



SMART RECOVERY runs mutual support meetings. Through open and confidential discussion we can help ourselves and each other with any type of addictive behaviour. Your local meetings...

- **Monday** : WiseCraft, 10 Lower Mill St, Blairgowrie, 1:30pm – 15:00pm.
- **Tuesday's** : Salutation Hotel (upstairs), Perth, 1:30 pm.
- **Wednesday's** : St Mark's Church, Rannoch Road, Letham, PERTH. 10am
- **Thursday's** : Fairfield Community Centre, Fairfield, PERTH. 1pm
- **Friday's** : C.A.T.H 11:00 am. (CATH Meeting Room, 188-190 High St, Perth; Intercom Entry-Backdoor, Scott St Car Park)

You can go online to Smart www.smartrecovery.org.uk

Or **RefocusPK** (google and you will find all our local information) You will find the Local Smart Facebook Page at this site)

For further info Please Contact Liam: 07825 256999