

Update on IJB Membership

Membership of the Integration Joint Board has changed following the local Council elections in May. Councillor Crawford Reid is the new Chair of the IJB, taking over from previous Chair, Councillor Dave Doogan.

Councillor Reid is a doctor who graduated from the University of Dundee, and worked in anaesthesia in Glasgow and Calgary, following which he was appointed as a Consultant in Stirling Royal Infirmary.

He retired from full-time practice at the end of 2016, although he continues to work on a sessional basis in Tayside, working between Ninewells Hospital and Perth Royal Infirmary.

Councillor Reid said: *“Following my success at the recent Council elections, I was proposed as the new Chair of the IJB. At this point I want to thank Councillor Doogan for his hard work as the previous Chair.*

“My experience in the NHS will, I hope, aid me in my new post from a slightly different perspective, as I am well aware of the impact of delays to discharge on elective surgical patients.

“I also have personal experience of caring for elderly relatives, and am well aware of the impact of caring on other family members, including the effect on inter-family relationships.

“In time, the Health and Social Care Partnership will allow patients to be discharged from hospital to the appropriate care facility when and only when, they are ready for discharge. This formal co-operation between

the NHS and our social services is long overdue, and I look forward to working with the IJB and Partnership staff to take our ambitions forward.”


New elected members **Councillor Xander McDade**, **Councillor Eric Drysdale** and **Councillor Chris Ahern** have also joined the Board.

An election to choose two new Public Partners to sit on the IJB was held on 7 July. The election was livestreamed on the Your Community Perth and Kinross Facebook page, with the candidates given a chance to pitch at the PKAVS Gateway Centre. Voting was held at eight venues around the area.

Congratulations to **Maureen Mitchell** from Invergowrie who gained the most votes, and is the new Public Partner Representative on the IJB.

The Substitute Public Partner Rep will be **Linda Lennie** of Blair Atholl who came second in the vote.

Thank you to all the candidates for their excellent pitches, and thanks also to everyone who came along to one of the eight voting centres to take part and vote.

Full membership of the IJB can be viewed [on this webpage](#) .



Councillor Crawford Reid



Maureen Mitchell



Linda Lennie

Discharge Hub

Reducing delays and making sure that patients receive the right care, in the right place at the right time is a key focus of the Perth and Kinross Health and Social Care Partnership.

A wide range of work has been taking place to address the challenges of patients experiencing delays to their discharge from hospital, including making changes to services to re-establish them as early intervention and preventative models of care.

The Discharge Hub, based within Ward 3 at Perth Royal Infirmary,

was launched on 4 April to improve patient flow within the hospital. The Hub has proven to be a successful addition to improve discharge arrangements for patients.

The discharge co-ordinator is supported by a team of discharge key workers from nursing, occupational therapy, social work, psychiatry of old age, hospital discharge team and the PRI Patient Flow Assistant.

Initial results are showing that the Discharge Hub, and the support it offers to the Perth Royal Infirmary ward teams, has supported an initial reduction in the number of patients

experiencing a delay to being discharged.

Maggie Rapley, Medicine for the Elderly, Service Manager, said "Well done to all of the teams involved for all their hard work in driving forward the Hub and their sterling efforts in reducing delays to discharge within the PRI site.

"The information collected to support the evaluation of the new Discharge Hub will be invaluable in improving our understanding and practices to support successful discharge from hospital."

New Joined-Up Partnership Process Providing Early Support to Elderly People at Home

Perth and Kinross Health and Social Care Partnership (HSCP) is working closely with the Scottish Ambulance Service (SAS) to reduce falls amongst elderly and frail people, and to increase referrals to the Rapid Response Service.

One of the main aims of the HSCP is to ensure that people are supported to live at home independently for as long as they can, and it is hoped that by working closely with SAS unnecessary hospital admissions can be reduced.

A new pathway has been agreed between SAS and HSCP that maps the process that will take place when an ambulance crew attends a call involving an elderly person. Often the person they are attending to won't need hospital treatment, and the new pathway ensures that support will be on hand immediately so they can remain at home.

If the ambulance crew assesses that the person doesn't need hospital treatment, but has concerns that they require additional support to remain living at home, they will be referred to the HSCP's Rapid Response service who will step in immediately to carry out an assessment and put in place the necessary support.

If the patient has fallen they can be referred to the HSCP's Falls Service for an assessment to be carried out, to ensure their home is as safe as it can be and to put in place any additional help that the person requires.

From November 2015 to October 2016, there were 228 people over age 75 who had fallen and who were not conveyed to hospital in Perth and Kinross. Of those, only 16 (9%) were referred for a falls assessment. The introduction of the new pathway aims to increase the referral rate to over 80%, which means fast support will be provided to many more people who need it.

