

Community Food Offers in Perth and Kinross



This is a list of some of the businesses offering delivery of food or meals during the coronavirus crisis. As this is an ever-changing situation, the details here and the services being offered may have changed since this list was compiled. Our intention is to provide information about sources of food at a time when it is not possible for people to go out to buy food as usual. Please let us know of anything you think we should change or add: communitysupport@pkc.gov.uk.

In local communities, support is available for shopping and deliveries. For more information, please see the Perth & Kinross Council Community Support Page: www.pkc.gov.uk/communitysupport.

Contents

Perth, Scone and Carse of Gowrie	4
Cooked / ready meals.....	4
Groceries/Food deliveries	6
Strathearn	9
Cooked / ready meals.....	9
Groceries/Food deliveries	10
Strathallan	14
Cooked / ready meals.....	14
Groceries / Food deliveries	15
Eastern Perthshire	17
Cooked / ready meals.....	17
Groceries/food deliveries	18
Highland.....	20
Cooked / ready meals deliveries	20
Groceries / food deliveries	22
Strathtay	25
Cooked / ready meals.....	25
Groceries / Food deliveries	26
Kinross-shire.....	28
Cooked / ready meals.....	28
Groceries / Food deliveries	28
Almond and Earn	30

Cooked / ready meals..... 30

Groceries / Food deliveries 30

Appendix 1: Community food aid groups 33

Appendix 2: Give and Take Boxes 36

Appendix 3: Local lists of businesses compiled by community volunteers 37

Appendix 4: Food Train Connects – 1:1 Shopping 38

Perth, Scone and Carse of Gowrie

Cooked / ready meals	Details	To order
Lang's Food	<p>Ready Made Meals delivered. Fresh and frozen products. Individual portions that can be heated in the microwave or oven.</p> <p>https://www.facebook.com/langsfoods/</p> <p>Delivered free of charge. Minimum Order £20. Payment by card or cash.</p> <p>Delivers to Perth City, Perth surrounding towns and villages, Dunkeld, Birnam, Pitlochry, Luncarty, Stanley, Bankfoot, Balbeggie, Burrelton, Coupar Angus, Kettins, Ardler, Meigle, Newtyle, Alyth, Blairgowrie.</p>	<p>Phone: 01738 646753 Email: langsfoods@yahoo.com</p>
My Passion	<p>Fill your freezer and home dining meals. Currently payment only by bank transfer or Paypal. Minimum order £10</p> <p>Delivers to Perth, Scone and 15-mile radius of Perth</p> <p>https://www.facebook.com/mypassion72/ https://www.my-passion.co.uk/</p>	<p>Order online, through Facebook message or call 07900250477</p> <p>Closed from 12th-20th April 2020</p>
Praveen Kumar	<p>Indian Ready Meals. Range of starters, main courses, rice & and nan, including a wide range of vegan, vegetarian & gluten free options. Frozen to seal in the flavours Packaged in a fully recyclable box. Delivered to your door next day delivery</p> <p>Due to the outbreak of COVID-19 offering customers 20% off when using code 'HELP20' at our checkout.</p> <p>https://www.facebook.com/PKumarReadyMeal/</p>	<p>Order online: http://www.praveenkumar.com/online-shop/</p> <p>07855 566649</p> <p>Based in Perth. Delivers UK-wide.</p>

The Post House Coffee Co, Invergowrie	Open for delivery and collections https://www.facebook.com/PostHouseInvergowrie/	01382 561428 https://goodeats.io/posthouseinvergowrie
Wiltshire Farm Foods	Frozen ready meals. Wide range of meals and desserts – including gluten free and vegetarian, free delivery https://www.wiltshirefarmfoods.com	Order online or call free on 0800 077 3100
The Jade Garden	Open Thursday to Sunday from 4:30 for collections and deliveries. https://www.jadegardenperth.co.uk/ https://www.facebook.com/The-Jade-Garden-151494254885388/	01738 622254 or Facebook message
Broth3rs Italian Restaurant and Pizzeria	Wednesday to Sunday. Offering delivery to Perth, Scone, Luncarty, Stanley, Huntingtower, Almond Bank, Bridge of Earn https://broth3rsrestaurant.co.uk/take-away-menu.html#/ https://www.facebook.com/3threebroth3rs/	07519108710 or 01738 445544 Or Facebook message
Cardo Pizzeria and Bakery	Delivery and collection available from 3:30pm https://cardo.uktakeaways.co.uk/	Order online
Just Eat	Deliveries from takeaways in the local area. https://www.just-eat.co.uk	https://www.just-eat.co.uk
Deliveroo	Deliveries from local restaurants and food shops. All deliveries are now contact-free. The rider will drop the order at the door. Deliveries from Co-op, BP M&S Perth, Café Bodrum, Brew and Chew, Crunch Munch www.deliveroo.co.uk	https://deliveroo.co.uk/

<p>Perth (formerly Pakistani) Welfare Society</p> <p>and</p> <p>Perthshire Chinese Community Association</p>	<p>These groups have links to a number of local takeaways who may be able to provide hot meals to people who are most vulnerable or to staff working in frontline roles.</p>	<p>For more information about this offer, please contact: equalities@pkc.gov.uk</p>
---	--	--

Groceries/Food deliveries	Details	To order
Tower Bakery	<p>Home deliveries in Perth</p> <p>https://www.facebook.com/TowerBakery</p>	<p>Call – 01738 563333 before 1pm to place your order</p>
Perth Produce (Wholesale)	<p>Fruit and vegetable boxes delivered at wholesale prices. £10, £15 and £20 boxes available.</p>	<p>01738 583839 Or 07740919821</p>
Martin’s Fruit Bazaar	<p>Mixed fruit and veg boxes delivered - £20</p> <p>Delivers to Scone, Balbeggie, Bridge of Earn, Balbeggie, Luncarty, Stanley, Perth</p> <p>https://www.facebook.com/Martins-Fruit-Bazaar-118771804845044/</p>	<p>Phone 01738 621428 or Facebook message</p>
AliBob at Cairn O’Mhor	<p>Coordinating delivery of goods from several businesses. Three delivery zones encompassing Perth, Bridge of Earn, Carse of Gowrie, Coupar Angus, Errol, Inchtute, etc.</p> <p>Delivering Veg and Fruit boxes, morning rolls, bread, dairy, dried goods, soups, meals, cakes, sweets, etc</p> <p>https://www.facebook.com/alibobatcairnomohr/</p>	<p>Facebook message, Email alibob@btconnect.com or Phone 07805588657</p> <p>With details of order, any allergies, name, address, postcode, phone number, delivery instructions.</p> <p>Payment through bank transfer following delivery.</p>

