Perth & Kinross Joint Strategy to Support Independent Living & Quality of Life for Adults with a Physical Disability and / or Sensory Impairment.

2014–2017

CHOICE, FREEDOM, DIGNITY, CONTROL
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Appendix 1: National & Local Strategy Documents  

Appendix 2: Framework for Independent Living
1 Why we have a Strategy

The aim of this strategy is to ensure that people living in Perth and Kinross who have a physical disability and/or a sensory impairment live a life of their own choosing, as fully participating, independent members of the wider community. In order to achieve this an individual needs to have choice and control over any support and/or equipment he or she needs to go about his or her daily life and equal access to housing, transport and mobility, health, employment and education and training opportunities.

This strategy has been developed in consultation with local people who have a physical disability and/or sensory impairment. National and local data has also been used along with relevant strategic documents including the ‘Basic Rights for Independent Living’ (Appendix 2). The strategy will cover the period from 2014 – 2017.

Nationally, research shows that people with a physical disability and/or sensory impairment are far less likely to be in employment and far more likely to be living in poverty than the rest of the population. The Disability Rights Commission in 2010 finds that disabled people in the UK are more than twice as likely to be in persistent poverty (defined as living at 60% of median income for 3 out of 4 years) as non disabled people at 11% and 5% respectively.

The families of people with a physical disability and/or sensory impairment can also be affected. The Disability Rights Commission found that, of all children living in poverty, one in three has a disabled parent and that disabled people are twice as likely as other citizens to have no recognised qualifications.
2 Background

People within the Scope of the Strategy

There are several accepted models of disability. Each model has different implications for how disabled people are treated. The social model’s underpinning concept is independent living – a focus not on the individual and impairment as the problem but on the need to address social, economic and environmental barriers. This approach means recognising that it is these barriers, rather than functional impairments, which get in the way of individual autonomy and self-determination, creating disadvantage and social exclusion.

The Equality Act defines a person as having a disability if he or she has a physical (or mental) impairment which has a substantial and long-term adverse effect on his or her ability to carry out day-to-day activities. A long term adverse effect is defined as an impairment which is any of the following:

- Has lasted for longer than 12 months
- Where the total period for which it lasts is likely to be at least 12 months
- Is likely to last for the rest of the life of the person affected.

In its strategic framework for meeting the needs of people with a sensory impairment in Scotland, the Scottish Government defines sensory impairment as follows:

“Sensory impairment covers people living with a range of impairments. It includes people with varying degrees of hearing loss, sight loss and also with loss of both senses. Both hearing and sight loss can be present from birth, but for the majority of people a sensory loss will occur later in life, and the longer a person lives the more likely they are to develop either or both losses.

There are three main groupings that should be considered. Firstly people with a recognised sensory impairment, secondly people at risk of sensory loss due to a range of factors, and thirdly those people who are likely to be living with a “hidden and untreated” sensory loss (e.g. people who have had a stroke, have a learning disability or dementia).”

The age range within the Strategy is determined by the established way in which health and social care services are commissioned and delivered in Perth and Kinross. Although the strategy is designed to meet the needs of people aged 16 years and above, it will identify opportunities where it can help children and young people make the transition to adult life.
Who is involved?

The key partners involved in developing this joint strategy for Perth and Kinross are VisionPK (formerly known as Perth and Kinross Society for the Blind), North East Sensory Services (NESS), Centre for Inclusive Living Perth and Kinross (CILPK), Perth & Kinross Community Health Partnership, Perth and Kinross Council and Live Active Leisure along with a range of other stakeholders and community members.

National and local planning context

There is currently no national strategy specifically for adults in Scotland with a physical impairment but the first National Strategy for Sensory Impairment (See Hear) was launched in April 2014. However, there are a number of other key national and local policy documents that shape our approach, as listed at Appendix 1.

There have been some noteworthy policy changes since the first Perth and Kinross Physical Disability Strategy was developed in 2009 / 2010 and these have been taken into account in the development of the new Perth and Kinross Physical and / or Sensory Impairment Strategy going forward beyond 2014, including:

- The Equality Act 2010 and the Public Sector Equality Duty.
- The “Christie” Commission on the future delivery of Public Services 2011.
- The Social Care (Self Directed Support) (Scotland) Act 2013.
- The Scottish Government’s Sensory Strategy for Scotland 2014 “See Hear”.
- The Public Bodies (Joint Working)(Scotland) Act 2014

Although this strategy focuses on physical disability and sensory impairment, it is recognised that people may have a range of needs and these may be covered by separate local strategies e.g. learning disability or mental health and wellbeing. It is also recognised that those people within the scope of this strategy, aged over 65 years, may come into contact with Older People’s Services provided by statutory and voluntary sector agencies. The Joint Commissioning Strategy for Older People in Perth and Kinross will highlight services for those aged 65 and over. All of these strategies will be incorporated in the Joint Commissioning Strategy for Perth and Kinross from next year.

This strategy will be implemented during a significant period of change. The integration of health and social care, following the introduction of the Public Bodies
(Joint Working) (Scotland) Act in April 2014 and the publication in December 2013 of Scotland’s first National Action Plan for Human Rights are of particular importance.

In addition, the impact of Welfare Reform and the introduction of two new benefits: Universal Credit (UC) and Personal Independence Payments (PIP) have particular significance for physically disabled people. UC will replace much of the benefits and tax credits system for people whether in or out of work. PIP will replace Disability Living Allowance for those of working age. In Perth and Kinross every effort is being made to ensure that everyone with a disability and/or sensory impairment has the opportunity to have a Welfare Benefits check to ensure their income is maximized.

Perth & Kinross Community Plan 2013 – 2023

The outcomes of the Perth and Kinross Community Plan 2013–2023 are also central to this strategy, namely:

- Employment opportunities for all
- High quality, personalised care
- Older people are independent for longer
- Longer, healthier lives for all
- Attractive, welcoming environment
- Resilient, responsible and safe communities

- People in vulnerable circumstances are protected
3 The Perth and Kinross Picture

What do people in Perth and Kinross with a physical and/or sensory impairment tell us?