Ambulance crews have also been given falls awareness training so they can spot any falls hazards in the homes of the people they visit, and take action to prevent further incidents. The Pathway is being piloted in Perth City at the moment to assess its effectiveness.

Carolyn Wilson, the Falls Service Manager for HSCP, said: "This is health and social care integration in action. Our ambulance crews and social care staff are working very closely to ensure we have an early intervention and prevention approach, to prevent people being taken to hospital unnecessarily.

"Of course when people do need hospital treatment, they will still be taken to hospital. However ambulance crews get called out to many people who are elderly and frail, and just need a bit of extra support at home. This new pathway we have agreed ensures there is a process in place for crews to hand over patients quickly to social care services.

"Ambulance staff need to have the confidence that when they leave a patient at home who doesn't need hospital treatment, support will be put in place quickly. The new pathway gives them that confidence, and also identifies people who need support to our social care staff.

"It is too early to see any meaningful results yet, but we hope this will have a significant impact on hospital admissions and also provide more timely support to people to help them live at home longer."

This improvement project forms part of the national SAS Falls and Frailty Pathways improvement programme, and outcomes will be shared widely with all partnerships across Scotland. It meets objectives set out in many national and local delivery plans including the Scottish Government, Quality Strategy (2010), and the Perth and Kinross Health and Social Care Partnership Strategic Commissioning Plan around responsive community services, reduced admissions to hospital and an improved focus on prevention and early intervention.

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NHS Tayside Seeking Views on Proposals to Transform Surgical Services

Members of the public are being invited to share their views on proposals for the transformation of surgical services in Tayside.

NHS Tayside is proposing to make changes to where surgeons, doctors and nurses deliver some general surgical procedures in Tayside. The proposed changes are to ensure NHS Tayside can continue to provide sustainable, safe, high-quality surgical services into the future.

Like all health boards in Scotland, NHS Tayside is facing significant challenges including caring for an ageing population, an increasing number of people with long-term and multiple conditions, a shortage of some groups of health staff and growing demand for services.

For these reasons, NHS Tayside cannot keep delivering health services the way they have always delivered them. Services throughout NHS Tayside need to adapt to ensure they meet the current and future needs of the population.

At the moment, both elective and unscheduled surgery in Tayside is carried out at two sites, Ninewells Hospital in Dundee and Perth Royal Infirmary (PRI) in Perth. Stracathro Hospital in Angus only does elective surgery.

The proposed transformation of surgical services will create a service that allows NHS Tayside to deliver high-quality care, balancing the number of operations that can be carried out in all three acute hospitals in Tayside with patient demand.

Surgeons, doctors, nurses and other members of the clinical team are leading this proposed change and they have explored many options of how surgery can be transformed in Tayside with other clinicians, managers, voluntary sector representatives, staff and NHS Tayside public partners.

A wide range of people were involved in reviewing the pros and cons of each option put forward by the clinical teams. The preferred option was then presented to the Board of NHS Tayside who agreed that the public should be consulted on the following proposal:

- *There will continue to be three surgical units across Tayside at Ninewells, Perth Royal Infirmary and Stracathro Hospital.*
- *All unscheduled surgery should come to Ninewells Hospital 24-hours a-day.*
- *An increase in the number of elective surgery patients at Perth Royal Infirmary to develop PRI as a centre for excellence for elective surgery.*
- *An increase in the number of day case and minor elective surgery patients at Stracathro.*

The proposals would mean that all patients in Tayside can access the most appropriate facilities for their elective surgery.

This also means that more Perth and Kinross elective patients would be treated closer to home at PRI and there would be an enhancement of critical care in the hospital to deal with an increase in major elective surgery.

Launching the public consultation, NHS Tayside Consultant in Vascular Surgery **Professor Peter Stonebridge** said: “To make sure we can meet the needs of our patients across the whole of Tayside, now and in the future, we know we have to make changes to the way surgical services in Tayside are delivered.

“Patient safety and high-quality care are our top priorities. The proposed transformation of surgical services will create a sustainable service that allows us to deliver this level of care to our patients.

“We would encourage members of the public to take part in the consultation and share their views on the proposed future model for surgical services in Tayside.”

The public consultation on the proposals for surgical services will run until 3 October.

During the consultation, the shaping surgical services programme will be gathering views and feedback on the preferred option from service users, carers, staff, members of the public and other interested stakeholders.

All stakeholder views will be included in a final report with recommendations for the new service model, which will be presented back to the NHS Tayside Board for a final decision.

