

# Treasure Pouches

Treasure Pouches have been developed as a portable activity for parents and babies. They are light and can easily fit into a changing bag or pram.



*By using the Treasure Pouches to play with your baby you are helping to develop early communication and language skills while having fun together.*

**NHS**  
Tayside



Babies learn from the Treasure Pouches by looking, touching, sucking, licking, banging, picking up and dropping. It gives babies the chance to explore and promotes curiosity about the world around them.

You can start using your Treasure Pouch from your baby's first few weeks onwards. Sit with your baby and play with the contents together. Please remember not to leave your baby unattended with their Treasure Pouch.



### **Pouch**

Getting started - you will need a large pencil case, make-up bag or a toilet bag.



### **Scrunchie**

*Gently move over your baby's head - let them reach, touch and hold.*



### **Small piece of material**

*Great fun to play peek-a-boo.*



### **Brush**

Any soft brush can be used, eg pastry brush, make-up brush or a small paint brush.

*Your baby will enjoy being tickled all over.*



### Shaker

You can use any small container and add some pasta, rice, dried peas or lentils. Just make sure that the lid is secure.

*Your baby will love to hear the sound this makes and will soon be doing it themselves.*



### Peg

Only use wooden pegs like the ones in the picture for safety reasons.

*Great for holding, sucking and banging.*



### Jam jar lid and teaspoon

*Holding and tapping - your baby will soon be copying you.*



### Small nail brush or toothbrush

*A new texture for your baby to explore.*

You can add to the Treasure Pouch when you find something you think your baby would enjoy exploring. Make sure any items you add are safe and big enough that your baby cannot choke on it.



**Treasure Pouches were developed by  
Perth & Kinross Council Parenting Team**

**[pkc.gov.uk/parenting](http://pkc.gov.uk/parenting)**

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