This strategy has been developed following consultation with local groups and individuals, including through a postal and electronic survey and a conference held in Perth. 75 stakeholders, voluntary sector partners and people living with a physical and/or sensory impairment were invited to explore options and priorities for physically disabled people in Perth and Kinross.

Similar / complementary issues were raised through these consultations, including the need for:

- Physical Activity
- “Getting out and about”
- Transport / Parking
- Active living / physical activity
- Communication
- Concerns about the rapid move to most information being primarily available “on line”
- Representation of younger people with physical and/or sensory impairment
- Disability recognised as an increasingly “political” issue
- Greater clarity around accessing “Self Directed Support”.
- The impact of “Welfare Reform” changes

Perth and Kinross Demographics

Data from the 2011 Census indicates that there are around 26,000 people in Perth and Kinross living with a long-term activity-limiting health problem or disability.

The 2011 Census also shows there are 10,500 people in Perth and Kinross with deafness or partial hearing loss and 3,500 with blindness or partial sight loss. 80% of people with a learning disability have some form of sight loss which equates to 424 people in Perth and Kinross.

It is well established that ageing is the single greatest determinant of vision and hearing loss. Older people are also far more likely to have a physical disability than the rest of the population. It is clear that the levels of support needed for people with a physical disability and/or sensory impairment will increase substantially in line with the projected increases in the older population.
Around 20% of the population of Perth and Kinross are aged 65 years or over and the area has the highest projected growth rate in Scotland. The number of people over 65 years is predicted to increase by 40% between 2011 and 2027. By comparison, the traditional working age population is projected to increase by 14%. Therefore Perth and Kinross faces particular challenges in the future due to its demographics.

It is widely acknowledged that many mainstream services have struggled to connect with, and therefore meet the health and social care needs of, Scotland’s Black and Minority Ethnic (BME) communities. Challenges of access and cultural issues continue to present barriers for individuals requiring health and social care services.

In Perth and Kinross there is well established partnership working to both support BME communities and improve local services, and these links will be developed in order to address cultural and access barriers to health and social care services.

**Who uses services in Perth & Kinross?**

What do we know about the current population living in Perth & Kinross with physical disability and/or sensory impairment?

Perth and Kinross Council states that there are around 4000 people receiving services:

- Around 80 of these people have multiple and complex needs, of whom 40 require intensive care management and 40 require care coordination (i.e. they are relatively stable and require minimal intervention).

- 19 people are currently (Spring 2014) on the Council’s housing waiting list for suitable housing for someone with a physical disability.

In addition there will be a number of young people leaving school each year with a physical disability and/or sensory impairment who will require support during the transition from children’s and young people’s services to ‘adult’ services thus increasing the demand on adult services.

As at the end of September 2013 there were 771 people registered as blind or partially sighted within Perth & Kinross. A further 203 people with sight loss, but who were not registered, have received specialist support. Of the total, 62% were aged over 65 and 34% were over age 85.
As at the end of September 2013 there were 218 people recorded with NESS as either Deaf, hard of hearing, deafened or deafblind.

The Centre for Inclusive Living Perth and Kinross currently has a membership of 45 people who live with a range of physical and / or sensory impairments.
4 Local resources

It is clear that the huge increase in the older population over the coming years will place challenging additional demands on all levels of health and social care services, and this will be particularly acute in the case of sensory services. Given the extreme pressure on resources and the increasing demands, there requires to be increasingly effective partnership working coupled with asset based approaches to service delivery. This Strategy intends to support these ways of developing resources and services.

There are a range of services and resources currently available in Perth and Kinross. These are provided by both statutory and voluntary sector organisations, often working in partnership and sometimes on a commissioned basis.

Perth and Kinross Council commission support for the provision of statutory services for blind and partially sighted people VisionPK and for Deaf and hard of hearing people from NESS.

As previously discussed, the impact of social care reform, particularly the ongoing integration of health and social care as well as the implementation of Scotland’s first Strategy for Sensory Impairment, “See Hear”, will also have an impact on local development priorities.

Statutory Services

Perth and Kinross Council and Perth and Kinross Community Health Partnership have made significant progress in recent years in breaking down organisational and cultural barriers and focusing upon the needs of individuals, their families and carers. The overall aim of the continued drive towards further health and social care integration is to improve the outcomes for individuals, families and their carers.

Housing and Community Care and Related Services

Throughout Perth and Kinross three social work teams provide assessment and support for people aged 16 and over. Dependent on the results of the assessment a range of supports can be arranged including:

- Self Directed Support - options ranging from ‘traditional’ home care to Direct Payments where people can employ their own personal assistants and managed packages of care from private care agencies.
• Perth and Kinross Council commission services from North East Sensory Services and Vision PK. They provide a range of services including statutory assessment and case management services for those with sensory impairments.

• Perth & Kinross Council and Perth & Kinross Community Health Partnership work together to provide reablement and rehabilitation services

• Perth and Kinross Council has over 1,000 wheelchair accessible properties in its stock. In addition housing associations have further 48 wheelchair adapted houses. In addition the Council has over 1,000 houses with adapted bathrooms and 9 adapted kitchens for people with mobility problems in its stock.

• Occupational Therapy services provide assessment and provision of equipment. Adaptations to individual’s homes can also be arranged and support on the management of the disability and advice on how to meet educational, work and leisure requirements.

• Telecare is a set of electronic equipment installed in the home that helps make living at home safer. It is tailored to individual needs and examples can vary from detecting excess smoke in the kitchen to floods in the bathroom to providing an alarm for people to press to summon assistance if they fall

• The Welfare Rights Team at Perth and Kinross Council provides support to navigate the benefits system.

