

FAMILY SUPPORT WORK



Working with 0–4 year old children and their families at City of Perth Early Childhood Centre

Family Support Work offers support to children and families at nursery

This could include supporting parents to become :

- **more involved in their children's learning and development**
- **strengthen family relationships**
- **cope with day to day situations**
- **improve the child's behaviour.**

The Family Support Worker can help by:

- **Providing a link between home and nursery**
- **Offering support for parenting**
- **Offering parenting programmes including Incredible Years (Parenting programme for parents with 3 year old children)**
- **Providing support to individual children and their families/carer's**
- **Working with families at home**
- **Working with other support agencies**
- **Working with groups of parents/carer's and children in nursery, schools and the community**
- **Offering parents and carers the opportunity to network and meet others**

- **Organising Parent and Child activities**
- **Helping with Family Clubs and holiday activities**
- **Offering Transition support**
- **Supporting appointments and meetings**
- **Signposting to other helpful relevant services**



When would you contact the Family Support Worker?

There are many issues that might affect how children learn, grow and develop and how they cope in nursery, at home and in other areas of their lives.

If you have any concerns about your child a chat with the Family Support Worker may help.

How do you contact the Family Support Worker?

Speak with nursery staff or other service worker. You don't have to explain what it's about if you don't want to. If you would like support they will ask the Family Support Worker to contact you.

What will happen after that?

The Family Support Worker will contact you to arrange a meeting. The meeting will identify the type of support you think is most suitable.

The Family Support Worker will plan and work with you in achieving positive change.



Other services the Family Support Worker works with:

- **Strengthening Families**
(Parenting programme for parents and young people aged 10 years)
- **Child and Adult Health**
- **Social Work**
- **Behaviour Support**
- **Citizen's Advice Bureau**
- **Speech & Language Services**
- **Benefits agencies**
- **Adult Learning Team**
- **Family Learning Team**
- **Local community groups**
- **Housing & Community Care**
- **Voluntary Agencies assisting children and families**

The Parenting & Family Learning Team also offers groups in the local community for parents and children. These include:

**PEEP
SPACE
Infant Massage
Bookbug
Small Wonders
Small Talk**

**FAMILY SUPPORT WORKER
CHRISTINE CATTANACH**

For further information or to speak to Christine directly contact :

**CITY OF PERTH EARLY CHILDHOOD CENTRE
EVERY TUESDAY & WEDNESDAY
01738 472230**

THE PARENTING & FAMILY LEARNING TEAM:

01738 477697

www.pkc.gov.uk/parenting

