

Self-Directed Support (SDS)

Self-directed support is a new way of paying for services that gives people more choice and control over the services they get. There are a number of ways to manage this. One way is through a direct payment.

You can find out more about SDS by calling the telephone number below or visit this website at:

www.selfdirectedsupportscotland.org.uk/

Money Matters

It can be difficult to manage money after leaving school. The Transitions Team will provide advice and support with finances, welfare benefits and charges for services.

Further Information

If you require any further information, please contact us:

Tel 01738 475000

Email HCCLDSocialwork@pkc.gov.uk

If you or someone you know would like a copy of this document in another language or format, (on occasion only a summary of the document will be provided in translation), this can be arranged by contacting
Customer Service Centre on 01738 475000.

إن احتجت أنت أو أي شخص تعرفه نسخة من هذه الوثيقة بلغة أخرى أو تصميم آخر فيمكن الحصول عليها (أو على نسخة معدلة لملخص هذه الوثيقة مترجمة بلغة أخرى) بالاتصال ب:
الاسم: Customer Service Centre
رقم هاتف للاتصال المباشر: 01738 475000

اگر آپ کو یا آپ کے کسی جاننے والے کو اس دستاویز کی نقل دوسری زبان یا فارمیٹ (بعض دفعہ اس دستاویز کے خلاصہ کا ترجمہ فراہم کیا جائے گا) میں درکار ہے

تو اس کا بندوبست سروس ڈیولپمنٹ Customer Service Centre سے فون نمبر 01738 475000 پر رابطہ کر کے کیا جاسکتا ہے۔

如果你或你的朋友希望得到這文件的其他語言版本或形式 (某些時候，這些文件只會是概要式的翻譯)，請聯絡
Customer Service Centre 01738 475000
來替你安排。

Jeżeli chciałbyś lub ktoś chciałby uzyskać kopię owego dokumentu w innym języku niż język angielski lub w innym formacie (istnieje możliwość uzyskania streszczenia owego dokumentu w innym języku niż język angielski), Proszę kontaktować się z
Customer Service Centre 01738 475000

P ejete-li si Vy, alebo n kdo, koho znáte, kopii této listiny v jiném jazyce anebo jiném formátu (v n kterých p ípadech bude p oloženo pouze stru ný obsah listiny)
Kontaktujte prosím Customer Service Centre 01738 475000 na vy ízení této požadavky.

Если вам или кому либо кого вы знаете необходима копия этого документа на другом языке или в другом формате, вы можете запросить сокращенную копию документа обратившись
Customer Service Centre 01738 475000

Ma tha thu fhèin neo duine a dh'aithnicheas tu ag iarraidh leth-bhreacadan phàipear seo ann an cànan eile neo ann an cruth eile, (aig amannan cha bhith ach gearr-chunntas a-mhàin ri fhaighinn air eadar-theangachadh) faodar seo fhaighinn le bhith a' cur fios gu:
Customer Service Centre 01738 475000

All Council Services can offer a telephone translation facility

www.pkc.gov.uk

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A Short Guide to Transitions



From School to Adulthood

Supporting young people with learning disabilities and/or autism to plan ahead for leaving school

Who receives support with transitions?

Young people with a learning disability or autism who have been formally assessed as requiring additional support will be eligible for this Transitions Service. A qualified social worker will assess the young person for this purpose at least two years before they leave school.

Young people with additional support needs for conditions such as dyslexia, dyspraxia or attention deficit hyperactivity disorder are not eligible for this particular service. Instead, schools will arrange for other services to offer the right supports.

What support is provided?

Transitions Services support young people with these additional needs to make the best decisions about future choices such as college, employment and housing. This may include guidance on money matters, job hunting, healthcare, or support at home.

Transitions Services will keep parents and family carers fully involved, inviting them to review meetings, and taking their views into account in assessments and planning for the future.

Who provides the support?

Because young people will need access to a range of services and resources, there are several organisations offering help. A Transitions Key Worker will be allocated at the very beginning of the journey to co-ordinate the involvement of all the various organisations.

Transitions Key Workers are qualified social workers and social work assistants, working in adult learning disability services for Perth & Kinross Council.

What is the Personal Outcomes Plan (POP)?

This is the main plan for the young person's ongoing support after leaving school. It is shaped by the young person's needs and wishes for the future.

The areas covered in the POP generally fall under the following headings, but may vary depending on the young person's particular needs:

- ➡ *housing and coping in your home;*
- ➡ *feeling safe at home and when you are out;*
- ➡ *college, further education and training;*
- ➡ *employment;*
- ➡ *staying healthy and active;*
- ➡ *having things to do: hobbies and social life;*
- ➡ *seeing people and making friends.*

It is usual for more than one organisation to be involved in providing services and support to the young person. The POP will tell you the roles of all the services so you know what to expect from each one.

The POP will show:

- ➡ *what needs to be done;*
- ➡ *how this will be done;*
- ➡ *who will do this and when.*

Starting the Process

The school will arrange for the Child Health Team and the Transitions Services to start working with the young person and their family. Preparations may start as early as Primary 6 or 7 and no later than two years before leaving school.



Preparation

From S1 through to S4 or S5, the school will invite the young person and their family to yearly review meetings. As the school leaving date draws nearer, more time will be spent on preparing for adult life. Transition Services will provide support throughout.



The Personal Outcome Plan (POP)

Two years before the young person leaves school, the Transitions Key Worker will assess their support needs and what they want to do in the future. This will shape the young person's Personal Outcome Plan.



Leaving School

Before the young person leaves school, the Transitions Service will arrange for ongoing support to be provided by the appropriate Adult Team, so that there is a smooth transition.