Provender Brown Deli	<p>Free delivery within Perth for people in the vulnerable, essential self-isolating group. Please let them know when ordering.</p> <p>Courier service. They continue to post non-chilled goods via Royal Mail or DPD.</p> <p>'At The Door' pick up service. If you can drive down, they will bring your order to the door or your car and leave it at a safe distance for you to pick up. Asking those who can to choose this option to free up delivery for more vulnerable customers.</p> <p>https://provenderbrown.co.uk/</p>	<p>01738 587300 or via email on info@provenderbrown.co.uk - leave a message with your number if you can't get through</p> <p>Online</p>
Highland Health Store	<p>Local delivery in Perth. Mail order via Royal Mail</p> <p>https://www.facebook.com/highlandhealthstore/</p> <p>https://www.highland-health-store.co.uk/whole-foods</p>	<p>Phone 01738 503045</p>
Glencarse Direct	<p>Wholesaler who has started delivering directly to the public during the crisis. Sourcing and selling essentials. Set up a new website to respond to demand. Free delivery on orders over £30</p> <p>https://www.facebook.com/glencarsedirect</p> <p>https://glencarsedirect.co.uk/</p>	<p>Online Facebook message Phone: 01738 630700 Email: orders@stewartsscotland.com</p>
Gloagburn Farm Shop	<p>Home deliveries to PH1-PH7 – delivery charge £5 or next day collection from shop. Bread, milk, eggs, butcher's packs. Veg box, fruit box, potatoes, basics pack, favourites pack</p> <p>https://www.gloagburnfarmshop.co.uk/</p> <p>https://www.facebook.com/Gloagburn1/</p>	<p>Online</p> <p>Phone: 01738 840864</p>

Inchture Spar Shop	<p>Will deliver to anyone self-isolating or to frontline workers if new opening hours make it difficult for them to come to the shop</p> <p>https://www.facebook.com/inchturespar/</p> <p>https://www.spar.co.uk/store-locator/lan17030-spar-inchture</p>	<p>01828 686102 – Gordon</p>
Simon Howie Butchers	<p>Currently offering a delivery service to select areas for those unable to visit our high street shops in Perth and Auchterarder. Began by offering this to addresses in Perth and Auchterarder only, but last week extended this to include a wider area.</p> <p>Daily deliveries to</p> <ul style="list-style-type: none"> • Perth addresses within town limits • Auchterarder addresses within town limits • Dunning/Aberuthven <p>On Tuesdays and Fridays, offer delivery to:</p> <ul style="list-style-type: none"> • Scone • Bridge of Earn • Muthill <p>They can now also deliver to Crieff on a Friday.</p> <p>https://thescottishbutcher.com/delivering-to-those-in-need/</p>	<p>Place your order online via our Click & Collect service, and ask for your order to be delivered in the order notes section</p> <p>https://thescottishbutcher.com/click-and-collect/</p> <p>Alternatively, phone Perth: 01738 626376 Auchterarder: 01764 664888</p> <p>Or Email: collect@simonhowiefoods.co.uk</p>

[Back to contents](#)

Strathearn

Cooked / ready meals	Details	To order
Achray House, St Fillans	<p>Self-isolation menu for over 70s and people with underlying health issues delivered from Comrie to Lochearnhead on pay-what-you-can basis. Payment optional but donations welcome to support the continuation of the service.</p> <p>Also a Home Delivery menu for everyone 13:00-20:30 daily (Crieff to Strathyre). This supports the free meals where needed.</p> <p>https://www.facebook.com/onlochearn https://www.achrayhouse.com/restaurant-bar/</p>	<p>Self-isolation menu: phone 01764 685320 to order for delivery next day between 16.00 and 17.00 or website</p> <p>Home delivery: phone 01764 685320 or website</p>
Yann's at Glenearn House, Crieff	<p>Takeaway menu – Thursday to Sunday</p> <p>https://www.facebook.com/yanns-at-Glenearn-house-285451737549/</p>	Phone 01764 650111
Deil's Cauldron, Comrie	<p>Takeaway food – menus vary through the week. Updates on Facebook.</p> <p>https://www.facebook.com/The-Deils-Cauldron-196092170409218/</p>	01764 670352
Italba Dining, Comrie	<p>New home delivery service</p> <p>Given the unprecedented situation, they have introduced a small line of freshly prepared Italian dishes to be delivered to people's homes. The hope is that Italba Dining can keep going, can continue to support local suppliers, and provide a service to the local community in this time of need.</p> <p>View the full menu for Italba Delivery, place and pay for your order online. Delivery is free within the Strathearn area.</p> <p>https://www.facebook.com/italbadining/</p>	https://www.italba-dining.com/italba-delivery

Praveen Kumar	Indian Ready Meals. Range of starters, main courses, rice & and nan, including a wide range of vegan, vegetarian & gluten free options. Frozen to seal in the flavours Packaged in a fully recyclable box. Delivered to your door next day delivery Due to the outbreak of COVID-19 offering customers 20% off when using code 'HELP20' at our checkout. https://www.facebook.com/PKumarReadyMeal/	Order online: http://www.praveenkumar.com/online-shop/ 07855 566649
Wiltshire Farm Foods	Frozen ready meals. Wide range of meals and desserts – including gluten free and vegetarian, free delivery https://www.wiltshirefarmfoods.com	Order online or call free on 0800 077 3100
Just Eat	Deliveries from takeaways in the local area. https://www.just-eat.co.uk	https://www.just-eat.co.uk

Groceries/Food deliveries	Details	To order
The Handy Shop - Comrie	Fruit or veg bags £7 each Fruit or veg boxes £10 each Delivery £1 Payment by bank transfer (details given at time of order) or by card over the phone https://www.facebook.com/handyshopcomrie/	Phone 01764 670224 or Facebook message
The Handy Shop – Crieff	Fruit or veg bags £7 each Fruit or veg boxes £10 each Delivery £1 Payment by bank transfer (details given at time of order) or by card over the phone https://www.facebook.com/The-Handy-Shop-186302431410578/	Phone 01764 652030 Facebook message Email: orders@handyshopcrieff.co.uk