Environmental and Transport Related Services

There are a wide range of environmental and transport related services which Perth & Kinross Council and its partners provide or enable. Examples include:

Bus Services

• The Council invests circa £2.5m annually in procuring local bus services throughout the Council area, including Perth Park & Ride and the ‘hospital link’ bus service. The routes and timetables are tailored to meet key public transport needs, including access to work, health, education and retail activities. To encourage operators to supply fully Disability Discrimination Act (DDA) compliant buses, longer term contracts are offered. By 01 January 2016, virtually all the vehicles used will be wheelchair accessible.
• The Council provides transport for several hundred service users attending community based services provided by PKC Housing & Community Care. This transport uses numerous bus and taxi operators, together with a number of community transport providers.

• Bus stops and shelters are provided to make access to the bus network convenient; whilst their siting, design and layout endeavours to be as DDA compliant as is practicable.

Voluntary and Community Transport Sector

• The Council has Service Level Agreements with a number of community based organisations such as Perth Shopmobility and Perth Access Cars both of which specifically cater for people with physical disabilities and help local residents to be more independent within their communities.

• The Council financially supports three other community transport groups (Blairgowrie Freedom Coach, Strathcare and Pitlochry Senior Citizens Association) who operate wheelchair accessible minibuses.

• Other community transport schemes (Royal Voluntary Service (RVS) and Kinross Volunteer Group) also receive financial support from the Council to provide specific transport services using volunteer drivers.

• The Council also supports the Centre for Inclusive Living Perth & Kinross (CILPK) who help promote disabled access.

Car Parking

The provision of disabled parking bays within town centre environments (Controlled Parking Zone) is assessed, managed and promoted by the Council’s Environment Service. With regard to disabled bays in car parks (off street) the Council has an obligation to ensure that at least 5% of the total capacity is designated specifically for motorists with physical disabilities.

Any Blue Badge holder that lives outwith a Controlled Parking Zone, and does not have a driveway, can apply to their local authority to have a marked Blue Badge holders space situated as close as possible to their home. The Disabled Persons’ Parking Places (Scotland) Act 2009 (DPPP) legislates that these spaces will be enforceable.
The Blue Badge Scheme is administered by PKC Parking Services (part of The Environment Service) and as at October 2013 there were 7,264 valid Blue Badges in use which had been issued by PKC.

**Voluntary Sector or Partnership Provision**

There are a range of voluntary sector or partnership service providers throughout Perth and Kinross with examples of these listed below:

**Live Active Leisure** work in partnership with **Perth College** to provide a supported transition programme for young students with a physical disability moving into adulthood. The course is based on physical literacy, and is aimed at ensuring young people, in the 16–25 age bracket, are aware of the benefits of an active lifestyle, what leisure services there are in Perth and Kinross, and that they have the confidence and skills to access them if they so choose.

**Perth & Kinross Employability Network**: Members of the Employability Network operate in partnership to provide improved, intensive and individualised employability services to help more people with additional challenges into paid work, volunteering positions, further education and vocational skills training. Key members of the Network also support and facilitate the growth of social enterprise. Through improving the quality of employability services, the Network aims to take better account of people’s needs and capabilities, to enhance the skills of member organisation’s staff teams and develop a range of supports for local employers.

**The Centre for Inclusive Living Perth & Kinross (CILPK)** can assist service users, their carers and Council staff with issues around access to the built and open space environment, to accessible information and equal opportunities for disabled people. CILPK liaise regularly with a variety of Council services in the furtherance of improved disabled access.

**North East Sensory Services (NESS)** provide statutory social work services to 218 (as at September 2013) people who are Deaf or hard of hearing in Perth & Kinross. This includes providing access to specialist equipment and signposting to social and / or educational opportunities.

**VisionPK (previously Perth and Kinross Society for the Blind)** provides services which include maintaining the register of blind and partially sighted people and providing specialist assessments to every person referred to it. The Society also provides specialist rehabilitation services, and from its own resources provides a range of specialist and support services. Any person, of any age, living within Perth & Kinross who has a significant visual impairment can access the Society’s services.
5 Local Development Priorities

From the information gathered from engaging with people in Perth and Kinross with a physical disability and/or sensory impairment and their carers, and by analysing local and national strategies, the following outcomes have been identified as priorities.

Individuals will

- have housing which is accessible and adapted to meet their requirements
- have access to the information they require to fully participate in all aspects of life
- be supported to allow them to communicate effectively
- have access to meaningful employment, training and further education
- have access to healthcare to support their physical and mental well-being and encourage healthy lifestyles
- be able to access all local amenities and buildings
- have access to affordable, flexible travel options across all modes of transport
- have access, following assessment, to self-directed support to help them achieve their personalised outcomes
- be supported to access all welfare benefits they are eligible for

The following actions and performance indicators further develops these themes and brings together a range of actions to achieve the stated objectives.

How will we know we are making a difference?

- No. of suitable housing
- No. of clients receiving community alarm and telecare
- No. of houses adapted for: Wheelchair use; Physical disabilities; Other special adaptation
- No. of new build housing new build housing suitable for people with “varying & particular needs”
- No. of Local Authority and NHS Tayside buildings with loop systems
- No. of people using the Translation and Interpretation service
- No. of people with physical disability and/or sensory payment in employment
- No. of people with physical disability and/or sensory impairment accessing Live Active Leisure facilities
- Creation of website with information on accessibility of public buildings
- No. of wheelchair accessible taxis
### 6 Priority Actions

