting that it would be fairly difficult or very difficult to obtain drugs has more than doubled since 2002 (SALSUS 2006).