

# Health and Wellbeing Café



Perth and Kinross Health and Social Care Partnership



**The café is a weekly gathering where people with dementia, Parkinson's, MS, brain injuries, or anybody who would like support, can be in a safe and welcoming environment with their family, caregivers and friends.**

Volunteers and health and social care professionals will be on hand each week to provide emotional support, advice/guidance, information and social opportunities for people who drop in to the café.

The café will be open each Wednesday afternoon between 2.00 pm - 4.00 pm at the Salvation Army Café in King Edward Street, Perth. Everyone is welcome to come along, say hello and have a chat.

To find out more please drop into the café, or contact:

**Andy Bennett**  
Tel **01738 474566**

or

**Diane McLellan**  
Tel **01738 476831**