**HOUSING** which is accessible and adapted to meet individuals requirements

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<thead>
<tr>
<th>Locally Agreed Priority Action / Activity</th>
<th>Timescale</th>
<th>Named Lead Individual &amp; Agency</th>
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<tbody>
<tr>
<td>Adapt at least 250 additional dwellings across all tenures each year to meet the need for housing suitable for people with mobility problems and support and advice to owners (e.g. through Care and Repair)</td>
<td>ongoing</td>
<td>PKC HCC P&amp;K Local Housing Strategy</td>
</tr>
<tr>
<td>Increase (from baseline) the availability, year on year, of telecare packages for frail and vulnerable people (number of clients receiving community alarm and number of clients receiving telecare)</td>
<td>ongoing</td>
<td>PKC HCC</td>
</tr>
<tr>
<td>Monitor annually: Housing adapted for wheelchair use Housing adapted or built for people with physical disabilities who do not use a wheelchair Other housing with special adaptations</td>
<td>ongoing</td>
<td>PKC H&amp;CC</td>
</tr>
<tr>
<td>Involve community members living with a physical and/or sensory impairment when undertaking a Local Housing Needs Assessment during 2014 / 15.</td>
<td>2014/15</td>
<td>PKC HCC / CILPK / VisionPK / NESS</td>
</tr>
<tr>
<td>Increase the supply of new build housing suitable for people with “varying &amp; particular needs” year on year. (Target of 100 per year)</td>
<td>2014/15</td>
<td>PKC HCC</td>
</tr>
<tr>
<td>Review system of recording information from Fire Scotland Home Safety Visits and improve information sharing between service providers.</td>
<td>2014/15</td>
<td>PKC HCC / Fire Scotland / CILPK</td>
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<tr>
<td>Locally Agreed Priority Action / Activity</td>
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<tr>
<td>Raise awareness of specialist housing organisations such as “Ownership Options Scotland”.</td>
<td>2014/15</td>
<td>PKC HCC / CILPK</td>
</tr>
<tr>
<td>Improve access to small equipment by developing an online self referral system during the period 2014/15 with Integrated Health &amp; Social Care Occupational Therapy Services.</td>
<td>2014/15</td>
<td>PKC / P&amp;K CHP</td>
</tr>
<tr>
<td>Reduce waiting times for home adaptations on an annual basis.</td>
<td>2014/15</td>
<td>PKC HCC</td>
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<tr>
<td>Increase learning opportunities for partnership working between PKC TES planning / architects and local voluntary sector agencies such as CILPK.</td>
<td>2014/15</td>
<td>CILPK</td>
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**INFORMATION** that individuals require to fully participate in all aspects of life

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<tr>
<td>Improve the form and accessibility of all written publications produced by Perth and Kinross Council and NHS Tayside/Perth &amp; Kinross CHP by working with P&amp;K Joint Learning Disability Strategy Group.</td>
<td>2014/15/16</td>
<td>P&amp;K Joint LD Strategy Group</td>
</tr>
<tr>
<td>Improve quality of service provided by Dundee Translation and Interpretation Service (DTIS) via SLA with NHS Tayside</td>
<td>2014/15</td>
<td>NHS Tayside</td>
</tr>
<tr>
<td>Improve accessibility, quality and content of all online information produced by PD Strategy Group members by working with P&amp;K Joint Learning Disability Strategy Group.</td>
<td>2014/15/16</td>
<td>P&amp;K Joint LD Strategy Group</td>
</tr>
<tr>
<td>Support the review of the PKC Transitions Policy and process for children / young adults moving from childrens to adult services.</td>
<td>2014</td>
<td>PKC ECS</td>
</tr>
<tr>
<td>Improve hearing loop provision by carrying out an exercise to review and replace and provide training for use, across Perth and</td>
<td>2014/15</td>
<td>P&amp;K Joint PD Strategy Group</td>
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<td>Locally Agreed Priority Action / Activity</td>
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<tr>
<td>Kinross Council and NHS Tayside.</td>
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<tr>
<td>Develop an action plan to address any gaps identified in above hearing loop scoping exercise.</td>
<td>2014/15</td>
<td>P&amp;K Joint PD Strategy Group</td>
</tr>
<tr>
<td>Explore options with partners such as Dundee Council and Angus Council around the quality and availability of British Sign Language Interpreters – explore with partners the possibility of using on-line technologies to support BSL users.</td>
<td>2014/15</td>
<td>PKC Chief Executive’s Service/ CEAG</td>
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**COMMUNICATION support to allow individuals to communicate effectively**

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<tr>
<th>Locally Agreed Priority Action / Activity</th>
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<th>Named Lead Individual &amp; Agency</th>
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<tr>
<td>Publicise the range of communication support options available to community members, where and when they require them, by carrying out an audit with Perth &amp; Kinross Council and NHS Tayside / Perth &amp; Kinross CHP.</td>
<td>2015/16</td>
<td>PD Strategy Group / PKC Comms</td>
</tr>
<tr>
<td>Publicise and develop a “Directory” of locally available physical disability / sensory impairment training and awareness raising opportunities for local agencies and services to access.</td>
<td>2014/15</td>
<td>PD Strategy Group</td>
</tr>
<tr>
<td>Reach out to individuals from BME communities who have a sight loss and therefore make services more accessible to this community.</td>
<td>2015/16</td>
<td>VisionPK</td>
</tr>
<tr>
<td>Encourage the use of ALISS across all agencies in Perth &amp; Kinross who provide a service for people with a physical disability and/or sensory impairment. (ALISS is an online index of useful community support and resources)</td>
<td>2014/15/16</td>
<td>VisionPK, NESS, Positive Choices, PKC HCC</td>
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<td>Locally Agreed Priority Action / Activity</td>
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<tr>
<td>Promote the wider availability of public transport information, including the Scot talk app. Perth &amp; Kinross Council will engage with Traveline Scotland to develop.</td>
<td>2014/15</td>
<td>PKC Environment Service (TES)</td>
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EMPLOYABILITY access to meaningful employment, training and further education

