

Coronavirus Information on Community Supports

Note due to the changing circumstances and guidance being received from the Westminster and Scottish Government on a daily basis these supports are evolving and changing.

Community support Strathtay Area (inc. Almondbank, Luncarty, Bankfoot, Dunkeld & Meikleour)

Community Volunteer Help	Contact
<p>Pitcairngreen Village Hall volunteers</p> <p>If you are self-isolating or trying to reduce social contact and you need some assistance, please feel free to call or text those on the list below and someone will be able to help you with:</p> <p>Picking up shopping</p> <ul style="list-style-type: none">•Urgent supplies•Posting mail•Collecting prescriptions/medication•Or just a friendly phone call	<p>Volunteer contact details here: http://www.pitcairngreen.net/</p>
<p>Almondbank & Lochty</p> <p>Volunteers supporting with shopping and various tasks for those who are shielding during lockdown.</p>	<p>Alison McKenzie alisonmckenzie@btinternet.com</p> <p>https://www.facebook.com/groups/210813659860767/</p>
<p>Bankfoot Covid-19 Mutual Aid Group</p> <p>Bankfoot support main line still available for urgent support such as shopping and prescription collection.</p>	<p>Bankfoot Community FB page: https://www.facebook.com/Bankfoot-Community-1671382243148826/</p> <p>Email: bankfootcovid19@gmail.com</p>

<p>Moneydie community</p> <p><i>Neighbourhood support administered by Alison Hood.</i></p>	<p>Alison Hood alisonlhood@gmail.com</p>
<p>Luncarty Support Group</p>	<p>Frank Stevenson on 07794 152747</p>

<p>Local volunteers available to support urgent tasks such as:</p> <ul style="list-style-type: none"> - Shopping - Collecting prescriptions 	
<p>Dunkeld and Birnam and surrounding areas: Church of Scotland, Dunkeld & Birnam Community Council, Gien a Haund, and The Bridge working together to coordinate community response. Offering support with:</p> <ul style="list-style-type: none"> - <i>Shopping delivery</i> - <i>Dog walking</i> - <i>Posting mail</i> - <i>Prescription pick up</i> <p>(surrounding areas include Birnam, Trochry, Inver, Dalguise, Little Dunkeld, Dungarhill, Dowally, Guay & Kindallachan)</p>	<p>Local updates here: http://www.dunkeldandbirnamnews.co.uk</p> <p>For area contact information go to: http://www.dunkeldandbirnamnews.co.uk/home/corona-virus-support</p> <p>Email for food orders: PH8communityorders@gmail.com</p> <p>Email for general enquiries: PH8community@gmail.com</p>
<p>Murthly, Caputh, Airtully & Spittalfield “Anyone in the community needing assistance can ring the support number 07375 930803 in the first instance. This will enable volunteers to be contacted through a whatsapp support group.”</p>	<ul style="list-style-type: none"> - Airtully - Murthly Village Facebook Page and jamie@butterstone.com - Caputh - Caputh Village Hall Facebook Page and racheldrury1@gmail.com - Spittalfield - Walkin Cafe Facebook Page and kmtodd@outlook.com - Murthly - Murthly Village Facebook Page and paulcromey@btinternet.com
<p>Stanley Time Bank (with Stanley Store & Davidson’s Chemist) Our volunteers are continuing to offer a shopping and prescription delivery service for vulnerable people and self-isolating households in and around the village of Stanley.</p>	<p>Email for prescription delivery broker@stanleydevelopmenttrust.org or phone Stanley 828241 For shopping orders phone Stanley Store on Stanley 828206</p> <p>For general enquiries Email laura@stanleydevelopmenttrust.org or phone 07712 219261</p> <p>For general information visit our new website www.stanleydevelopmenttrust.org</p>

Practical Help	Contact
Simply Herdwick	Orders can be place via Facebook page https://www.facebook.com/simplyherdwick/

