

Note due to the changing circumstances and guidance being received from the Westminster and Scottish Government on a daily basis these supports are evolving and changing.

Strathearn & Strathallan Area

Community Volunteer Help	Contact
<p>Braco and Green Loaning Facebook Page <i>local community support – volunteers – supports – drivers</i></p>	<p>https://www.facebook.com/bracoandgreenloaning/?_tn=%2Cd%2CP-R&eid=ARB_qHp7Ozn2cscQ8iJ_KrLASM0IctuIO_5F2IN6eneqx_TElc_TEOzjaKo3_36nix8InCZgOgzIRbNle Ardoch Development Trust</p> <p>Fiona Watson - fionawatsonbraco@yahoo.co.uk 01786 880256</p> <p>food shopping/providing any additional reassurance and support within our competence/delivering leaflets to update community/hardship fund</p> <p>Give and take boxes</p>
<p>Comrie Facebook Page <i>People have also been posting with offers of help.</i></p>	<p>https://www.facebook.com/Comrie-Perthshire-110374409036990/</p>
<p>Comrie Community Council <i>Have set up a helpline, with volunteers answering a phonenumber in the church. Volunteers are supporting individuals with shopping, dog walking, friendly chat over the phone etc.</i></p>	<p>Tim Lucas – Secretary Helpline - 07515829272</p>

Dunning Cares

Coordinating local support with the shop

Dunning Scouts

Acting as intermediaries for anyone who requires help, groceries, medical supplies, dog walking etc.

Dunning

Nisa Local shop is the hub for community. Dunning Scout Group & Nisa Village Shop working together to reduce number of visits to the shop. Scouts now delivering almost all newspapers

1. Store opening times now back to normal 6am till 9pm
2. Maximum of 3 customers in the store at any given time
3. NO customer contact with staff and vice versa, staff with customers
4. Social distancing applies inside and outside the store at all times
5. The Post Office will only be paying out pensions and benefits. NO other transactions will take place. Opening hours will be 9am-11am.
6. Please have a list of your essentials and reduce your number of visits.

I understand these measures will impact many within our community but hope all understand the reasons for them. We aim to play an important and vital part in sustaining the sick, the elderly and the housebound through these difficult times. We can only do this if we and our staff remain healthy.

Please remember our wonderful staff are putting their health on the line to serve their community in its hour of need. Rudeness to any member of staff WILL NOT be tolerated.

Thank for your patience and understanding. Thank you for supporting your local family business

https://www.facebook.com/DunningCC/?__tn__=%2Cd%2CP-R&eid=ARCvjWQG7ZFkpQPu9J0HMCLj4_Pxae93vUwp_ayrbg9HIhoG6rQYhlyqnxGkl29PfJDlp6x23zMped3

Nathan Critchlow volunteer coordinator

Nathan.critchlow@icloud.com

07540979241

To sign up to volunteer go to <https://scouts.dunning.rocks/help>

gsl@dunning.rocks

[07540979241](tel:07540979241)

Managed by Zara and Bear
01764 684213

dunningnisa@yahoo.co.uk

Dunning Hotel 2 station road, Dunning, PH2 0RH

Takeaway food evenings -
Monday Curry, Tuesday Chippy, Wednesday Steak Night, Thursday-Sunday – full menu

01764 684242

thedunninghotel@outlook.com

<p>Dunning Kirkstyle Inn The Square, Dunning PH2 0RR</p> <p>Takeaway based on usual menu, includes a range of Pizzas</p>	<p>01764 684248 thekirkstylepubcompany@gmail.com</p>
<p>Auchterarder’s Community Blue Door (Foodbank)</p> <p>COVID-19 Guidelines. During the current pandemic, the Blue Door will be keeping strictly to the Scottish Government and Church of Scotland Guidelines.</p> <ul style="list-style-type: none"> • Masks must be worn within the building. • A 2metre distance must be kept between visitors to the foodbank. • Hands must be sanitised on entry and exit • Only 1 visitor allowed at any one time <p>----- -----</p> <p>Crieff ConneXions - connecting people, services and life opportunities</p> <p>Currently, with tier 4 restrictions, and those just announced, we have restricted the hours of opening but are still providing essential food and uniform to those needing it. As we move into the New Year we will be looking at when it is possible to open more fully and what activities we can prioritise.</p> <p>In the meantime we have two new opportunities for your consideration:</p> <ul style="list-style-type: none"> •“Connexions Circle” - shopping/prescription collection/pet care for those who are self-isolating or staying in to “shield”. Volunteers would be matched up with clients via a coordinator. Full instructions will be given in order to support you as a volunteer and keep both you and the client safe. <p>•“Chatty Connexions” – Befriending, via the telephone, to support people who are shielding, have limited family contact or are self-isolating. If either of these activities would benefit your clients or service users please let us know.</p> <p>Links to the forms are on our website – https://www.crieffconnexions.org.uk Those in need of help can also apply for “Connexions Care” via our website.</p>	<p>For any further information, please contact us on: info@bluedoorfoodbank.org phone - 01764 660965</p> <hr/> <p>phone: 07955 710520 01764 218933</p> <p>e-mail: admin@crieffconnexions.org.uk</p> <p>website: www.crieffconnexions.org.uk</p> <p>twitter: crieffconnex facebook: crieffconnexions</p>
<p>Madderty Community Support Local volunteers available for: Shop and drop, prescription collection, taking vulnerable residents to appointment, remote IT support</p>	<p>www.madderty.org Tel: 01764 683833 Email: help@Madderty.org.uk</p>