Information about the consultation is available at www.nhstayside.scot.nhs.uk where the public will be able to find out more about the proposals and complete an online questionnaire.

Public engagement events have also been arranged to give everyone the chance to have their say:

- **Wednesday 13 September**
2.00 pm - 7.00 pm
Stracathro Outpatient Department,
Stracathro Hospital
(2.00 pm - 4.00 pm drop-in, 5.00 pm - 7.00 pm presentation)
- **Monday 18 September**
3.00 pm - 5.00 pm
Pitlochry Town Hall
- **Thursday 21 September**
5.00 pm - 7.00 pm
Perth & Kinross Council Chambers, Civic Hall,
Council Building, 2 High Street, Perth
- **Tuesday 26 September**
2.00 pm - 7.00 pm
Ninewells Hospital, Dundee
(2.00 pm - 4.00 pm drop-in, 5.00 pm - 7.00 pm presentation)

New Care at Home Contract Will Improve Service for Local People

A new contract for providing care at home services has been introduced by Perth and Kinross Health and Social Care Partnership (HSCP).

It will ensure the service is more flexible and can support people to lead active, independent and healthy lives in their own communities.

Perth and Kinross has a growing population of older people and demand for care at home is rising year-on-year. Around 13,000 hours of care per week are currently provided.

Against this backdrop, the new arrangements with care providers will help make sure people don't have to wait lengthy periods to receive a care at home package, and will give people more choice and control over the care they receive. The new arrangements will:

- support people to improve their own health and wellbeing and live in good health for longer;
- give people positive experiences of the service and have their dignity and privacy respected;
- keep people safe from harm;
- maintain and improve people's quality of life.

The new six-year contract with a number of external care providers will begin at the end of May 2017, and be phased in over two months. Ten providers were successful in their bid, so will provide care at home services across the area on behalf of the Partnership. Of the 10 providers, two are new to the area - Sue Ryder and Raeburn - although they provide care at home in many other local authority areas. All the providers were selected for their experience in delivering care and the quality of their services and have been judged by the Care Inspectorate as delivering very good standards of care.

Anyone who currently receives care at home and who will see their provider change as a result of the new arrangements was contacted so staff could talk through any queries or concerns people had.

External care providers will continue to work in partnership with HSCP Care at Home staff to support people who need care at home and help those in hospital get home from hospital as quickly as possible when they are ready to be discharged.

The Partnership is working closely with new care providers and people who receive services to make sure the changes will have minimal disruption and we will continue to do so over a transition period of the next two months.

Perth and Kinross HSCP Chief Officer, **Robert Packham**, said: *"The new contract with partner providers will create an improved care at home service that is fit to meet the demands we are facing in Perth and Kinross.*

"The need for care at home services is going to increase into the future and we have to be ready for that. The new arrangements have flexibility built-in so that providers can step in to pick up care packages across all parts of Perth and Kinross when they are needed.

"This will cut down on the time people have to wait for a care package, and make sure that people are well-cared-for in their own home and can live happily and healthily in their own community for as long as possible."

To support the new contract arrangements the HSCP has been running a marketing and publicity campaign to recruit new care at home staff for partner providers. The 'Why Should I Care' advertising campaign has featured on local radio, bus shelters, social media and in the local press.

The publicity is driving people to a page on the Council website where they can find out more about the job and apply for a post: www.pkc.gov.uk/caring

As a result of the campaign over 90 people have so far applied for a post in care at home, and people are now getting in to posts with private providers.

For further information please contact:

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Successful Go4Gold Event

Older people in Perth and Kinross took part in a care home challenge event to highlight the importance of physical activity.

Around 120 residents from 40 care homes and care services across the region tried their hand at various games and challenges at the sixth annual Go4Gold event in Bell's Sports Centre in Perth.

The event, which is one of the biggest of its kind in Scotland, was designed around this year's theme of the Queen's 65-year reign.

The participants took part in various physical challenges including indoor kurling, golf throwing target, fishing for ducks, indoor quoits and a golf putting challenge.

Each team was supported by carers, staff and volunteers from the Rotary, Soroptimists, Tesco, Scottish and Southern Energy, Perth College UHI, school pupils and other organisations.

Some of the other activities on the day included a warm-up session led by Perth College UHI, a games challenge, a tea dance and sing song after lunch with the Perth High School ceilidh band providing the music and singers.

In the weeks before the event, staff and residents from each care home also created posters for the poster competition.

Go4Gold was organised by the Perth & Kinross Care Home Activity Network (CHAN), which is a partnership between Perth and Kinross Health and Social Care Partnership, Live Active Leisure, the third sector and local care homes.

The event aims to increase physical activity levels for all care home residents in a fun and meaningful way.