Comrie Butchers	Next day delivery available to Comrie, Crieff, Muthill, Gilmerton and St Fillans https://www.facebook.com/comriebutchers/	Phone 01764 670306 or email comriebutchers@aol.com
Gourlay Butchers, Crieff	Phone by 4 pm for next day delivery Crieff – Daily Madderty, Muthill and east of Crieff - Tuesday Comrie and west of Crieff - Wednesday Muthill and Braco - Thursday Madderty and east of Crieff - Friday Price list on Facebook https://www.facebook.com/Gourlay.events	Phone 01764 652707 or 07808472395 Gourlay.co@best-beef.co.uk
Campbells Bakery	Free home deliveries of fresh breads, rolls, savouries, doughnuts and pastries. Orders are taken for deliveries in two business days' time. When the order book is full, the shop is closed and opens again the following day. https://www.facebook.com/ScottishBaker/ https://www.campbellsbakery.com	Order online: https://www.campbellsbakery.com/for-local-delivery
Fish in Crieff	Wednesday – Crieff - Lochlane - Comrie- St Fillans Thursday - Crieff - Blairgowrie - Bridge of Cally - Alyth - Coupar Angus Friday – Crieff - Muthill - Blackford - Auchterarder – Dunning - Gilmerton - Methven - Perth Other places may be possible. Phone to find out https://www.facebook.com/FishInCrieff/	Phone 01764654509

J.L. Gills Grocers, Crieff	Will do home delivery. Fully stocked with dried goods and flours etc www.scottishproduce.co.uk	01764 654951 Online through website
Hansen's Kitchen, Comrie	Freshly prepared meals, soups, bread, cheese, cakes and usual stock available. Have partnered with local businesses Tomnah's Market Garden and Strathearn Cheese to expand products available to order for collection or delivery. Free deliveries to Comrie daily. St Fillan's on Tuesdays and Fridays, and towards Crieff on Thursdays. https://www.facebook.com/hansenskitchen/	Pre-order deliveries or collections by email: deli@hansenskitchen.com Or phone 01764 670253 between 9am and 3pm.
D&D Dairies	Putting in extra resources to service the community with doorstep deliveries. Accepting delivery orders for milk, cream, butter, eggs and yogurts and other essential food products. https://www.facebook.com/DD-Dairies-467466364061854/ http://www.dandddairies.co.uk/our-products/	01764 654271 Or Facebook message
The Crieff Food Co	Offering a number of packages (essentials pack, vegetable pack, fruit pack, etc) to order – see website. Also anything available in the shop can be ordered. Sample of stock on website. Orders can be delivered locally (within Crieff and the surrounding area) or picked up from the shop without having to enter it. http://www.thecriefffoodco.co.uk/food-hall/	Call 01764 655 817 or email info@thecriefffoodco.co.uk

Wild Hearth Bakery	<p>In response to the difficult times our community is facing, we have launched a FREE home delivery service to locations within the central belt of Scotland. We have strict hygiene procedures and delivery is completely contactless. Delivery of pastries and bread. £15 minimum order.</p> <p>https://www.wildhearthbakery.com/ https://www.facebook.com/wildhearthbakery/</p>	<p>Online https://www.wildhearthbakery.com/</p>
St Fillans Village Store	<p>Order basics before noon and they will arrange delivery</p>	<p>01764 685309</p>
Gloagburn Farm Shop	<p>Home deliveries to PH1-PH7 – delivery charge £5 or next day collection from shop. Bread, milk, eggs, butcher’s packs. Veg box, fruit box, potatoes, basics pack, favourites pack</p> <p>https://www.gloagburnfarmshop.co.uk/ https://www.facebook.com/Gloagburn1/</p>	<p>Online Phone: 01738 840864</p>

[Back to contents](#)

Strathallan

Cooked / ready meals	Details	To order
The Tormaukin to go, Glendevon	Takeaway for collection only – 4pm-8pm Fri, Sat and Sun Menu: https://www.thetormaukin.co.uk/ Specials: https://www.facebook.com/TormaukinInn/	Phone: 01259 781252 Alternatively: 07572875914
Simply Flo, Auchterarder	Lebanese vegan and vegetarian ready meals. Local home delivery and pick up service. Minimum order £25. Free delivery in Auchterarder area. Delivery charge of £3.95 for outside Auchterarder. Form on website with options. https://www.simplyflo.co.uk/ https://www.facebook.com/simplyflogebara/	07933 028003 simplyflogebara@gmail.com
Broadslap Fruit Farm, Dunning	Fruit, veg, flour, eggs, poultry, oatcakes, pasta, pasta sauces, soups, pies and other ready meals. See Home Delivery Menu from the following webpage: http://broadslapfruitfarm.co.uk/cafe-3/ https://www.facebook.com/BroadslapFruitFarm/	01738 730242 07587837819
The Kirkstyle Inn, Dunning	Takeaway menu – Thursday to Sunday. Pie, Curry, Pasta, Pizza, Sunday Roast. https://www.facebook.com/thekirkstyleinn/	01764 684248
Praveen Kumar	Indian Ready Meals. Range of starters, main courses, rice & and nan, including a wide range of vegan, vegetarian & gluten free options. Frozen to seal in the flavours Packaged in a fully recyclable box. Delivered to your door next day delivery Due to the outbreak of COVID-19 offering customers 20% off when using code 'HELP20' at our checkout. https://www.facebook.com/PKumarReadyMeal/	Order online: http://www.praveenkumar.com/online-shop/ 07855 566649

Wiltshire Farm Foods	Frozen ready meals. Wide range of meals and desserts – including gluten free and vegetarian, free delivery https://www.wiltshirefarmfoods.com	Order online or call free on 0800 077 3100
Groceries / Food deliveries	Details	To order
Blackford Village Store	Doing deliveries with the support of volunteers, organized by Zed, the store manager.	Phone: 01764 682245
Dunning Nisa Local	Working with Dunning Scout group to reduce number of visits to the shop. https://www.facebook.com/Nisa-Local-Dunning-2209471552629399/	Phone: 01764684213
Simon Howie Butchers	<p>Currently offering a delivery service to select areas for those unable to visit our high street shops in Perth and Auchterarder. Began by offering this to addresses in Perth and Auchterarder only, but last week extended this to include a wider area.</p> <p>Daily deliveries to</p> <ul style="list-style-type: none"> • Perth addresses within town limits • Auchterarder addresses within town limits • Dunning/Aberuthven <p>On Tuesdays and Fridays, we can offer delivery to:</p> <ul style="list-style-type: none"> • Scone • Bridge of Earn • Muthill <p>They can now also deliver to Crieff on a Friday.</p> <p>https://thescottishbutcher.com/delivering-to-those-in-need/</p>	<p>Place your order online via our Click & Collect service, and ask for your order to be delivered in the order notes section</p> <p>https://thescottishbutcher.com/click-and-collect/</p> <p>Alternatively, phone Perth: 01738 626376 Auchterarder: 01764 664888 Or Email: collect@simonhowiefoods.co.uk</p>