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<th>Named Lead Individual &amp; Agency</th>
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<tbody>
<tr>
<td>Scope the support available within the Perth and Kinross Employability Network for those people living with physical and/or sensory impairments.</td>
<td>2014/15</td>
<td>PKC HCC Employability Network Governance Group</td>
</tr>
<tr>
<td>Raise awareness and publicise available employability support for those living with physical and/or sensory impairment across local support organisations.</td>
<td>2014/15</td>
<td>PKC HCC Employability Network Governance Group</td>
</tr>
<tr>
<td>Monitor staff profile of local public sector employers for disability and sensory impairment and take action to increase representation as required.</td>
<td>ongoing</td>
<td>PKC, NHS Tayside</td>
</tr>
<tr>
<td>Ensure people with a physical and / or sensory impairment who are being supported into work also receive appropriate support to maximise their income.</td>
<td>2014/15</td>
<td>PKC HCC Welfare Rights Team</td>
</tr>
<tr>
<td>Increase availability of accessible benefit maximisation information and support.</td>
<td>2014/15</td>
<td>CILPK/NESS/VisionPK/ PKC HCC Welfare Rights Team</td>
</tr>
</tbody>
</table>
HEALTH  support physical and mental well-being and encourage health lifestyles

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<tbody>
<tr>
<td>Promote and implement use of sensory impairment e-module for healthcare staff training.</td>
<td>2014/15</td>
<td>NHS Tayside</td>
</tr>
<tr>
<td>Develop a pathway for support beyond diagnosis with targeted audiology clinics.</td>
<td>2014/15</td>
<td>NESS / NHS Tayside</td>
</tr>
<tr>
<td>Define the need and scope to extend the existing support services at PRI for those using low vision clinics to other vision clinics.</td>
<td>2014/15</td>
<td>VisionPK / NHS Tayside</td>
</tr>
<tr>
<td>Improve awareness of support services provided by the voluntary sector for people in Perth and Kinross who have a significant sight loss but who are not registered blind or partially sighted.</td>
<td>2014/15</td>
<td>VisionPK</td>
</tr>
<tr>
<td>Live Active Leisure (LAL) will work with Perth College to provide a supported transition programme for young students with a physical disability moving into adulthood</td>
<td>2014/15</td>
<td>Live Active Leisure(LAL)</td>
</tr>
<tr>
<td>Increase awareness of local NHS Tayside Wheelchair and Seating Service clinics in Perth and Kinross.</td>
<td>2014/15</td>
<td>NHS Tayside WASS / CILPK</td>
</tr>
<tr>
<td>Develop a local pathway around providing structured emotional support for those receiving a diagnosis of sight loss.</td>
<td>2014/15/16</td>
<td>VisionPK</td>
</tr>
<tr>
<td>Establish new inclusive programmes in each locality (Live Active Leisure (LAL) facility) with Blairgowrie and Aberfeldy as priority targets</td>
<td>2014/15</td>
<td>LAL</td>
</tr>
<tr>
<td>Develop a pathway to ensure children and young people with sensory impairments (visual and/or auditory) are able to access available local services as they transition to adult services.</td>
<td>2014/15/16</td>
<td>PKC Education &amp; Childrens Services (ECS) / VisionPK/NESS</td>
</tr>
<tr>
<td>Monitor ethnicity of VisionPK and NESS Service Users on an annual basis</td>
<td>2014/15/16</td>
<td>VisionPK/NESS</td>
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<tr>
<td>Improve awareness within the BME community of physical and/or sensory impairment services including diagnosis and support services.</td>
<td>2014/151/6</td>
<td>CILPK/VisionPK/NESS/ PKC HCC/P&amp;K CHP</td>
</tr>
<tr>
<td>Improve access to support services for specific care groups including veterans, Establish an additional support needs group.</td>
<td>2014/15</td>
<td>NHS Tayside</td>
</tr>
</tbody>
</table>

**ACCESSIBLE ENVIRONMENT  access to all local amenities and buildings**

<table>
<thead>
<tr>
<th>Locally Agreed Priority Action / Activity</th>
<th>Timescale</th>
<th>Named Lead Individual &amp; Agency</th>
</tr>
</thead>
<tbody>
<tr>
<td>Work with DisabledGo to audit approx.1000 premises throughout Perth &amp; Kinross, publicise the results and support ongoing reviews and additions to the website.</td>
<td>2014/15/16</td>
<td>DisabledGo / PKC HCC/ CILPK</td>
</tr>
<tr>
<td>Monitor requests for and provision of dropped kerbs throughout Perth and Kinross.</td>
<td>2014 - 2017</td>
<td>PKC TES / CILPK</td>
</tr>
<tr>
<td>Increase awareness and knowledge of disabled parking spaces at PRI and knowledge of “drop off” points and waiting areas.</td>
<td>2014 - 2017</td>
<td>P&amp;K CHP / CILPK</td>
</tr>
<tr>
<td>Review prioritisation of deaf equipment supply across Perth &amp; Kinross</td>
<td>2014/15</td>
<td>NESS / PKC HCC</td>
</tr>
<tr>
<td>Support individuals with a sight loss into their local community through the “My Guide” scheme in partnership with Guide Dogs Scotland.</td>
<td>2014 - 2017</td>
<td>VisionPK</td>
</tr>
<tr>
<td>Develop facilities to ensure that up to date IT equipment and training is readily accessible to anyone who is experiencing a significant sight loss to ensure they have equal access to the things that are important to them.</td>
<td>2014 - 2017</td>
<td>VisionPK</td>
</tr>
<tr>
<td>Locally Agreed Priority Action / Activity</td>
<td>Timescale</td>
<td>Named Lead Individual &amp; Agency</td>
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<tr>
<td>----------------------------------------------------------------------------------------------------------</td>
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<td>--------------------------------------------------------</td>
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<tr>
<td>Review adherence of all pedestrian crossings throughout Perth and Kinross to national standards for</td>
<td>2014/15</td>
<td>PKC TES</td>
</tr>
<tr>
<td>time allowed to cross</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Review condition of “nosing” on all external steps at PRI on an annual basis and replace / renew where</td>
<td>2014 - 2017</td>
<td>NHS Tayside (PRI facilities mgt)</td>
</tr>
<tr>
<td>necessary.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Raise awareness of the “Safe Place Scheme” across Perth &amp; Kinross to broaden the range of community</td>
<td>2014/15</td>
<td>PKC HCC</td>
</tr>
<tr>
<td>members with physical and/or sensory impairments can benefit from it.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Link into the PKC CEAG Disability related harassment sub-group and ensure any relevant issued raised are</td>
<td>2014/15</td>
<td>PKC CEAG</td>
</tr>
<tr>
<td>passed to the Joint PD Strategy Group for either action or information.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Raise awareness of the Tayside Wheelchair Outreach Service (charitable organisation) throughout Perth &amp;</td>
<td>2014/15</td>
<td>NHS Tayside (TORT)</td>
</tr>
<tr>
<td>Kinross using local networks such as Shopmobility to publicise.</td>
<td></td>
<td>PKC TES</td>
</tr>
<tr>
<td>Monitor number of applications, badges and the reasons for issuing Blue Badges.</td>
<td>2014/15</td>
<td>PKC TES</td>
</tr>
</tbody>
</table>