During the weeks prior to the event, all the participants trained for and practiced the activities within their care setting to promote active living.

Each participant received a Go4Gold medal and certificate and trophies were presented for the overall winner, most enthusiastic team, best team name, best team identity and best poster.

Perth and Kinross Health and Social Care Partnership Falls Service Manager **Carolyn Wilson** said: *"The Go4Gold event is a main highlight of the care home year. It's fantastic to observe the competitive spirit, enthusiasm and excitement created by all those taking part. Go4Gold demonstrates that everyone can exercise in some way and today we have seen a lasting legacy promoting physical activity."*

The event was opened by Perth & Kinross Council Chief Executive, Bernadette Malone, who added: *"Go 4 Gold has been a huge success since it was first launched, and I know that many local care home residents really look forward to it. The event helps people to keep their minds and bodies active, and lets them have a laugh and a natter and make new friends. Supporting people to lead active, independent and healthy lives is one of the key aims of Perth and Kinross Health and Social Care Partnership and Go 4 Gold highlights brilliantly how this is working in practice. I'd like to congratulate everyone involved, both organisers and participants, for a fantastic day."*

You can watch a Your Community PK video of this year's Go 4 Gold event here [📺](#).



Consultation to Begin on Mental Health and Learning Disability Services

Perth and Kinross Integration Joint Board has given approval for public consultation to begin on the preferred option for General Adult Psychiatry and Learning Disability inpatient services in Tayside.

The preferred option, which will be consulted on for three months, is a single site for General Adult Psychiatry (GAP) acute admissions at Carseview Centre in Dundee and a single site for Learning Disability (LD) services at Murray Royal Hospital in Perth. The option has already been presented to NHS Tayside committees, Tayside NHS Board, and Dundee and Angus Integration Joint Boards.

The consultation will begin on Monday 3 July and will run until Tuesday 3 October 2017, during which time the programme team will be gathering views and feedback from service users, carers, staff and members of the public.

All views will be included in a final report with recommendations for the new service model, which will be presented back to the NHS Tayside and Integration Joint Boards before Perth and Kinross Integration Joint Board makes a final decision.

The consultation website www.taysidementalhealthredesign.scot.nhs.uk went live on Monday 3 July where people can find out more about the proposed option and complete an online questionnaire to share their views. People can also email mhldredesign.tayside@nhs.net or call Freephone 0800 7836 110 or write to Public Involvement, Tayside NHS Board, Freepost SCO 6181, DUNDEE, DD3 8ZR.

In addition, there will be a series of public engagement events held across Tayside in September 2017 which will offer an opportunity to give views on the proposals.

Launching the consultation, Chief Officer for Perth & Kinross Health and Social Care Partnership **Robert Packham** said: *“People across Angus, Dundee, and Perth and Kinross rightly expect us to deliver modern, high-quality, safe and effective Mental Health and Learning Disability services, but the way services are currently arranged is not sustainable.*

“People want high-quality community-based services when they need them and the best possible hospital care when they are very unwell. It is worth remembering that only 6% of people who access our mental health services each year need inpatient care. 94% of the population access services in the community. Through our redesign transformation programme we have had opportunity to look at how and where we deliver care. We want to create the right conditions to sustain high-quality and safe Mental Health and Learning Disability services for the future.

“We would like to hear as many views as possible from people across Tayside and would encourage members of the public to take part in the consultation and give us their feedback on the proposed option.”



Your Community Perth and Kinross Promoting Work of Partnership

‘Your Community Perth and Kinross’ is the public face of Perth and Kinross Health and Social Care Partnership.

A series of great short films continue to be produced promoting the work of the Partnership to support people to lead active, independent and healthy lives in their own communities.

We are changing the way we deliver care to meet the needs of our growing elderly population and people living with long-term conditions. The videos illustrate the new ways that people will receive support in their communities.

Please take a few minutes to take a look at the latest short films:

-  **Tales of a Grandson**
How the performing arts is being used in local residential homes to keep minds and bodies active.
-  **Janet’s Story**
The work being done by TullochNet in Perth to reduce social isolation.

-  **John’s Story**
How Coupar Angus Community Garden is supporting local people and empowering the community.
-  **Myrtle’s Story**
The Royal Volunteer Service in Perth is bringing the community together and supporting people through volunteering.
-  **Go4Gold**
Annual activities challenge that keeps resident of care homes fit in mind and body.

A ‘Your Community Perth and Kinross’ standalone website will be launched in the near future featuring a database of the local community support that is available across Perth and Kinross, making it much easier for people to link up to organisations or clubs that could help them.

The website will also contain information about the partnership, video stories and news about health and social care in Perth and Kinross.