Broadslap Fruit Farm, Dunning	<p>Fruit, veg, flour, eggs, poultry, oatcakes, pasta, pasta sauces, soups, pies and other ready meals.</p> <p>See Home Delivery Menu from the following webpage: http://broadslapfruitfarm.co.uk/cafe-3/ https://www.facebook.com/BroadslapFruitFarm/</p>	<p>01738 730242</p> <p>07587837819</p>
Gourlay Butchers, Crieff Meat	<p>Phone by 4 pm for next day delivery</p> <p>Crieff – Daily Madderty, Muthill and east of Crieff - Tuesday Comrie and west of Crieff - Wednesday Muthill and Braco - Thursday Madderty and east of Crieff - Friday</p> <p>Price list on Facebook https://www.facebook.com/Gourlay.events</p>	<p>Phone</p> <p>01764 652707 or 07808472395</p> <p>Gourlay.co@best-beef.co.uk</p>

[Back to contents](#)

Eastern Perthshire

Cooked / ready meals	Details	To order
Blairgowrie Golf Club	<p>Given the exceptional circumstances, the club has created a unique 'Home Delivery Service' (meals and groceries)</p> <p>Place your order on Monday by 2pm for Thursday delivery. £5 delivery charge – free if order is over £50. Delivery to Blairgowrie, Rattray and Coupar Angus.</p> <p>All deliveries will be in reusable containers (being environmentally friendly) and to allow for recycling we would be happy to pick up any used & clean containers at your next delivery.</p> <p>https://www.theblairgowriegolfclub.co.uk/catering-dining.php</p>	<p>Email order to: catering@theblairgowriegolfclub.co.uk along with name, address & contact number.</p> <p>Payment preferred by bank transfer.</p> <p>Cash possible if placed in sealed envelope.</p>
Lang's Food	<p>Ready Made Meals delivered. Fresh and frozen products. Soups, Individual portions that can be heated in the microwave or oven. https://www.facebook.com/langsfoods/</p> <p>Delivered free of charge. Minimum Order £20. Payment by card or cash.</p> <p>Delivers to Perth City, Perth surrounding towns and villages, Dunkeld, Birnam, Pitlochry, Luncarty, Stanley, Bankfoot, Balbeggie, Burrelton, Coupar Angus, Kettins, Ardler, Meigle, Newtyle, Alyth, Blairgowrie</p>	<p>Phone: 01738 646753 Email: langsfoods@yahoo.com</p>

Praveen Kumar	<p>Indian Ready Meals. Range of starters, main courses, rice & and nan, including a wide range of vegan, vegetarian & gluten free options. Frozen to seal in the flavours Packaged in a fully recyclable box. Delivered to your door next day delivery Due to the outbreak of COVID-19 offering customers 20% off when using code 'HELP20' at our checkout. https://www.facebook.com/PKumarReadyMeal/</p>	<p>Order online: http://www.praveenkumar.com/online-shop/ 07855 566649</p>
Wiltshire Farm Foods	<p>Frozen ready meals. Wide range of meals and desserts – including gluten free and vegetarian, free delivery https://www.wiltshirefarmfoods.com</p>	<p>Order online or call free on 0800 077 3100</p>
Just Eat	<p>Deliveries from takeaways in the local area. https://www.just-eat.co.uk</p>	<p>https://www.just-eat.co.uk</p>

Groceries/food deliveries	Details	To order
NeighbourFood – Blairgowrie and Rattray	<p>Products direct from local farms, local food producers, local market traders and specialist suppliers. Vegetables, fruit, meat, eggs, dairy products, preserves, breads and much more. Currently operating a DELIVERY ONLY service to all of Ward 3 Post Codes, PH10 6 & PH10 7 or a 10-mile radius of Blairgowrie if you don't fall within these post code areas. The delivery service is operated by volunteers and to help cover fuel costs we are charging a flat fee of £2.50 for delivery. Deliveries on a Thursday. https://www.neighbourfood.co.uk/markets/blairgowrie-rattray/20 https://www.facebook.com/neighbourfoodblairgowrie/</p>	<p>Online https://www.neighbourfood.co.uk/markets/blairgowrie-rattray/collection/1005</p>

Blairgowrie Post office - PriceCracker	Convenience store in Blairgowrie. Fresh fruit, veg, dairy, essentials. Offering to deliver to anyone who needs it. https://www.facebook.com/pricecrackerblairgowrie/	Phone: 01250 876949 Or text Sandy: 07779039306
Mitchell's Newsagents, Blairgowrie	Newsagents which also stocks vegetables, dried goods, plants, pet food etc. https://www.facebook.com/Mitchellsnewsagents/	If you have internet access, please order online through Discover Blairgowrie website: https://www.discoverblairgowrie.co.uk/coronavirus-info/food-supply After you place your order, they will phone you to check it and to arrange payment. Phone: 01250 873514
Ewarts Butchers	Ewarts Butchers offer free delivery in their local areas	Alyth 01828 632303 Blairgowrie 01250870358
Blairgowrie Golf Club	In response to coronavirus situation, the club have created a unique 'Home Delivery Service' (meals and groceries). Place your order on Monday by 2pm for Thursday delivery. £5 delivery charge – free if order is over £50 Delivery to Blairgowrie, Rattray and Coupar Angus. https://www.theblairgowriegolfclub.co.uk/catering-dining.php	EMAIL YOUR ORDER TO catering@theblairgowriegolfclub.co.uk along with name, address & contact number. Payment preferred by bank transfer. Cash possible if placed in sealed envelope.
Robertson's Dairy Blairgowrie	Delivering milk and more in local area https://www.facebook.com/robertsonsdairy/	Facebook message or Phone 01250 8742227
Kenneth Allan Butchers at HW Irvine	To assist those not able to attend the shop, now offering a free delivery service within Blairgowrie town https://www.facebook.com/Kenneth-Allan-Butchers-at-HW-Irvine-1557020517902876/	Phone 01250 872477

