



**SMART RECOVERY** runs mutual support meetings. Through open and confidential discussion we can help ourselves and each other with any type of addictive behaviour. [**Self Management and Recovery Training**]

**WE** are running two days of Smart Facilitator training , to enable people to help support our SMART Recovery Mutual Aid Groups. These groups support people with all addictive behaviours. The training is open to Peers and interested groups.

- **The Training is on the 8<sup>th</sup> and 9<sup>th</sup> May from 9:30-16:30 in the North Inch Campus. Please note it is important to come to both days.**

Or RefocusPK (google and you will find all our local information)

**Liam: 07825 256999 or [ljmclaughlin@pkc.gov.uk](mailto:ljmclaughlin@pkc.gov.uk) to book a place or discuss**