<p>Herdwick lamb and Hogget available to buy right now...we have a wide variety of cuts available and free delivery is now available during these uncertain times.</p>	
<p>Nisa (Murthly & Bankfoot) Providing deliveries with payment over the phone. Delivery £1</p>	<p>01738 787 342</p>
<p>Revive Café Deliveries made to Almondbank & Pitcairngreen. Serving hot rolls, veg boxes, sandwiches, meal deals etc. Phone for £1.50 delivery.</p>	<p>07704 672125 07749 969170</p>
<p>T H Stevensons & Son's Butcher (Stanley) Phone deliveries available. <i>Delivering to</i> Stanley, Bankfoot, Luncarty, Perth, Almondbank, Methven, Logiealmond, Murthly, Birnam, Dunkeld, Ballinluig, Caputh, Spittalfield, Blairgowrie</p>	<p>Contact shop on 01738 828267 https://www.facebook.com/T-H-Stevenson-Sons-453970231480270/</p>
<p>Dunkeld Fine Foods and Dunkeld Butcher Offering a delivery service locally. Please place your orders at either Dunkeld Butchers–or Dunkeld Smoked Salmon–They stock meats, milk, eggs, potatoes, smoked salmon, frozen seafood meals, pate, shortbread, fudge, olive oil, tea / coffee and soaps. Tay House is offering shoppers the use of their car park between The Taybank and The Atholl Arms – gates will be left open.</p>	<p>Dunkeld Butchers - 01350 727 266 https://www.facebook.com/dunkeldbutchers/ Dunkeld Smoked Salmon - 01350 727 639</p>
<p>Birnam Village Shop Home Delivery service in Birnam & Dunkeld. Place minimum order of £10. Delivery charge of £1.</p>	<p>Call: 01350 727395 Email: birnamvillageshop@gmail.com</p>
<p>Chattan Tea Room, Birnam We are opening as a takeway 8am to 3pm Monday to Friday and Saturday 9am to 1pm. Our fruit and vegetable orders/deliveries will continue on Monday, Wednesday and Friday. Post Office open - Monday to Friday 9am to 11am for elderly, carers etc, 11am to 1pm then 2pm to 5pm for everyone else. Saturday 9am to 1pm</p>	<p>01350 727395 Facebook: https://www.facebook.com/Chattantearoom/</p>
<p>Rotmell Farm (the egg shed) £7.50 Per Tray or £3.20 Per Dozen Boxed. We can deliver weekly or fortnightly. Monday: Dunkeld & Birnam / Trochry /Murthly / Capeth / Bankfoot Tuesday: Aberfeldy / Grandtully / Strathtay / Logierait / Dalguise Friday: Ballinluig / Pitlochry / Blair Atholl / Killicrankie / Moulin</p>	<p>Please call or message us on social media to be added to our delivery run! Liona: 07717659479 Bryony: 07733898220</p>
<p>Scottish Deli (Dunkeld) <i>Will open 10pm-5pm every day. We can arrange local deliveries. Huge range of storecupboard essentials and deli treats. A wonderful range of cheeses, meats, olives, speciality foods, Scottish gins, a stunning wine collection, and great selection of beers. Frozen curries. Homemade pastries, traybakes and quiches. Full take-away service of gourmet sandwiches, teas and coffees</i></p>	<p>Tel: 01350 728028 or email info@scottish-deli.com</p>

<p>Wild Hearth Bakery <i>Bread from a small bakery with free delivery from Dunkeld and route to Pitlochry, Amulree, Aberfeldy, Kenmore and everywhere in between. Deliveries Tuesday – Thursday – Saturday.</i></p>	
<p>Bridgeton Stores (Almondbank) <i>Will deliver necessities locally</i></p>	Call Derek on 01738 583 173
<p>Gordon Chalmers Fruit & Veg Boxes <i>£10, £15 or £20 boxes delivered to... (to find out where he delivers)</i></p>	07740 919821
<p>Taybank Growers Cooperative <i>Our weekly veg bags start from £11 for a regular bag containing 9 or 10 items and £8 for a small box containing 6 or 7 items. Pick up is from Blackhaugh Community Farm, Blairgowrie, Birnam, Perth or Logiealmond. Home delivery is available. See website for more info.</i></p>	<p>hello@taybankgrowerscoop.com</p> <p>For more information visit http://www.taybankgrowerscoop.com/veg-box-scheme.html</p>
<p>Darjeeling Restaurant. Open for takeaway collection only. 5pm to 9pm every day apart from Tuesdays</p>	Phone 01350 727427 or 727527
<p>The Blue Magpie. The shop is closed but Jacky is offering to post cards or small gifts out if you let her know your requirements.</p>	Contact jackysbluemagpie@gmail.com
<p>Corbenic Shop. Open for wholefoods and Ecover refills only Tuesdays and Fridays 10am to 2pm</p>	
<p>Langs Foods. Delicious Ready-Made Meals delivered Free of Charge. Excellent Value, just like homemade, Individual Portions. Fresh & Frozen products. Microwave or Oven Cook.</p>	01738 646 753 Monday-Friday 10am – 3pm email: langsfood@yahoo.com The Inveralmond Business Centre, Auld Bond Road, Perth, PH1 3FX

Support & Information	Contact
<p>Support Choices – Highland & Strathtay We will continue to provide advice, advocacy and signposting to anyone needing/already accessing care or community support in Highland Perthshire over the phone and via email. Whilst we will continue our normal work as far as practical we will also be doing what we can to support people impacted by Coronavirus in some of the following ways:</p>	<p>supportchoices@otbds.org 01350 729130</p>

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| <ul style="list-style-type: none">• help with understanding and navigating the changing processes for accessing Social Work support during this time• help with finding & employing carers/Personal Assistants and understanding guidance and legislation around this• developing online peer-support• supporting where-ever practical community efforts to support the vulnerable/those self-isolating | |
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