

JOIN IN GROUP

The opportunity to access various community activities in the Blairgowrie & Strathmore areas.

The JIG facilitates community based activities which not only benefit individuals but also the whole community.



Are you isolated and want to get out?

Would you like to access community activities due to:

- Learning Disability
- Mental Health
- Substance Misuse

Contact Us

JoinInGroup
@pkc.gov.uk



01250 871919

JOIN IN GROUP

- An increase in the quality of life through accessing opportunities within the community which provide a more naturally occurring lifestyle.
- Greater choice and control over their day to day routine.
- Personalised opportunities and activities.
- Increased opportunities created for the wider community.
- Varied, stimulating and popular programme of activities.
- Increased partnership working between local agencies.
- Increased opportunities to volunteer.
- Increased use of existing community resources.

If you or someone you know would like a copy of this document in another language or format, (on occasion, only a summary of the document will be provided in translation), this can be arranged by contacting the Customer Service Centre on 01738 475000.

You can also send us a text message on 07824 498145.

All Council Services can offer a telephone translation facility.



**PERTH &
KINROSS
COUNCIL**

Housing &
Community Care

If you need support with:

- Mobility
- Personal Issues

Feel free to bring friend / support worker.

All activities are facilitated by:

- Community Partners
- NHS Tayside
- Live Active
- Perth & Kinross Council
- Local Businesses

Registration Required

Some activities are charged ££.