


Independent Travel Training



Perth & Kinross Council
Community Inclusion Services

Employment Support Team
Working in Partnership with
Employers who Embrace Diversity

PERTH AND KINROSS
employability
network
 it's working for me



**PERTH &
KINROSS**
COUNCIL

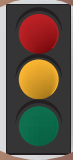
Housing &
Community Care

Introduction

This leaflet has been produced to give an insight into the benefits of independent travel support and training for individuals with learning disabilities and their parents and carers.

If you feel that you have the ability and desire to travel independently to access a day opportunity or workplace, then support can be provided to help you reach your goal.





Benefits to Service Users



- *Enables fuller lives enjoying the flexibility of independent travel.*
- *Promotes independent access to employment, day opportunities and community facilities.*
- *Raises self-confidence and increases independence and use of own initiative.*
- *Relates to the 'Same As You' document.*



We provide awareness on:



- *Road Safety*
- *Independent Travel*
- *Safe Routes*
- *Route Planning*
- *Monitoring and Review*

Support for Individuals Accessing Independent Travel Training



STOP

Our team's remit is to support and give appropriate support at a level and pace appropriate to the individual. The people we support will already have a variety of skills and experience relating to travel; we aim to enhance these skills and to support individuals reach their potential. In the first instance we will meet with the individual/carer/parent to discuss what their independent travel goals are. We will provide 1:1 support and assist individuals to travel to day opportunities, community activities or work.

We will support people to access and establish safe routes and help develop and improve individual's road safety skills. We will work alongside people on a one-to-one basis until such times as they are assessed as being able to undertake a journey independently. Only then will we reduce our support but we will continue to monitor as necessary.

**Road
Safety**

**Safety
is our
priority**

GO



We will support individuals with their road safety skills and assess this throughout.

Road safety tools, eg 'Road Safety Step by Step' and 'A2B Safely', will be used to help promote independent travel.

Working in partnership with Police Scotland Tayside Division's Road Safety Officer.

Assessment Tools

Continual assessment and progress will be recorded using Independent Travel Competency Matrix.

This consists of four units:

1. *Awareness for Pedestrians*
2. *Safe Travel*
3. *Travel Independently*
4. *Trains (if required)*

All of the above units are progressed at the level and pace appropriate to the individual.



We will put in place risk assessments for each individual who is accessing the independent travel training.

We will carry these out prior to any person starting independent travel training.

Frequently Asked Questions



What happens if I do not manage to independently travel?

Should you choose not to continue or you are assessed as not being able to independently travel, we will support you to look at other suitable options of travel, alternatively you will revert back to your previous travel arrangements. If you think you can do independent travel - why not give it a go?

How long does the training take?

Everyone will be assessed on an individual basis but we would offer individuals up to 3 months support to access independent travel training.

What support can I expect?

- *Practical advice on independent travel training*
- *One-to-one support to enable you to travel independently*
- *Ongoing assessment*
- *Pictorial safe route*
- *Risk assessments*
- *Step-by-step road safety*
- *Safe route planning*
- *Regular review and feedback*
- *Emergency strategies*
- *Access to public transport*



Testimonial



Walter is enjoying getting to his work by independent travel. He takes everything in his stride, Walter is more confident in life.



Mrs Young (Parent)

Reference Documentation

Perth and Kinross Employability Network

www.pkemploy.net

Road Safety SCOTLAND

www.a2bsafely.com

www.roadsafetyscotland.org.uk

Department of Transport

www.direct.gov.uk

New Horizons Partnership

www.newhorizonspartnership.co.uk

National Star College- LIFT (Learning Independence for Travel)

www.liftproject.co.uk



Contact Details

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You can also send us a text message on 07824 498145.

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services fitting people