<p>Muthill Volunteers A network of volunteers has been organised in Muthill by Corrina Robertson and Dee Taylor. Volunteers are allocated to a specific street and have leafleted each house in their area offering to help collect shopping or medicines and giving their phone contact details.</p> <p>All streets in Muthill are covered and there is a reserve list of volunteers if some have to self-isolate.</p>	<p>Contact - Corrina Robertson 07826 849375 corrina_robertson@hotmail.co.uk</p>
<p>Muthill Parish Church The church operates a network of care whereby the church elders are allocated a section of the congregation. The elders are in contact with their members especially at this time to provide support to those who need it. Some of the church groups are staying in contact through social media and conferencing software and the weekly service is being published on YouTube.</p>	<p>Contact - Klaus Buwert 07519 756437</p>
<p>Crieff Foodbank - Referral only Delivering Food Directly to people. Referral can be from Health Visitor, Community Nurse, Council staff, minister, or anyone supporting you. Or</p>	
<p>Glendevon – coordinating support locally Auchterarder Community Council rep lives in Glendevon area</p>	<p>Malcolm Best malcolmglenquey@yahoo.com 01259781358 & 07531809641 Contact: Tina McRorie 07510626821 crieffcommunityfoodbank67@gmail.com Contact: Tina McRorie 07510626821 crieffcommunityfoodbank67@gmail.com Contact: Tina McRorie 07510626821 crieffcommunityfoodbank67@gmail.com</p>
<p>Blackford Cares Group https://www.facebook.com/groups/2965207500226696/?ref=share</p>	<p>Carolyn Duffin carolynduffin@hotmail.com 07429544467</p>
<p>Glendevon Country Park Providing support with prescription collection/food shopping/befriending service</p>	<p>Email: shelagh.mcclure@macsecurity.co.uk</p>

Social Media Support	Contact
Lang Toon Times Facebook page <i>willing to share information and supporting local businesses.</i>	https://www.facebook.com/LANGTOONTIMES/
Perthshire Coronavirus Helping Hand – Facebook group for people volunteering to help with driving etc	@perthshirecoronavirushelpinghand
Logos Strathearn Youth Project Facebook page for support to young people and phone contact with worker	https://www.facebook.com/LogosStrathearn/Facebook contact Caroline Murphy 07442504088 or Robert MacDonald 01764 655365
Pam Armstrong: Youth Worker phone contact with youth worker.	Facebook contact Pam Armstrong 07795120728
Isolation Station A site for isolated people to keep in touch with others in Auchterarder	www.isolationstationlangtoontimes.com

Practical Help	Contact
Campbells Bakery <i>Offering a delivery service</i>	01764 652114
The Pavilion Café Crieff <i>able to provide supplies / food</i>	07999840650
Lochview Restaurant Collection available from main menu	01764 685320
Central Fish Bar <i>13 King Street Crieff - delivery available</i>	01764 652890
Handy Shop <i>fruit deliveries</i>	01764 652030
Crieff Food Company <i>offering food delivery service</i> <i>Shop in store, Order by phone, click and collect,</i> <i>Order by phone for home delivery</i>	01764 655817 www.thecriefffoodco.co.uk
J L Gill Whisky Shop Traditional grocer in Crieff. Flour, yeast etc. in stock. Open for counter sales, orders by telephone, Messenger and internet. Home deliveries. Can deliver all over the area and daily deliveries to Comrie.	01764 653011 www.scottishproduce.co.uk
Dry Cleaners Crieff <i>offering delivery</i>	01764652208
Simply flo <i>Online ordering and delivery of authentic Lebanese Cuisine available from farmers markets, form available on website for orders. Delivery in Auchterarder & surrounding area – charge for orders delivered outside Auchterarder</i>	 www.simplyflo.co.uk
St Fillans Village shop <i>main hub</i> <i>St Fillans set up own local foodbank</i>	Owner Liam Cayless 01764 685309/07532259596
Synergy Cycles <i>Phone to check current situation. Tuesday – Saturday 10am - 4pm , repairs to cycles</i>	171 High Street Auchterarder PH3 1AD 01764 664251

Pet n Pony Auchterarder <i>Pet supplies, can deliver</i>	01764 660200
Fish and Chip Co – Auchterarder <i>Call in advance with order</i>	01764 662530
Auchterlarder Takeaway, sandwiches etc.	161 High Street Auchterarder 07925859027
Gourlay Butchers <i>Delivering through Crieff and surrounding areas – going as far as Braco, Muthill, Methven</i>	Crieff Muthill Braco Methven 07808472395 Gourlay.co@best-beef.co.uk
The Deils Cauldron Take away Tues, Wed, Thursday Friday, Sat evening and Sunday lunch based on usual restaurant menu. Pre phone for takeaway and reservations	27 Dundas Street Comrie 01764 670352 brian@deilscauldron.co.uk
Yanns at Glenearn House Take away Thursday – Sunday evening based on usual restaurant menu	Perth Road Crieff PH7 3EQ 01764 650111 info@yannsglenearnhouse.com
Sweeney's Garage Sweeney's run a bus hire business and filling station with shop. The shop sells newspapers, some food essentials and does newspaper delivery. The bus hire side of the business is now totally closed down. Coronavirus measures include <ul style="list-style-type: none"> • One customer in shop at a time • Gloves at pumps • Pumps and doors regularly disinfected • Opening hours 6am -7pm daily. • Cash and card payments 	Contact - Kath Sweeney 01764 681231
Muthill Village Hall All events and activities at the hall have been suspended. The Hall committee has offered the use of the hall for any virus support to which it may be suited.	Contact – Maureen MacGregor 01764 681452
John Muir Country Store Based in Braco but able to make home deliveries of produce to Auchterarder and local area.	www.johnmuircountrystore.com Braco 07799 675442