[Back to contents](#)

Highland

Cooked / ready meals deliveries	Details	To order
FeldyRoo, Aberfeldy and surrounding areas	<p>Delivery of free meals to over-70s and vulnerable community members who need to self-isolate. Supported by several local businesses and community members, this project continues to develop and expand as it identifies more people who need the support.</p> <p>Having started with Aberfeldy, they are now delivering to people in Weem, Dull, Keltneyburn, Coshievile, Fortingall, Fearnan, Kenmore and Acharn, Grandtully and Strathtay.</p> <p>A morning run delivering soup, newspaper and cake and an evening delivery of a hot meal and desert are both available.</p> <p>https://www.facebook.com/Feldy-Roo-102008354781810/</p>	<p>If you know of someone who meets the criteria and who would benefit from the delivery of free meals, please contact: fountainbar@aberfeldypubs.co.uk</p> <p>Telephone 01887 820418 between 11am and 12noon any day</p> <p>Text: 07584665423</p>
Thyme to Eat, Aberfeldy	<p>Delivering a range of frozen, heat-at-home meals and fresh produce – fruit and veg boxes, cheeses and other dairy, pasta, couscous, preserves</p> <p>Also, hot Sunday roast delivered within 4-miles of Aberfeldy. Order by 4pm on Saturday. Vegetarian roast also available.</p> <p>https://www.facebook.com/thymetoeatScotland/</p>	<p>01887 820850 enquiries@errichel.co.uk</p>
Fonab Farm Foods	<p>Starting pizza delivery – Friday and Saturday nights Pizzas delivered to doorstep. Doorbell run and then the delivery person leaves. Vegan option available.</p>	<p>fonabfarm@hotmail.com 07565297501 Or Facebook message</p>

	https://www.facebook.com/fonabsmallholding/	
Alec's Ready Meals	<p>The meals are all delivered frozen and can be cooked from frozen. Soups, vegetable dishes, mains. 1 person or 2 person portions. Includes vegetarian options.</p> <p>Order by Sunday evening for Friday delivery. https://www.facebook.com/fonabsmallholding/</p>	<p>fonabfarm@hotmail.com 07565297501 Or Facebook message</p>
Port-na-Craig Restaurant, Pitlochry	Open for food delivery only from Friday 10 th April.	<p>Email: info@portnacraig.com Phone: 01796 472777 or 07453260964</p>
House of Bruar	<p>Set up home delivery service for local communities in Blair Atholl, Calvine, Pitagowan and Kinloch Rannoch.</p> <p>Homemade refrigerated food, simply pop in the oven or keep chilled to enjoy later. Soups, sandwiches, main meals (eg casseroles, pies, mac & cheese), including vegan option, with veg, salads, cakes and traybakes https://www.facebook.com/BruarPerthshire/</p>	<p>Local Home Delivery Phone: 01796 514554 Email: homedelivery@houseofbruar.com</p> <p>Order before 3pm for next day delivery between 1pm and 5pm.</p>
Craigvrack	<p>Reopened for takeaways and deliveries to over 70s in the Pitlochry area.</p> <p>Tuesday to Saturday. https://www.facebook.com/craigvrack/</p>	Phone: 01796 472399
Lang's Food	<p>Ready Made Meals delivered. Fresh and frozen products. Soups, Individual portions that can be heated in the microwave or oven. https://www.facebook.com/langsfoods/</p>	<p>Phone: 01738 646753 Email: langsfoods@yahoo.com</p>

	<p>Delivered free of charge. Minimum Order £20. Payment by card or cash.</p> <p>Delivers to Perth City, Perth surrounding towns and villages, Dunkeld, Birnam, Pitlochry, Luncarty, Stanley, Bankfoot, Balbeggie, Burrelton, Coupar Angus, Kettins, Ardler, Meigle, Newtyle, Alyth, Blairgowrie</p>	
Praveen Kumar	<p>Indian Ready Meals. Range of starters, main courses, rice & and nan, including a wide range of vegan, vegetarian & gluten free options. Frozen to seal in the flavours Packaged in a fully recyclable box. Delivered to your door next day delivery Due to the outbreak of COVID-19 offering customers 20% off when using code 'HELP20' at our checkout.</p> <p>https://www.facebook.com/PKumarReadyMeal/</p>	<p>Order online: http://www.praveenkumar.com/online-shop/</p> <p>07855 566649</p>
Wiltshire Farm Foods	<p>Frozen ready meals. Wide range of meals and desserts – including gluten free and vegetarian, free delivery</p> <p>https://www.wiltshirefarmfoods.com</p>	<p>Order online or call free on 0800 077 3100</p>

Groceries / food deliveries	Details	To order
Breadalbane Bakery	<p>Delivery to Logirait, Grandtully, Pitlochry (set locations, collect by car, guidelines if self-isolating on Facebook post)</p> <p>Breat, fruit, veg, dairy, juice, baking goods, pasta, dried and canned goods, cleaning and toiletries, etc</p> <p>https://www.facebook.com/BreadalbaneBakeryTearoomLtd/</p>	<p>Email order to breadalbanepantry@yahoo.com</p> <p>Further instructions see pinned FB post.</p>

Kenmore Bakery, Acharn	<p>In partnership with the Courtyard shop, Jim Chalmers veg wholesale and Gourlay butchers, offering delivery of breads, rolls, cakes, milk, meat and veg.</p> <p>For any special delivery needs, please don't hesitate to contact the bakery. As a service to the community, the goods are delivered as priced with no mark up.</p> <p>https://www.facebook.com/Kenmore-Bakery-914989341886102/</p>	<p>01887 830556, email kenmorebakery@hotmail.com or Facebook message</p>
Taymouth Courtyard Shop, Kenmore	<p>Deliveries possible but prefer customers to order and collect if possible. You can reverse up to the door and they will put your order in the boot so that there is no contact if you are self-isolating.</p> <p>Fruit and veg, dairy, meet tinned food, pasta, sauces, coffee, tea, juices and other essentials</p> <p>https://www.facebook.com/taymouthcourtyardshop/</p>	<p>01887 830 756 or email info@taymouthcourtyard.com</p>
Aberfeldy Breadalbane Premier	<p>Offering free delivery service for older people in Aberfeldy area.</p>	<p>01887 829494 Or 01887 820400</p>
Strathtay Stores, Pitlochry	<p>Can arrange for groceries to be delivered.</p> <p>https://www.facebook.com/Strathtay-Stores-284265384958680/</p>	<p>01887 840203 Or Facebook message</p>
MacDonald Bros Butchers	<p>Local Delivery days are as follows:</p> <p>Pitlochry & Ballinluig: Everyday</p>	<p>Pitlochry: 01796 472047 Aberfeldy: 01887 820310</p>

