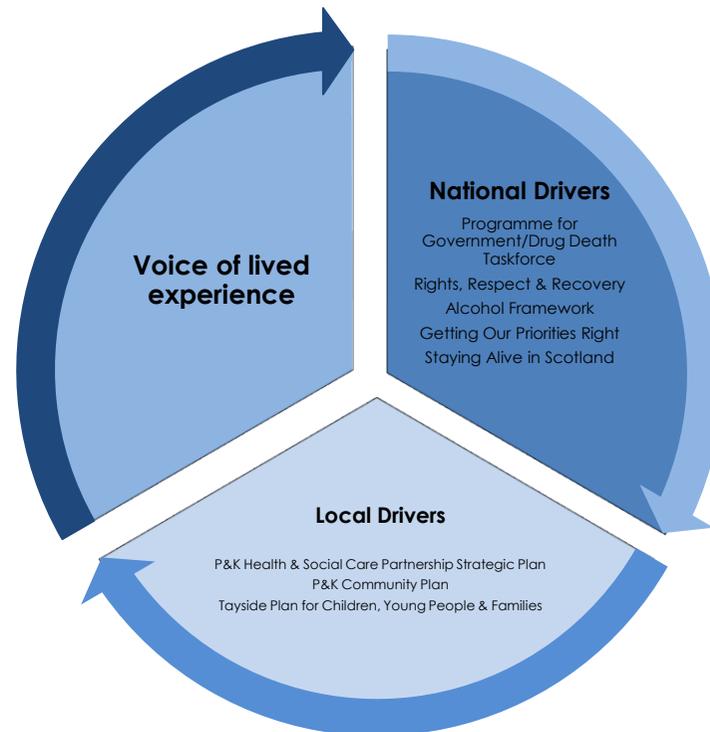


RECOVERY PLEDGE

Perth and Kinross ADP will work to reduce the harms associated with drugs and alcohol and will facilitate opportunities for recovery for people affected by substance use. We will do this by

- Engaging with people with lived experience, to help us shape our policies and our services
- Taking a whole system/whole family approach to service planning and delivery.
- Working to the recommendations made by the Drug Death Task Force, Scottish Health Action on Alcohol Problems (SHAAP), the national alcohol and drug strategies, and annual Tayside Drug Death Report. as well as the guidance provided by the Partnership Delivery Framework.
- Working with the Health and Social Care Partnership, and the Chief Officers Group to promote a “level playing field” between statutory and third sector services
- Ensuring that our approach is consistent with Partners working under the sphere of “Public Protection”.
- Working to the recommendations of the Independent Inquiry into Mental Health service in Tayside; “Trust & Respect”

WHAT SHAPES THE WORK OF THE PERTH & KINROSS ALCOHOL & DRUG PARTNERSHIP?



Alcohol

Almost three-quarters (73%) of alcohol sold in Scotland is in off-sales trade.

Neighbourhoods in Scotland with higher numbers of alcohol outlets have a higher rate of alcohol-related harm and death rates.

In 2018, there was 9% more alcohol sold in Scotland than England and Wales. This is the smallest difference ever recorded.

The Scottish Health Survey results for Tayside, show that during the period 2015-2018, 30% of men and 14% of women were drinking alcohol at levels that are considered hazardous or harmful (over 14 units / week).

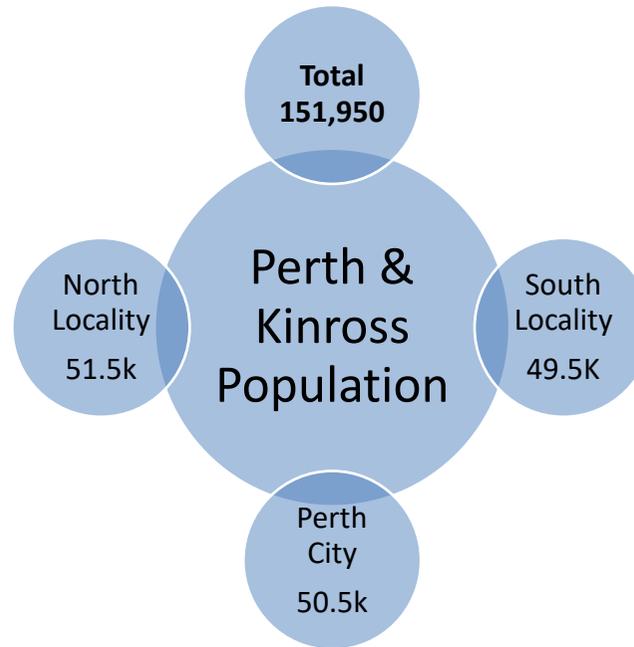
21% of adults in Tayside drink alcohol in excess of safe government guidelines which is marginally lower than the Scottish average 25%.

