


# Frequently Asked Questions

## What kind of things can a psychologist help with?

These are only some of the many areas where psychologists can be involved:

- Family difficulties
- Challenging behaviour
- Learning difficulties
- Support for staff
- Raising attainment for a group of children
- Developing emotional wellbeing on a school-wide level

## How can I access the Psychology Service?

Access to services is identified following  [consultation \[37kb\]](#), usually through ongoing links with school communities and other establishments. The service can also be accessed directly via the contact details on this page.

## What about confidentiality?

We work within the policies of [Perth & Kinross Council](#) and the [Health and Care Professions Council](#), with regards to Child Protection and sharing information. We will respect the confidentiality of information unless the safety and wellbeing of any child or young people may be at risk.

Young people can request a confidential consultation and have the right to be consulted about the involvement of the psychology service.

## What if I have any concerns about the service provided?

The matter should firstly be taken up with the relevant psychologist. If this fails to answer your concerns, the matter should be discussed with the Principal Psychologist.