ACCESSIBLE TRANSPORT  affordable, flexible travel options across all modes of transport

<table>
<thead>
<tr>
<th>Locally Agreed Priority Action / Activity</th>
<th>Timescale</th>
<th>Named Lead Individual &amp; Agency</th>
</tr>
</thead>
<tbody>
<tr>
<td>Work with colleagues in PKC (Licensing + Public Transport Unit) to survey local taxi / private hire</td>
<td>2014/15</td>
<td>PKC TES &amp; Corp Services</td>
</tr>
<tr>
<td>car (PHC) operators and produce a range of options to improve availability of WAVs. Present proposals</td>
<td></td>
<td></td>
</tr>
<tr>
<td>to taxi trade and PKC Licensing Committee during late 2014 to facilitate a decision on the future</td>
<td></td>
<td></td>
</tr>
<tr>
<td>provision of WAVs.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Work with the Taxi Forum to advocate an increase in availability of “text message” booking</td>
<td>2014/15</td>
<td>PKC TES &amp; Corp Services</td>
</tr>
<tr>
<td>facilities.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Locally Agreed Priority Action / Activity</td>
<td>Timescale</td>
<td>Named Lead Individual &amp; Agency</td>
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<tr>
<td>----------------------------------------------------------------------------------------------------------</td>
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<td>-------------------------------------------------</td>
</tr>
<tr>
<td>Develop a programme of disability and sensory awareness training for local taxi / PHC drivers.</td>
<td>2015/16</td>
<td>PKC TES &amp; Corp Services</td>
</tr>
<tr>
<td>Publish and promote a driver awareness card similar to the Thistle Card, in conjunction with local community groups such as CILPK, VisionPK and NESS.</td>
<td>2014/15</td>
<td>PKC TES &amp; vol sector partners</td>
</tr>
<tr>
<td>Scope options for developing an integrated volunteer driver database, in conjunction with local community groups.</td>
<td>2015/16</td>
<td>PKC TES and vol sector partners</td>
</tr>
<tr>
<td>Promote the marked Blue Badge holders space scheme (marking a bay on the street outside a house without a drive-way) as well as the timely removal of such marking.</td>
<td>2014/15</td>
<td>PKC TES</td>
</tr>
<tr>
<td>Raise awareness of the services offered by Perth Shopmobility scheme including advice prior to buying a motorised mobility scooter etc.</td>
<td>2014/15</td>
<td>PKC TES / Shopmobility.</td>
</tr>
</tbody>
</table>

**PERSONALISED SUPPORT**  self-directed support to help individuals achieve their outcomes

<table>
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<tr>
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</thead>
<tbody>
<tr>
<td>Monitor number of physical impairment and sensory impairment clients, who meet the eligibility criteria, who are offered self directed support, and numbers who take up this opportunity. (% achieving goals set out in their Outcome Focussed Assessment (OFA)</td>
<td>2014/15/16</td>
<td>PKC HCC</td>
</tr>
<tr>
<td>Ensure independent support is available to service users considering the use of self directed support to achieve independent living.</td>
<td>2014/15</td>
<td>CILPK</td>
</tr>
</tbody>
</table>
## SEE HEAR  improve sensory impairment services through partnership working

<table>
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<tr>
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<th>Named Lead Individual &amp; Agency</th>
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</thead>
<tbody>
<tr>
<td>Identify a partnership lead (who may work in the local authority, NHS Health Board or third sector agency) to drive and coordinate local implementation on behalf of the partnership.</td>
<td>2013/14</td>
<td>PKC HHCC / NHS Tayside / Vol Sector partners</td>
</tr>
<tr>
<td>Develop a local partnership which will facilitate discussion, planning and action at local partnership level; partnership engagement, discussion and planning will be critical to the effective use of available funding and the delivery of improved outcomes</td>
<td>2014/15</td>
<td>PKC HHCC / NHS Tayside / Vol Sector partners</td>
</tr>
</tbody>
</table>

## EQUALITIES increase awareness and coordination across partnerships

<table>
<thead>
<tr>
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</tr>
</thead>
<tbody>
<tr>
<td>Develop links to the Perth and Kinross Disability Related Harassment Reporting Group.</td>
<td>2013/14</td>
<td>PKC HCC</td>
</tr>
<tr>
<td>Maintain and further develop links with the Perth and Kinross Corporate Equalities Action Group and PKC Member Officer Working Group</td>
<td>2013/14</td>
<td>PKC HCC</td>
</tr>
<tr>
<td>Training and staff development – PD Strategy group members will develop a “Directory” of locally available physical disability / sensory impairment training and awareness raising opportunities.</td>
<td>2013/14</td>
<td>P&amp;K Joint PD Strategy Group</td>
</tr>
<tr>
<td>Monitor ethnicity of service users on an annual basis</td>
<td>2014/15</td>
<td>VisionPK/NESS/CILPK</td>
</tr>
<tr>
<td>Locally Agreed Priority Action / Activity</td>
<td>Timescale</td>
<td>Named Lead Individual &amp; Agency</td>
</tr>
<tr>
<td>-----------------------------------------------------------------------------</td>
<td>-----------</td>
<td>-------------------------------</td>
</tr>
<tr>
<td>Monitor ethnicity of community care service users on an annual basis</td>
<td>2014/15</td>
<td>PKC HCC</td>
</tr>
</tbody>
</table>
7 Monitoring and Reporting

As part of the performance management arrangements for this Strategy we will report at least annually to the Perth and Kinross Council Housing & Health Committee, Perth and Kinross Community Health Partnership Committee and to the Perth and Kinross Community Planning Partnership Integrated Health & Social Care Partnership Board with a progress report on all actions contained within the Implementation Plan.