	<p>Killiecrankie & Blair Atholl: Mon, Wed, Fri Kirkmichael: Tues & Thurs Aberfeldy, Kenmore, Fearnan, Fortingall, Kinloch Rannoch, Tummel Bridge: Tues & Fri Dunkeld: Tues & Fri Aberfeldy: Every evening on my way home!</p> <p>Nationwide around the U.K. by Parcel Force: Tues, Wed, Thurs & Fri please see our website shop at www.macdonald-bros.co.uk for details</p>	<p>rory-macdonalds@msn.com</p> <p>or online: www.macdonald-bros.co.uk</p>
House of Bruar	<p>Set up home delivery service for local communities in Blair Atholl, Calvine, Pitagowan and Kinloch Rannoch.</p> <p>Butchers, Cheese, daily essentials of rolls, butter, milk, pies https://www.facebook.com/BruarPerthshire/</p>	<p>Local Home Delivery 01796 514554 homedelivery@houseofbruar.com</p> <p>Order before 3pm for next day delivery between 1pm and 5pm.</p>
Fonab Farm Foods	<p>Vegetable boxes delivered to Pitlochry area £10-£25 https://www.facebook.com/pg/fonabsmallholding/services/</p>	<p>fonabfarm@hotmail.com 07565297501 Or Facebook message</p>
Thyme to Eat, Aberfeldy	<p>Delivering a range of frozen, heat-at-home meals and fresh produce – fruit and veg boxes, cheeses and other dairy, pasta, couscous, preserves.</p> <p>https://www.facebook.com/thymetoeatScotland/</p>	<p>01887 820850 enquiries@errichel.co.uk</p>
SOSA - Simply Organic Supplies Aberfeldy	<p>Considering delivery of vegetable boxes to Aberfeldy and Pitlochry https://www.facebook.com/SOSA-Simply-Organic-Supplies-Aberfeldy-112888777043424/</p>	<p>Facebook message to express interest</p>

[Back to contents](#)

Strathtay

Cooked / ready meals	Details	To order
The Taybank, Dunkeld	Home delivered meals available Wed to Sun. Kitchen open 12pm – 3pm and 5pm – 9pm. Woodfired pizza Fri to Sun. Menu found on FB page https://www.facebook.com/thetaybank/	01350 677123
Revive Café	Deliveries made to Almondbank & Pitcairngreen. Serving hot rolls, veg boxes, sandwiches, meal deals etc. Phone for £1.50 delivery.	07704 672125 07749 969170
Lang's Food	Ready Made Meals delivered. Fresh and frozen products. Soups, Individual portions that can be heated in the microwave or oven. https://www.facebook.com/langsfoods/ Delivered free of charge. Minimum Order £20. Payment by card or cash. Delivers to Perth City, Perth surrounding towns and villages, Dunkeld, Birnam, Pitlochry, Luncarty, Stanley, Bankfoot, Balbeggie, Burrelton, Coupar Angus, Kettins, Ardler, Meigle, Newtyle, Alyth, Blairgowrie	Phone: 01738 646753 Email: langsfoods@yahoo.com
Praveen Kumar	Indian Ready Meals. Range of starters, main courses, rice & and nan, including a wide range of vegan, vegetarian & gluten free options. Frozen to seal in the flavours Packaged in a fully recyclable box. Delivered to your door next day delivery Due to the outbreak of COVID-19 offering customers 20% off when using code 'HELP20' at our checkout. https://www.facebook.com/PKumarReadyMeal/	Order online: http://www.praveenkumar.com/online-shop/ 07855 566649

Wiltshire Farm Foods Frozen ready meals	Wide range of meals and desserts – including gluten free and vegetarian, free delivery https://www.wiltshirefarmfoods.com	Order online or call free on 0800 077 3100
---	---	--

Groceries / Food deliveries	Details	To order
Co-op Dunkeld	For people self-isolating, in a vulnerable group or shielding in Dunkeld and PH8 area. Order by 4pm for delivery the following day, mid- to late-morning. Payment to Dunkeld and Birnam CIC by bank transfer to bank account 65862830, sort code 08-92-99 or by cheque.	Prefer orders by email: PH8Communityorders@gmail.com If email not possible, phone: 07821785381 (Mon, Wed, Fri) or 07834918385 (Tue, Thurs)
Nisa, Bankfoot	Home deliveries	01738 787342
Birnam Village Shop	Home delivery service in Birnam and Dunkeld. Minimum order £10. Delivery charge £1.	Phone: 01350 727395 Email: birnamvillageshop@gmail.com
Dunkeld Fine Foods	Offering a delivery service locally. Please place your orders at either Dunkeld Butchers–or Dunkeld Smoked Salmon–They stock meats, milk, eggs, potatoes, smoked salmon, frozen seafood meals, pate, shortbread, fudge, olive oil, tea / coffee and soaps.	Dunkeld Butchers - 01350 727 266 Dunkeld Smoked Salmon - 01350 727 639
T H Stevenson's & Son's Butcher	Phone deliveries available	Phone 01738 828267

Herdwick	Herdwick lamb and Hogget available to buy right now...we have a wide variety of cuts available and free delivery is now available during these uncertain times.	Orders can be place via Facebook page @simplyherdwick
Rotmell Farm (the egg shed)	Eggs delivered locally	07717 659479 or 07827 947143
Scottish Deli, Dunkeld	Will open 10pm-3pm on Tuesday, Thursday and Saturday. Will take orders by phone or email between 9-10am for delivery later in the day. Payment must be made over the phone	Phone: 01350 728028 or Email: info@scottish-deli.com

