

Supporting Your Community Members

Topic	Resource
Adult Protection	All adults at risk of harm have the rights to be safe and protected. The following online module contain information on legislation and protecting people at risk of harm – PK Learning & Development - Adult Support & Protection
Child Protection	Child protection means protecting a child from abuse or neglect, which may cause significant harm. Everyone has a part to play to make sure all children are safe and the best way of doing this is to prevent abuse or neglect from taking place. Prevention, therefore, must be a priority for us all. Child protection online module available – PK Learning & Development - Child Protection
Food Hygiene	Food Hygiene Certificates Accredited through City and Guilds at level 2 https://www.ncasstraining.co.uk/food-hygiene-courses/food-hygiene-level-2-2/ . This level of certification fulfils the legal requirements of training for anyone who is handling or serving food such as running lunch clubs, coffee mornings or more formal structures such as community cafes. These can be accessed free of charge through our Adult Learning Hub - Perth & Kinross Council - Adult learning - Life and work (pkc.gov.uk)
Mental Health	If you know of anyone who might need help and support, please direct them to these links: Mental Health Directory of Services Covid19.pdf (pklearning.org.uk) Perth & Kinross Council - Mental Health and Wellbeing (pkc.gov.uk)
Looking Out for Others	Get Nourished Advice Line - 01738 450556 It is important for those living in Tayside who are losing weight unintentionally and have a poor appetite to know about the phone line to receive the help and support they need to prevent malnutrition. This telephone line will provide practical tips and advice about how to stay well-nourished when you or someone you know has a poor appetite and/or is experiencing unintended weight loss.
Other Resources	Guidance on community responses to COVID-19 - News (communityscot.org.uk) Perth and Kinross Council Coronavirus Support - https://www.pkc.gov.uk/coronavirus/communitysupport Adult Learning Hub

We have gathered a selection of high quality and flexible online learning courses to suit the needs of individuals, communities, community groups and employers - <https://www.pkc.gov.uk/adultlearninghub>

Guidance for Community Groups

Topic	Resource
Governance	<p>The type of legal structure which is right for your organisation will depend on the scale of your plans and the level of risk involved. Sometimes a legal structure is not necessary, other times it can be beneficial for reducing liability to members and increasing funding opportunities. Some general guidance and templates can be accessed at - Setting up a charity – SCVO</p> <p>For further advice and Support with this, please contact Lori Hughes (Partnership and Communities Manager, PKAVS) on lori.hughes@pkavs.org.uk or 07534420360.</p>
Volunteer Management	<p>Volunteer Scotland have provided practical guidance for organisations managing volunteers during Coronavirus (Covid-19) as well as guidance to minimise the impact of Covid-19 on the health and wellbeing of volunteers.</p> <p>Volunteer Scotland Help Make a Difference through Volunteering</p>
GDPR	<p>It is extremely important to remember that information received as part of your role must be protected and should only be shared in accordance with the General Data Protection Regulation and Data Protection Act 2018.</p> <p>Please take some time to cover the basics of the General Data Protection Regulations through the online module – PK Learning & Development - General Data Protection Regulation (GDPR)</p>
Public Liability	<p>Perth & Kinross Council, Community Councils and Local Resilience Groups have the appropriate insurance for volunteers during the coronavirus pandemic. This will cover you if you have registered to volunteer through MyPKC or through your Community Council and Local Resilience Group. If you require any advice or guidance please contact Craig Robertson in the Council's Finance Team on 07894 277916.</p> <p>This cover excludes driving; however, the Association of British Insurers (ABI) have confirmed that all private motor insurance policies will now automatically cover travel associated with volunteering during the coronavirus pandemic.</p>
Funding	<p>Funding Alert and PKC Info - Perth & Kinross Council - Coronavirus: Funding for community groups (pkc.gov.uk)</p> <p>PK Grants Direct - Perth & Kinross Council - Community grants (pkc.gov.uk)</p>

	<p>Coronavirus Third Sector funding (SCVO) - Funding – SCVO</p>
Guidance for re-opening Community Facilities	<p>The Scottish Government has produced specific guidance for multi-purpose community facilities - Coronavirus (COVID-19): multi-purpose community facilities - guidance - gov.scot (www.gov.scot)</p> <p>If your organisation is responsible for a building that is open, you must take steps to limit risks of infection spread. Guidance and templates are available - Safe premises – SCVO</p>
FareShare Food Initiative	<p>FareShare Tayside and Fife provide provides quality surplus food to over 90 community projects throughout Dundee, Perth and Kinross and Angus. The team redistributes food from both local and national suppliers, helping to address both food poverty and food waste in and around Dundee.</p> <p>For more information on how FareShare can support your community group, please contact Dave Nicoll on - dnicoll@transformcd.org.</p>
Digital Support	<p>How to understand your users’ digital skills and preferences - Your users – SCVO</p> <p>Free and low-cost tools that charities are using to deliver digital services - Tools & functionality – SCVO</p> <p>How to risk assess digital services. Includes resources for ensuring safety and security of employees and users - Safety and security – SCVO</p> <p>Glasgow Kelvin College, in partnership with SCVO are delighted to announce the release of these SCQF credit rated courses, designed to support local people get online and take measures to address the digital skills gap in Scotland - Digital inclusion qualifications – SCVO</p>
Mental Health	<p>If you know of anyone who might need help and support, please direct them to these links:</p> <p>Mental Health Directory of Services Covid19.pdf (pklearning.org.uk)</p> <p>Perth & Kinross Council - Mental Health and Wellbeing (pkc.gov.uk)</p>
Other Resources	<p>Guidance on community responses to COVID-19 - News (communityscot.org.uk)</p> <p>Perth and Kinross Council Coronavirus Support - https://www.pkc.gov.uk/coronavirus/communitysupport</p> <p>Adult Learning Hub</p>

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<https://www.pkc.gov.uk/adultlearninghub>

If you need further support, please contact your local Community Learning & Development Worker, as per details below.

Locality Area	Contact
Eastern Perthshire <i>Carse of Gowrie</i> <i>Strathmore</i> <i>Blairgowrie & Glens</i>	John Corrigan (JCorrigan@pkc.gov.uk) Mairi Todd (MLTodd@pkc.gov.uk) Jinty Smart (JSmart@pkc.gov.uk)
Highland and Strath Tay	Cat Gordon (CatherineGordon@pkc.gov.uk)
Strathearn and Strathallan	Tracey Ramsay (TRamsay@pkc.gov.uk)
Kinross-shire <i>Almond and Earn</i>	Roseanne Gray (RGray@pkc.gov.uk)
Perth City <i>Perth City South</i> <i>Perth City North</i> <i>Perth City Centre</i>	Angie Macinnes (ARMacinnes@pkc.gov.uk) Jacqueline Walsh (JWalsh@pkc.gov.uk) Margaret McIntosh (MMcIntosh@pkc.gov.uk)