It is estimated that alcohol-related harm cost to Perth & Kinross is approximately £42.04 million per annum.

In 2018 there were 1,336 alcohol related attendances at A&E in Perth & Kinross (*age standardised rate of 931.5 per 100,000 population*)

In 2018 there were 571 alcohol related hospital stays (*rate of 379.1 per 100k population*) and 22 alcohol specific deaths (*five-year average of 20 per 100k population*)

DEMOGRAPHICS



Perth and Kinross contains 73,261 households and is broken down into 186 data zones in the Scottish Index of Multiple Deprivation

The 2020 edition shows that 11 are within the 20% most deprived in Scotland

This equates to 5.6% of the population in Perth & Kinross living within the 20% most nationally deprived areas in Scotland

35% of household's have single occupant tax discount.

Source: NRS Mid-year estimate 2019 / NHS LIST locality profiles

Drug

Scotland has the highest rate of drug related deaths per million of population in Europe.

It is estimated that there are 1500 problem drug users within the Perth & Kinross area which is an estimated prevalence rate of 1.6% and 454 people in receipt of Opiate Replacement Services.

In 2019/20 there were 315 drug Related Hospital discharges recorded in Perth & Kinross, this is the highest number recorded in 20 years of data collection.

There were 30 Drug Deaths Recorded in Perth & Kinross in 2018 and the five-year average rate of deaths was 10 per 100k population against a Scottish Rate of 16 per 100k

In 2019/20, 201 Non-fatal overdose incidents were recorded by the Scottish Ambulance Service in Perth & Kinross compared to 145 in 2018/19.

In Tayside, having effectively achieved Hepatitis C elimination, focus is on maintaining elimination via harm reduction and embedded BBV testing in our services as 90% of all new transmissions are in people who inject drugs.

Priority 1: Prevention and Early Intervention

Outcome: Substance use, and how to prevent the harms associated with it, is considered in the widest sense in Perth & Kinross, with acknowledgement that prevention of, and early intervention to, substance use, has its roots in social inclusion, quality of life and equity of opportunity. This requires links into other policy areas including housing, education and justice.

HEADLINE SUMMARY	OUTCOME (LOCAL)	IMPACT MEASURE - QUALITATIVE	IMPACT MEASURE - QUANTATATIVE
Education, prevention and early intervention on alcohol and drugs	<p>Substance use/wellbeing workshops are delivered in schools and programmes (online or delivered) are available to alternatives to mainstream education settings.</p> <p>Fewer young people experience harms associated with substance use. The inequality gap in harms resulting from substance use is reduced</p>	<p>Young people’s attitude towards the risks of drug use (SALSUS)</p> <p>Young people’s reported wellbeing (SALSUS)</p>	<p>Number of children and young people using drugs (SALSUS)</p> <p>Number of Young people using alcohol (SALSUS)</p> <p>Number of young people indicating problematic use (SALSUS)</p> <p>Number and rate of young people admitted to hospital for drug related admissions (Drug Related Hospital Statistics, Information Services Division: DRHA, ISD)</p> <p>Number and rate of young people admitted to hospital for alcohol related admissions (Alcohol Related Hospital Statistics, Information Services Division: DRHA, ISD)</p>
	Perth & Kinross ADP has a clear prevention framework, utilising the knowledge and experience of our colleagues in Greater Glasgow and Clyde.		

	<p>Alcohol Screening and Brief Interventions (ASBI) is embedded in Priority and Secondary settings in Perth & Kinross</p>		<p>Number of ABIS delivered a) In primary settings b) In secondary settings</p>
<p>Address stigma in our communities</p>	<p>Prevention, and early intervention to reduce harm associated with substance use, is reflected within the work of the Perth & Kinross Equalities workstream and the Perth & Kinross Chief Officers Group</p> <p>People who are closely affected by drug and/or alcohol related death are supported.</p> <p>Workforce development opportunities are provided that supports the wider health and social care workforce to enquire proactively and routinely about people's substance use in a non-judgemental way and know where to direct people for support if required</p>		<p>Rating of neighbourhood by SIMD – gap between 1st and 5th quintile (Scottish Household Survey [SHS] Report(s), SG)</p> <p>Child poverty rates in Local Authority area (Child Poverty Dashboard data, SG)</p> <p>Child poverty rates nationally (Child Poverty Dashboard data, SG)</p> <p>Delivery of Fairer Scotland Action Plan (SG: Delivery of FSAP Progress Report(s))</p> <p>Rating of neighbourhood as a place to live (incl. by SIMD) – perceptions, strengths, engagement with local community, social isolation, and feelings of loneliness (SHS, SG);</p> <p>Feelings of safety in neighbourhood (Scottish Crime and Justice Survey: SCJS, SG)</p> <p>Rating of drugs being a problem in neighbourhood. (SCJS, SG)</p> <p>Level of self-reported stigma related to drug use among people who inject</p>

			<p>drugs (Needle Exchange Surveillance Initiative, Health Protection Scotland [NESI: HPS])</p> <p>Social capital (and constituent parts – social networks, community cohesion, community empowerment and social participation) ratings by quintile (National Performance Framework, SG)</p>
A reduction in the attractiveness, affordability and availability of alcohol	ADP representation on Licensing Forum.	The ADP is represented in the actions and representations of the Alcohol Licensing Forum	

Priority 2: ROSC

Outcome: Recovery is visible and celebrated across Perth & Kinross. When people need services, they are easy to access “the right service at the right time”, and are good quality, providing compassionate responses that are trauma informed and person and family centred.