Kinross-shire

Cooked / ready meals	Details	To order
The Court House Restaurant and Coffee Bar, Kinross	Delivery or collection service. You will be given full instructions on how to collect when you make your order. You'll find our menu on the Food and Drink page. https://www.courthousekinross.com/food-drink-court-house-kinross/ https://www.facebook.com/TheCourtHouseKinross	Phone: 01577 351020
Praveen Kumar	Indian Ready Meals. Range of starters, main courses, rice & and nan, including a wide range of vegan, vegetarian & gluten free options. Frozen to seal in the flavours Packaged in a fully recyclable box. Delivered to your door next day delivery Due to the outbreak of COVID-19 offering customers 20% off when using code 'HELP20' at our checkout. https://www.facebook.com/PKumarReadyMeal/	Order online: http://www.praveenkumar.com/online-shop/ 07855 566649
Wiltshire Farm Foods	Frozen ready meals. Wide range of meals and desserts – including gluten free and vegetarian, free delivery https://www.wiltshirefarmfoods.com	Order online or call free on 0800 077 3100

Groceries / Food deliveries	Details	To order
Benarty Fruits	Mixed Fruit and Veg Boxes Small - £12 Large - £20 Delivers to Kinross, Milnathort, Kinnesswood, Scotlandwell https://www.benartyfruits.co.uk/shop	Order online Or, if no internet access, phone: 07786025233

Hunters of Kinross Butchers	Telephone Delivery Orders Call & Collect Orders Call before 2pm for next day delivery around Kinross-shire https://www.facebook.com/hunterskinross/	01577 862419 Main Number or 07885 790521 2nd Line
Springfield Farm, Kinross	Delivers meat and eggs https://www.facebook.com/FarmSpringfield/	Facebook message or 07769 340524
Bailie's shop, Kinross	Offering the delivery of some essentials to people who are self-isolating.	Phone: 01577 863406
Giacopazzi's Nisa Local Store Kinross and Milnathort	Phone 07958 790891 to place your order. They aim to get it to you within 24-48 hours. For orders placed before 3pm, they are aiming for next day delivery.	Phone 07958 790891

[Back to contents](#)

Almond and Earn

Cooked / ready meals	Details	To order
The Roost Restaurant, Bridge of Earn	Heat-at-home meals, bread, pastries, sweet and savoury tarts available for pre-order and collection. Orders by 10am for collection the following day https://www.theroostrestaurant.co.uk/ https://www.facebook.com/TheRoostRestaurant/	tim@theroostrestaurant.co.uk or 01738 812111 pre-payment required (card payment over phone)
Praveen Kumar	Indian Ready Meals. Range of starters, main courses, rice & and nan, including a wide range of vegan, vegetarian & gluten free options. Frozen to seal in the flavours Packaged in a fully recyclable box. Delivered to your door next day delivery Due to the outbreak of COVID-19 offering customers 20% off when using code 'HELP20' at our checkout. https://www.facebook.com/PKumarReadyMeal/	Order online: http://www.praveenkumar.com/online-shop/ 07855 566649
Wiltshire Farm Foods	Frozen ready meals. Wide range of meals and desserts – including gluten free and vegetarian, free delivery https://www.wiltshirefarmfoods.com	Order online or call free on 0800 077 3100
Groceries / Food deliveries	Details	To order
Gloagburn Farm Shop	Home deliveries to PH1-PH7 – delivery charge £5 or next day collection from shop. Bread, milk, eggs, butcher's packs. Veg box, fruit box, potatoes, basics pack, favourites pack https://www.gloagburnfarmshop.co.uk/ https://www.facebook.com/Gloagburn1/	Online Phone: 01738 840864

Methven Post Office	Offer deliveries	01738 840230
Double M Dairy	Deliveries to Bridge of Earn on Monday, Wednesday and Friday. Mild, eggs, cream, orange and apple juice.	Dave – 01337 840820 or Allan – 01738 850622
The Roost, Bridge of Earn	Grocery orders can be placed at wellocksathome.co.uk and collected	01738 812111
Sauchie Farm Porkers, Madderty	Local pork producer and free range egg deliveries	Ingrid - 07541369088
Simon Howie Butchers	<p>Currently offering a delivery service to select areas for those unable to visit our high street shops in Perth and Auchterarder. Began by offering this to addresses in Perth and Auchterarder only, but last week extended this to include a wider area.</p> <p>Daily deliveries to</p> <ul style="list-style-type: none"> • Perth addresses within town limits • Auchterarder addresses within town limits • Dunning/Aberuthven <p>On Tuesdays and Fridays, we can offer delivery to:</p> <ul style="list-style-type: none"> • Scone • Bridge of Earn • Muthill <p>They can now also deliver to Crieff on a Friday. https://thescottishbutcher.com/delivering-to-those-in-need/</p>	<p>Place your order online via our Click & Collect service, and ask for your order to be delivered in the order notes section https://thescottishbutcher.com/click-and-collect/</p> <p>Alternatively, phone Perth: 01738 626376 Auchterarder: 01764 664888 Or Email: collect@simonhowiefoods.co.uk</p>
Martin's Fruit Bazaar	<p>Mixed fruit and veg boxes delivered - £20 Delivers to Scone, Balbeggie, Bridge of Earn, Balbeggie, Luncarty, Stanley, Perth https://www.facebook.com/Martins-Fruit-Bazaar-118771804845044/</p>	Phone 01738 621428 or Facebook message

<p>AliBob at Cairn O'Mhor</p>	<p>Coordinating delivery of goods from several businesses. Three delivery zones encompassing Perth, Bridge of Earn, the Carse, Coupar Angus, Errol, Inchtute, etc.</p> <p>Delivering Veg and Fruit boxes, morning rolls, bread, dairy, dried goods, soups, meals, cakes, sweets, etc</p> <p>https://www.facebook.com/alibobatcairnomohr/</p>	<p>Facebook message, Email alibob@btconnect.com or Phone 07805588657</p> <p>With details of order, any allergies, name, address, postcode, phone number, delivery instructions.</p> <p>Payment through bank transfer following delivery.</p>
<p>The Roost Restaurant, Bridge of Earn</p>	<p>Bread, pastries, sweet and savoury tarts and heat at home meals available for pre-order and collection. Orders by 10am for collection the following day</p> <p>https://www.theroostrestaurant.co.uk/ https://www.facebook.com/TheRoostRestaurant/</p>	<p>tim@theroostrestaurant.co.uk or 01738 812111 pre-payment required (card payment over phone)</p>

[Back to contents](#)

Appendix 1: Community food aid groups

If anyone is in need of any form of community food support, please phone the Council's new central number in the first instance.