We will also take the opportunity to enter into two-way communication with a number of other partnership structures such as the Perth and Kinross Council Corporate Equality Action Group.

8 Have Your Say

This Strategy is a working document and will be reviewed throughout its three year life. Feedback is sought on a continuous basis.

Is the Strategy available in other formats?

The Strategy is available in large print and a shorter summary version can be made available in Easy Read, Braille, audio and BSL DVD.

Please use the contact details below for further information or to request copies in alternative formats.

How can you have your say on the Strategy?

You can write with your comments to:

Rhona Pollok
Planning & Policy Officer
Perth & Kinross Council
5 Whitefriars Crescent
PERTH PH2 0PA
01738 476772 rmlpollok@pkc.gov.uk
Council text number 07824498145
APPENDIX 2  NATIONAL AND LOCAL STRATEGIC DOCUMENTS

This Strategy has taken cognisance of the direction given in these various documents and used this to shape the discussion around agreeing the areas for action.

The **Adults Support and Protection Act (ASP) 2007** aims to improve the quality of life for adults who are in receipt of social and healthcare services. The ASP Act aims to help identify adults at risk of harm, provide support to them when they need it, and provide the means to protect them from harm.

The Adults Support and Protection Act (ASP) 2007

The **Adults with Incapacity Act (AWI) 2000** aims to help people who lack capacity to make some or all decisions for themselves. It enables carers or others to make welfare, healthcare and financial decisions on their behalf.

The Adults with Incapacity Act (AWI) 2000

The **Housing Scotland Act 2006** aims to raise standards in the rented sector and improve the conditions of privately owned homes. Locally this is re-enforced within the Perth & Kinross Housing Strategy which sets out plans to improve and sustain local neighbourhoods, improve housing conditions, meet housing needs, and to widen housing choice.

The Housing Scotland Act 2006
http://www.legislation.gov.uk/asp/2006/1/contents

**Better Health Better Care 2007**, for NHS partners, takes forward the Scottish Government’s plans for health and focuses on delivering services in communities closer to where people live, continuing to raise the quality of services and reduce variation in clinical practice, ensuring services are delivered at a time when people need them, tackling inequalities to maximise people’s participation in their local community and improve quality of life for them, their families and carers, addressing long term conditions.

Better Health Better Care 2007

**National Strategy for Self-directed Support 2010 / The Social Care (Self Directed Support) (Scotland) Act 2013** the national strategy for Self Directed Support was launched on 23 November 2010. SDS is often described as the *personalisation* of social and health care. It sets out a 10 year vision which aims to give people more choice and control over their health and social care and support. The strategy was produced in partnership with the Convention of Scottish Local
Authorities. Both the Scottish Government and CoSLA hold that people should be able to maximise choice and control over any formal support they require.

http://www.selfdirectedsupportscotland.org.uk/strategy/

**Personalisation: principles, challenges and a new approach; a statement by the Association of Directors of Social Work 2009.**
The personalisation of social care will help people be supported to live the lives that they want to live. From being passive recipients of services, people will become increasingly involved in shaping the support they require to achieve mutually agreed outcomes.
Personalisation fundamentally moves the location of power, decision-making and expertise from the system to the people who may need support. It is the practical application of principles and values that aim to support, encourage and assist individuals to retain, reclaim or discover elements of themselves that are essential to their humanity. In this new environment, more people will not require formal services. A 'one size fits all' approach is not what we want for ourselves, but can be what we deliver.

**Personalisation: principles, challenges and a new approach; a statement by the Association of Directors of Social Work 2009.**
Personalisation: ADSW

**The Equality Act 2010** replaces previous anti-discrimination laws with a single Act. It removes inconsistencies and strengthens the law in important ways, to help tackle discrimination and inequality. A key measure in the Act is the **Public Sector Equality Duty** which places a duty on public bodies to consider the needs of all individuals in their day to day work.
The Equality Act 2010 (containing the Public Sector Equality Duty )

**The Healthcare Quality Strategy for NHS Scotland 2010** is a new approach to improving healthcare quality with three stated quality standards:
- Mutually beneficial partnerships between patients, their families and those delivering healthcare services. Partnerships which respect individual needs and values and which demonstrate compassion. Continuity, clear communication and shared decision-making.
- No avoidable injury or harm from the healthcare they receive, and that they are cared for in an appropriate, clean and safe environment at all times.
- The most appropriate treatments, interventions, support and services will be provided at the right time to everyone who will benefit, with no wasteful or harmful variation.
The “Christie” Commission on the future delivery of public services in Scotland 2011 maps out a way forward for the reform of public services. The recommended approach is based on a thorough understanding of how public services could improve the quality of life and outcomes for the people of Scotland, while focusing relentlessly on driving out costs.

Priorities identified by the “Christie” Commission include:

- Recognising that effective services must be designed with and for people and communities – not delivered “top down” for administrative convenience.
- Working closely with individuals and communities to understand their needs, maximise talents and resources, support self-resilience and build resilience.
- Prioritising preventative measures to reduce demand and lessen inequalities.
- Concentrating the efforts of all services on delivering integrated services that deliver results.

Get Active…your way, every day NHS Health Scotland 2013 is the NHS Health Scotland pledge to increase levels of physical activity and active recreation in every part of the population. The core message is that everyone can benefit from being more active and being more active is something that everyone can do.