HEADLINE SUMMARY	OUTCOME (LOCAL)	IMPACT MEASURE - QUALITATIVE	IMPACT MEASURE - QUANTATATIVE
<p>The ADP will have a visible connection to people with lived experience who can act as a “critical friend” regarding system and service development.</p> <p>There will be a mechanism in place for people with lived experience to feed in and feed back to the ADP.</p>	<p>Increased involvement of those with lived experience of addiction and recovery in the evaluation, design and delivery of services;</p> <p>There is an ongoing programme of engagement with people with lived experience of substance use (whether theirs, or a person close to them) and evidence of such</p>	<p>The voice of lived experience is threaded throughout the actions of the ADP.</p> <p>A Lived Experience Reference Group is an active partner to ADP Strategy Group.</p> <p>A programme of engagement is in place. This is published on the ADP, HSCP and NHS Board website. Any person accessing substance use services is provided with the programme of engagement and supported to contribute.</p>	<p>Number and frequency of engagement opportunities</p> <p>Number of people participating in engagement opportunities.</p>
<p>A well-functioning, joined up Recovery Orientated System of Care (ROSC) is in place in Perth & Kinross that delivers seamless support, and encourages individuals to remain engaged with support services throughout their Recovery journey.</p>	<p>Access to services, particularly prescribing services, is simple and free from unnecessary delay.</p> <p>There is a clear pathway between in-patient and community services, and between Prison based healthcare and community services.</p> <p>The draft Medication Assisted Treatment (MAT) Standards, as published by the Drug Death Taskforce, inform and are evident within, the ROSC.</p>	<p>Daily referral and assessment hub (operational)</p> <p>Shared paperwork</p> <p>Monthly ROSC Implementation Group (strategy)</p>	<p>Drug and alcohol treatment waiting times (primary waiting time) (National Drug and Alcohol Treatment Waiting Time Statistics, ISD)</p> <p>% of people completing treatment and discharge reason (SDMD)</p> <p>% of reviews completed in line with recommendations (DAISy)</p> <p>Number of needles/syringes supplied from Injecting Equipment Provision services (Injecting Equipment Provision [IEP] Report(s), ISD)</p>

			<p>Ratio of IEP outlets per estimated 'problem drug user' estimate (IEP Report, ISD)</p> <p>Number and Type of IEP outlet (e.g. pharmacy, clinic, outreach) (IEP Report, ISD)</p> <p>Naloxone reach (Naloxone Report, ISD)</p> <p>Numbers of people receiving methadone (ScotPHO website)</p> <p>Prevalence of Opiate Substitute Treatment (OST) engagement among people who inject drugs (NESI, HPS)</p> <p>Prevalence of illicit benzodiazepine use among people who inject drugs (NESI, HPS)</p>
	<p>A whole systems approach is evident throughout the ROSC with a standard expectation that multiple and complex needs will be considered and addressed.</p>		<p>% of service users who have received any other interventions (as per SMR25b) since last review (SDMD)</p> <p>% change in accommodation status from any other classification to "owner/rented – stable" (i.e. secure) and vice versa (SDMD)</p> <p>Prevalence of homelessness among people who inject drugs (NESI)</p> <p>% of those using tobacco referred to cessation support (DAISy*)</p> <p>% of clients where routine enquiry undertaken re. childhood and domestic abuse (DAISy*)</p>

<p>Independent Advocacy is visible and valued across the ROSC.</p>	<p>Residents of Perth & Kinross have access to specialist advocacy support.</p>		<p>Number of referrals to IAPK specialist peer advocacy worker</p> <p>Number of engagements between IAPK and substance use services</p>
<p>The growth of Recovery Communities in P&K is supported.</p>	<p>Every locality will have a Recovery Community Group which is well supported and organised with active support of people with Lived Experience.</p>		<p>Number of Recovery Community Groups in P&K</p> <p>Engagement of ADP with Recovery Community Groups.</p> <p>% and number of people in services also involved with mutual aid/peer support/recovery groups (DAISy*)</p>
<p>Non- Fatal Overdose Pathway</p> <p>Should we enhance this a bit to state we have an effective non fatal overdose pathway that informs improved service delivery and minimises suspected drug related deaths etc</p>	<p>Perth & Kinross has a well embedded, multi-agency response to non-fatal overdose.</p>		<p>Number of NFO related Multi-agency meetings</p> <p>Prevalence of recent non-fatal overdose among people who inject drugs (NESI)</p>

Priority 3: Getting It Right for Children, Young People and Families

Outcome: A Whole Family/Whole System approach is embedded across Perth & Kinross services.

