

#### My name is:

#### You can contact me at:

Education & Children's Services Perth & Kinross Council Council Building 2 High Street PERTH PH1 5PH

My phone number is:

### My email address is:

#### A note to parents and teachers: please give the child the help they need to understand this leaflet.

If you or someone you know would like a copy of this document in another language or format, (on occasion, only a summary of the document will be provided in translation), this can be arranged by contacting the Customer Service Centre on 01738 475000.

You can also send us a text message on 07824 498145.

All Council Services can offer a telephone translation facility.

www.pkc.gov.uk (PKC Design Team - 2017301)

What is an

Educational sychologist?

Guide

COUNCI

Education & Children's Service

## Getting into lots of trouble?

These things can happen to anybody. Sometimes they last for a day or two and go away. Sometimes they can go on and on.



### Feeling unhappy because something upsetting has happened?

Parents and teachers can try to help sort things out. Educational Psychologists are often in school and sometimes parents and teachers will ask us to help out too.

You have the right to be asked how you feel about this.





# Not getting on with friends?

You can speak to us about anything. We won't tell anyone what you say unless:

- you say it's ok.
- It's something adults need to know to keep you safe or to keep other children safe.



## Finding schoolwork hard?

We'll listen to you and talk to your parents and teachers to see how you're getting on. We may look at your work, see how you are getting on in class, or work with you.