



# Wellbeing Campaigns Calendar 2018

To access information about any of the campaigns, simply click on the title

January	February	March	April	May	June
<p><b>28</b> <a href="#"><u>Homelessness Sunday</u></a></p>	<p><b>1</b> <a href="#"><u>Breathing Space Day</u></a></p> <p><b>5-11</b> <a href="#"><u>Children's Mental Health Week</u></a></p> <p><b>11</b> <a href="#"><u>Poverty Action Sunday</u></a></p> <p><b>26 Feb-4 Mar</b> <a href="#"><u>Eating Disorders Awareness Week</u></a></p>	<p><b>26 Feb-4 Mar</b> <a href="#"><u>Eating Disorders Awareness Week</u></a></p> <p><b>1</b> <a href="#"><u>Self-harm Awareness Day</u></a></p> <p><b>8</b> <a href="#"><u>International Women's Day</u></a></p> <p><b>20</b> <a href="#"><u>International Day of Happiness</u></a></p> <p><b>26 Mar-2 Apr</b> <a href="#"><u>World Autism Awareness Week</u></a></p>	<p><b>26 Mar-2 Apr</b> <a href="#"><u>World Autism Awareness Week</u></a></p>	<p><b>7-27</b> <a href="#"><u>Scottish Mental Health Arts Festival</u></a></p> <p><b>14-20</b> <a href="#"><u>Mental Health Awareness Week</u></a></p> <p><b>14-20</b> <a href="#"><u>Deaf Awareness Week</u></a></p>	<p><b>1-7</b> <a href="#"><u>Volunteers' Week</u></a></p> <p><b>11-17</b> <a href="#"><u>Carers Week</u></a></p>
July	August	September	October	November	December
<p><b>24</b> <a href="#"><u>24/7 Samaritans Awareness Day</u></a></p>	<p><b>12</b> <a href="#"><u>International Youth Day</u></a></p>	<p><b>10</b> <a href="#"><u>World Suicide Prevention Day</u></a></p>	<p><b>10</b> <a href="#"><u>World Mental Health Day</u></a></p>	<p><b>7</b> <a href="#"><u>National Stress Awareness Day</u></a></p>	<p><b>5</b> <a href="#"><u>International Volunteers Day</u></a></p> <p><b>10</b> <a href="#"><u>Human Rights Day</u></a></p>

Created by PLUS Perth

01738 626242