HEADLINE SUMMARY	OUTCOME (LOCAL)	IMPACT MEASURE - QUALITATIVE	IMPACT MEASURE - QUANTATATIVE
The importance of friends and family providing love and support to people in recovery is valued	People with lived experience of substance use (drugs or alcohol) are seen in the context of their friends and family, and wider social group. The importance of friends and family providing love and support to people in recovery is valued and support is available to people to enable them to continue this vital aspect of recovery support,	'informal' helping network is visible in recovery plans annual 'friends and family' survey SU report greater involvement of friends and family	Numbers of family group conferences/sessions
Children are seen in the context of their families.	Children affected by substance use are provided with support, and children and adult services are connected and provide support that is joined up and comprehensive.	The value of having a family plan is understood and embraced by all workers who understand that this will enhance the assessment of strengths, risk and need across the family system.	Number of family recovery plans Number of adult service attendance at Child planning meetings Number of children's services attendances at adult planning meetings
Trauma informed practice is embedded across the ROSC	PKADP: facilitates the delivery of evidence based multi-agency workforce development opportunities to those working with parents who use substances and their children.	Mapping of available workforce development opportunities to support learning and development in respect of children affected by (parental) substance use. Gaps identified Mapping of available workforce development opportunities to support learning and	Number of individuals who undertake workforce development opportunities in respect of; <ul style="list-style-type: none"> • Children affected by (parental) substance use

	<p>Identifies appropriate learning needs/target groups regarding Children Affected by (parental) substance use</p> <p>Identifies appropriate learning needs/target groups regarding Foetal Alcohol Spectrum Disorder</p> <p>Identifies appropriate Bereavement Training for the workforce in Perth & Kinross.</p> <p>PKADP facilitates access to workforce development opportunities that support the development of a trauma informed workforce.</p>	<p>development in respect of Foetal Alcohol Spectrum Disorder. Gaps identified</p> <p>Mapping of available workforce development opportunities to support learning and development in respect of trauma. Gaps identified.</p>	<ul style="list-style-type: none"> • Foetal Alcohol Spectrum Disorder. • Trauma
<p>Perth & Kinross has a culture which avoids silo working</p>	<p>There is an Improved interface between services for Adults and Children and Young People (Adhere to Quality Principle 8- 'Services should be family inclusive as part of their practice') "The Quality Principles - Standard Expectations of care and support in Drug and Alcohol Services".</p>	<p>Annual self-evaluation against the Quality Principles</p> <p>plus</p> <p>sample audit of case files/recovery plans</p>	

Outcome: Vulnerable people are diverted from the justice system wherever possible, and those within justice settings are fully supported

HEADLINE SUMMARY	OUTCOME (LOCAL)	IMPACT MEASURE – QUALITATIVE	IMPACT MEASURE - QUANTATATIVE
<p>The specific needs of women are addressed within service provision.</p> <p>A gendered lens is used when developing services.</p>	<p>Onestop Women’s Learning Service – a holistic service to support women offenders with multiple and complex needs – it is established, staffed and funded</p> <p>The Men’s Service –wraparound model to improve health and wellbeing of men in the criminal justice system is operational in Perth & Kinross.</p>	<p>Feedback from individuals on the services available and experiences</p>	<p>Number of referrals into the OWL Service.</p> <p>Number of referrals into the Men’s Service.</p>
<p>Community supports are available for people who are, or have experience of, being subject of the criminal justice system</p>	<p>An employability project providing a range of employability opportunities for people of all ages and backgrounds is in place in Perth & Kinross</p> <p>Community Justice and Scottish Prison Service are part of the Recovery Orientated System of Care with established pathways into community support services.</p>		<p>Number of people diverted from prosecution and to drug treatment/education (CJSW Statistics)</p> <p>Number of people diverted from prosecution and to alcohol treatment programmes (CJSW Statistics)</p> <p>Number of people diverted from prison custody via DTTO (CJSW Statistics)</p> <p>Number of people diverted from prison custody via CPO with alcohol treatment condition (CJSW Statistics)</p> <p>Number of people diverted from prison custody via CPO with drug treatment condition (CJSW Statistics)</p>
<p>Throughcare between Prison and community is supported</p>	<p>P&K has an established pathway between Prison and community support</p>		

	services, including prescribing services, housing and recovery support services.		% of people transitioning from prison to community treatment without interruption to care (DAISy*)
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