Covid-19 Testing

Who is eligible to be tested?

Access to testing is available via NHS Inform

Further information is available for employee/pupils in Education.

I am part of the pilot for Hybrid Working, will the Council provide access to regular self-testing?

When working from a corporate base you are encouraged to test regularly. You will be able to obtain self-testing kits via your Line Manager and a stock will be held for easy access. Further information on <u>Hybrid Working</u> is available on the Council's Coronavirus website page.

What happens if I require a test and I am unable to drive to a testing centre?

Access to testing is available via NHS Inform

You may be able to get a <u>PCR test</u> to do at home, depending on availability.

Can members of my household be tested?

Yes, anyone in Scotland, whatever their age, who is self-isolating because they are showing symptoms can be tested. You can access the self help guide on <u>NHS</u> <u>Inform</u>.

When should I request to be tested?

You should follow the guidance on <u>NHS Inform</u> to book a test.

Can I request to be tested if I have no symptoms?

Testing is available to people with and without symptoms. Guidance is available on <u>NHS Inform</u>.

Will the test result show whether I have recovered from COVID-19?

No. The test will confirm if an individual with symptoms of the virus actually has it. It will not confirm whether they have had it and have now recovered.

It is vital those who test negative continue to follow the <u>Scottish Government</u> <u>guidance</u>.

When will I be able to return to work if either myself or a member of my household has COVID-19?

You should follow the self-isolating advice on NHS Inform

How will I get my test results?

The target is for results to be given by text or email within 48 hours. This will be covered in the referral process.

Will I be able to return to work immediately if the test result(s) is negative?

If all members of your household with symptoms received negative results, you can return to work providing you are well enough and have not had a fever for 48 hours.

If, after returning to work, you develop symptoms, you should follow NHS Inform guidance on <u>self-isolating</u>. You should contact your Manager to discuss your return to work.

I have been contacted by a Contact Tracer to advise that I am required to selfisolate, can I work from home?

If you have been contacted to self-isolate you should advise your Manager immediately and follow NHS Inform guidance on <u>self-isolating</u>. If you already work from home you should continue to do so, as long as you remain well. If you can not work from home, you will still be required to self-isolate. Your Manager should record the absence, on MyView, in accordance with the <u>Covid-19 classifications</u>.

You can find more information about <u>Contact Tracing</u> on NHS Inform.

If you develop symptoms you should get tested following the Coronavirus (COVID-19) Self Help Guide on <u>NHS Inform</u>.

Further information

Coronavirus (COVID-19) Getting Tested/Who Can Get Tested

Scottish Government - Coronavirus (COVID-19): getting tested in Scotland