Get Active…your way, every day NHS Health Scotland 2013
Get Active: Your Way Every Day

The Telehealth & Telecare National Delivery Plan 2013 – 2015 This national delivery plan sets out the vital contribution that telehealth and telecare will make to implement key health, care and housing strategies in Scotland over the next three years (2012 – 15). Telehealth and telecare are well aligned and are critical enablers for the four public service reform – prevention, partnership, workforce development and performance.

A National Telecare Plan for Scotland

The Welfare Reform Act 2012 shall bring about the biggest change to the welfare system for many years. The benefits system will be simplified with changes to the
assessment process and entitlements. ‘Universal Credit’ shall replace most existing benefits. The changes shall affect thousands of households and may result in a reduction of income in households where people live with a physical and/or sensory impairment. The Welfare Reform Act 2012 also makes provision for the Government Work Programmes and other planned reforms which require public and voluntary sector agencies to improve employability services for clients with additional support needs who are farthest from the job market. The Welfare Reform Act 2012
http://www.legislation.gov.uk/ukpga/2012/5/contents/enacted

The Public Bodies (Joint Working)(Scotland) Bill May 2013 aims to ensure “seamless, joined up, quality health and social care services’ for adults, predominantly older people”.
The Public Bodies (Joint Working)(Scotland) Bill May 2013

UK Vision Strategy 2013-2018
Originally launched in 2008, the Strategy seeks to support a major transformation in the UK’s eye health, eye care and sight loss services. In 2013, the 2013-2018 Strategy was launched. The revised Strategy outcomes are:
- Everyone in the UK looks after their eyes and sight
- Everyone with an eye condition receives timely treatment and if a permanent sight loss occurs, early and appropriate services and support are available and accessible to all.
- A society in which people with a sight loss can fully participate.

UK Vision Strategy 2013 - 2018
UK Vision Strategy 2013 - 2018

Scottish Vision Strategy 2013 has been ‘refreshed’ following the most recent revision of the UK Vision Strategy. The current version urges the development and implementations of plans to tackle visual impairment.
- Improving the eye health of the people of Scotland
- Eliminate avoidable sight loss and deliver excellent support to those with a visual impairment
- To enhance the inclusion, participation and independence of blind and partially sighted people.
Scottish Vision Strategy 2013 – 18

See Hear: A strategic framework for meeting the needs of people with a sensory impairment in Scotland 2014 is a Scottish Government document which covers cradle to grave sensory impairment and is set against a background of
increasing demand, the requirement for greater efficiency and effectiveness within available resources and the move to Health and Social Care Integration. See Hear: A strategic framework for meeting the needs of people with a sensory impairment in Scotland 2014
http://www.scotland.gov.uk/Publications/2013/04/2067/0


Fulfilling Potential: making it happen, DWP 2013


Employability - Fulfilling Potential: making it happen. DWP July 2013
http://odi.dwp.gov.uk/docs/fulfilling-potential/making-it-happen.pdf


2.2 Local Perth & Kinross Policy Context

This Strategy complements, and is consistent with, other Perth and Kinross plans and strategies such as the:

Local Strategy Documents:

This Strategy complements, and is consistent with, other local Perth and Kinross plans and strategies including the following:

TACTRAN Regional Transport Strategy 2008-2023
http://www.tactran.gov.uk/documents/2.RTSSummarySep08.pdf

Strategic Framework for Sport and Active Recreation in Perth & Kinross 2011 - 2015
http://www.pkc.gov.uk/localhousingstrategy

Perth and Kinross Joint Mental Health & Wellbeing Strategy 2012 - 2015
http://www.pkc.gov.uk/article/4560/Mental-Health-and-Wellbeing-Strategy


Perth and Kinross Community Plan 2013 – 2023
http://www.pkc.gov.uk/communityplanning

Perth and Kinross Community Health Partnership Strategic Plan (DRAFT) 2013
(No link)

http://www.pkc.gov.uk/CHttpHandler.ashx?id=23132&p=0

Perth and Kinross Employability Network Action Plan 2011/14
http://www.pkc.gov.uk/CHttpHandler.ashx?id=1017&p=0

Perth and Kinross Local Development Plan 2014 - 2024
http://www.pkc.gov.uk/CHttpHandler.ashx?id=23633&p=0
APPENDIX 3  A Framework of Action for Independent Living in Scotland

Disabled people across Scotland and their organisations have drawn up a list of the rights that disabled people need for independent living.

- A decent income including state benefits for those assessed as being unable to work

- Accessible and adapted housing is required with the need for houses to meet agreed standards e.g. housing for varying needs

- Personalised Support should be available, after assessment, through direct payments or self-directed support to enable people to achieve their desired outcomes. This may include the use of direct payments or self directed support to achieve choice, control and flexibility.

- Accessible information – that is readily available so that people can participate in all aspects of life.

- Communication support – that is readily available so that people can participate in all aspects of life.

- Advocacy and working towards self-advocacy, funding to enable provision of advocacy and support the development of self-advocacy through confidence building, peer support and other learning.

- Technical aids. Equipment and technology are important in reducing barriers and promoting a better life for disabled people.

- Enable access to education and lifelong learning that is accessible for disabled people.

- Deliver equal opportunities for meaningful employment and training for work.

- Accessible and inclusive integrated health and social care for physical, emotional and mental health for people living with physical and/or sensory impairment. This will include access to appropriate rehabilitation services including aids and adaptations to optimise independent living.

- Peer support including organisations led by and for disabled people.
• Meaningful opportunities for civic and political participation, citizenship and involvement in decision making.

• Access to the environment including access to buildings, transport, parking, public spaces, streets, pavements, workplaces as well as shopping areas.

• Accessible and affordable transport which will allow for a degree of both spontaneity and flexible travel arrangements.

(Adapted from Rights to Reality: A Framework of Action for Independent Living in Scotland 2013 to 2015)