

## Perth & Kinross Care Home

### Generic Falls Environmental Risk Assessment

Bathroom and shower rooms	Area of consideration			Remedial action required to address significant finding
	Yes	No	N/A	
Are floor coverings of bath/shower rooms a different colour from wall coverings?				
Are floor coverings provided with a non-slip surface?				
Are floor coverings free of defects?				
Is a system in place to ensure spillages are cleaned up without delay to prevent slippage risks?				
Are handrails positioned properly and securely next to toilet, shower and bath?				
Are raised toilet seats available which are well fitting and secure?				
Do toilets have surrounds to provide support for user getting on/off?				
Are non-slip mats used in bath/shower?				
Are receptacles for soap/shampoo easy to reach and do not require user to bend over?				
Do all shower chairs have adjustable legs, armrests and rubber stoppers on legs?				
Do commode chairs have wheels, castors, brakes that work smoothly and effectively?				
Do all shower chairs and commode chairs have seat belts or safety bars?				
Are areas immediately around bath and sink marked in contrasting colours?				
Is there room for a seat in/near shower?				
Are call buttons accessible from a sitting position in the shower?				
Is suitable transfer equipment (side loading trolley, hoist, etc) provided for users?				
Is bathroom/shower room free of stored materials that could present a tripping risk?				
Is bathroom/shower room door able to be opened/closed easily by user?				
Is bathroom/shower room free of a change in floor level?				
Is bathroom/shower room provided with adequate lighting?				
Passageways	Yes	No	N/A	
Are passageway floor coverings a different colour from wall coverings?				
Are floor coverings in passageways free of defects?				
Is a system in place to ensure any spillages are cleaned up without delay?				
Are passageways provided with adequate lighting?				
Are passageways free of a change of floor level?				
Are adequate handrails provided along length of the passageway?				
Are passageways wide enough to allow people				

to pass each other?				
Are passageways maintained free of stored materials?				
Are doors across passageways maintained in the open position by hold open devices connected to the fire alarm?				
Are all cables positioned so that they do not present a tripping hazard to users?				
<b>Common dining area</b>	<b>Yes</b>	<b>No</b>	<b>N/A</b>	
Are floor coverings of dining area a different colour from wall coverings?				
Are floor coverings in dining area free of defects?				
Is a system in place to ensure any spillages are cleaned up without delay?				
Is the dining area provided with adequate lighting?				
Is floor covering in dining area free of change of floor level?				
Is dining area maintained free of stored materials?				
Are all cables positioned so that they do not present a tripping hazard to users?				
<b>Common lounges</b>	<b>Yes</b>	<b>No</b>	<b>N/A</b>	
Are floor coverings of the lounges a different colour from wall coverings?				
Are floor coverings in lounges free of defects?				
Is a system in place to ensure any spillages are cleaned up without delay?				
Are the lounges provided with adequate lighting?				
Are floor coverings in lounges free of change of floor level?				
Is lounge area maintained free of stored materials?				
Is furniture in lounge area arranged so that tripping hazards are minimised?				
Are all cables positioned so that they do not present a tripping hazard to users?				
<b>Stairs and internal ramps</b>	<b>Yes</b>	<b>No</b>	<b>N/A</b>	
Is the height of the steps the same throughout the whole length of the stair or stairwell?				
Are the nosings (edge of step) square edged, highly visible and provided with a non-slip finish?				
Are steps of stairs free of defects and provided with a non-slip finish?				
Are suitable handrails provided on stairs?				
Are stairs provided with adequate lighting?				
If an internal ramp is provided has it been clearly identified?				
Is the floor covering on ramp free of defects?				
Is the slope of the ramp suitable?				
Is ramp provided with adequate lighting?				
Is ramp provided with suitable handrails?				
<b>Lifts</b>	<b>Yes</b>	<b>No</b>	<b>N/A</b>	

Is the lift floor covering a different colour from the wall coverings?				
Is floor covering in lift free of defects and provided with a non-slip finish?				
Are suitable handrails provided in lift?				
Are call buttons arranged so that they can be easily reached by users?				
Does the lift stop level with floor landing?				
Is the lift provided with adequate lighting?				
<b>External</b>	<b>Yes</b>	<b>No</b>	<b>N/A</b>	
Are external footpaths/ areas used by users (e.g. car park) even and free of defects?				
Is a system in place to ensure external routes are maintained free of slipping/ tripping hazards e.g. falling leaves, moss, uneven paving, pot holes?				
Is a winter maintenance procedure in place that monitors footpaths/roadways to ensure they remain free of contaminants e.g. ice?				
Are footpaths/ roadways free of a change of level that present a tripping hazard?				
If a ramp is provided is the slope of the ramp suitable?				
If a ramp is provided is the surface free of defects?				
If a ramp is provided are suitable handrails provided?				
Are external footpaths, roadways and ramp provided with suitable lighting?				
Are door mats to remove possible contaminants from feet suitable?				

#### References

- *Queensland Health general environmental checklist - [www.health.qld.gov.au/fallsprevention/best\\_practice](http://www.health.qld.gov.au/fallsprevention/best_practice)*
- *All Wales Falls Framework*
- *"Minimising the risk of falls & falls related injuries – Victoria Quality Council*

#### Generic Environmental Checklist

The Generic Environmental Checklist pertains to the entire environment within the care home and its grounds where service users might spend some of their time.

#### Instructions for Use:

- Overall responsibility to ensure the completion of the environmental checklist lies with the home manager. This is necessary as remedial action may involve major and/or costly modifications to the area or changes in the operational activities within the area.
- The checklist should be carried out at least annually