The number is **0345 30 11100** and will be open Monday - Friday 0845-1700.

This provides information about the support that may be available to address individual circumstances. If a referral for community food support is thought to be the best course of action, then details will be forwarded to the organisation concerned. That organisation will then make the necessary arrangements.

Existing referral agencies that are still operating during the coronavirus situation and should continue to make referrals to the relevant community food organisations that they work with in the usual way.

Perth and Kinross Foodbank	info@perthkinross.foodbank.org.uk eleanorkelleher@perthkinross.foodbank.org.uk Eleanor and Marjorie - 01738 626799/ 07876382568	Currently open to the public Tuesday, Wednesday and Friday 12-4	Collection only from Cutlog Vennel (PH1 5HY)
Perth Centre Support Trial period 15 th June- 13 th July 2020	Community support service providing prepared and unprepared food to those in need locally. Also providing support and signposting people to other support	Mondays & Thursdays 10:30am-1:30pm	Mill Street Café, Perth
Blaigowrie Foodbank	Contact as for Perth – separate form NorthFoodbank@pkc.gov.uk To delivery Anna Bowman on tel. 07974 810055	Tuesday (am) 10- 12 and Thursday (pm) 2-4	Collection only from Blaigowrie Housing Office, 46 Leslie Street PH10 6PW

Crieff Foodbank	Crieffcommunityfoodbank67@gmail.com Tina 07510 626821	Opens Tuesday 1.30pm-3.30pm and Friday 10am-noon	Collection only from Kings Centre, King Street PH7 3SA
Kinross (Broke Not Broken)	chair@brokenotbroken.org info@brokenotbroken.org Anne McCormack – 07518 913107	Tuesday and Thursday (10-2)	Delivery only
Pitlochry	admin@athollcentre.org.uk Jo - 01796 473044	By appointment	Collection only from Atholl Centre, Atholl Road, PH16 5BX
Aberfeldy Community Larder	breadalbanecommunitylarder@btinternet.com Angela Hanvey - 07513 652597	Aberfeldy Church Centre, Taybridge Road, Aberfeldy, PH15 2BH Tuesday, Thursday and Saturday 11-12.30	Doorstep delivery preferred
St Madoes Community Larder	anthea@madochcentre.com Anthea Bircham - 01738 861023	Opens in line with Madoch Centre Opening Hours Monday – Friday 9am-6pm Community larder open 9:30am to 4:30pm	Deliveries and collections from the Madoch Centre, St. Madoes, Glencarse, PH2 7FF
Letham 4 All	Sam@letham4all.org.uk Sam Skelton - 01738 444061	Mon – Fri (9-1 and 5-9)	Deliveries and collections from Letham Community Hub, Tweedsmuir Road, PH1 2HJ

Kinloch Rannoch	rannochbelle@yahoo.com Janine Reid (Rannoch Community Trust) 07470361084 Camusaine, Bunrannoch Place, PH16 5PZ	Food parcels delivered by arrangement	Doorstep delivery by arrangement
Methven	Methven Community Council, Sarah - sarah3sam@hotmail.co.uk 07704498177	Food parcels collected from Methven community centre vestry hall by arrangement	Collection only from Methven Community Centre (Vestry Hall behind centre), Main Street, PH1 3PU
Crook of Devon	Victoria Ciesielski -07730539258 kennelboss21@outlook.com	Any time Monday - Sunday	Home delivery
Alyth	KT Garrett KT.Garrett@insolvency.gov.uk 07970 311769 07711213710	N/A	Alyth Parish Church
Blackford Cares	Gordon Roy gordon.roy@outlook.com 07740 373430	Blackford Parish Church, Morray Street, Blackford, PH4 1PY	Drop off service
Coupar Angus	Mairi Speedie MSpeedie@pkc.gov.uk 07871046907	Tuesdays and Friday 10am to 2pm	Bank of Scotland House, UNION street, Coupar Angus, Blairgowrie, PH13 9AE. Collection and deliveries

Appendix 2: Give and Take Boxes

Give and take boxes and similar initiatives are being established by community groups around Perth & Kinross. They provide an accessible way for people to give what they can to support others and to take what they need, or to give to someone who is self-isolating. Please contact us at communitysupport@pkc.gov.uk if you have any information about others that we should add.

<p>North Perth Current locations Dunkeld Road (3 boxes): one at the shops; one outside ASDA; one at the BP garage. Gowans Terrace (2 boxes): one outside the Grammar school; one at North Inch Campus Balhousie Street (2 boxes): outside the Premier Store; at the Carnegie Place junction. Three further boxes: North Muirton Co-op; Tulloch Co-op; Riverside Church</p>
<p>Muthill In the old red telephone box</p>
<p>Portmoak Portmoak Community Council Kindness Boxes Graham Cox - graham.cox@boundaries-edge.com</p>
<p>Blackford Blackford Parish Church – Give and Take Foodbank in the church grounds at the Bells of Hope</p>
<p>Scone In the old red phone box outside Rustic Retro</p>
<p>Guildtown In the old red phone box</p>
<p>Bridge of Earn Alan Wilson awilson@churchofscotland.org.uk 07716 796393 / 01738 812463</p>

Appendix 3: Local lists of businesses compiled by community volunteers

Carse Delivery List	List of businesses delivering to meals and ingredients to the Carse area compiled by a community volunteers. See Google Doc .
Quarantine Guide to Perthshire's Local Food Businesses	Quarantine Guide to Perthshire's Local Food Businesses, includes drinks, animal food and toiletries. Being updated regularly. http://www.gillmurrayphotography.com/blog/quarantine-guide-to-perthshires-local-food-businesses/4362/

Appendix 4: Food Train Connects – 1:1 Shopping

Alongside the [support already available in local communities](#), *The Food Train* is launching a new shopping service for people over 65 to fill any gaps.

Food Train Connects - 1:1 Shopping

In all Scottish local authority areas, they are now offering 'Food Train Connects' shopping service where a volunteer undertakes a person's weekly grocery shopping.

Find out more and make a referral here: <https://www.thefoodtrain.co.uk/index.php/request-a-service>