

Thank you for attending 'Getting it Right...Keeping Your Child Safe 2021.' Below you will find a list of key websites that provide information and advice about the topics discussed in the seminar, along with some others that include links to resources and broader online safety advice.

REMEMBER

Talk to your child about online safety, explain the dangers, and make sure their social media accounts are secure. Install parental controls so you can monitor what they access.

- Speak with your child about what they do online
- Ask them to show you some of their favourite sites
- Show an interest in who their friends are online
- Ask them how they decide who to be friends with
- Agree the amount of time they spend online and the sites they visit
- Raise the issue of inappropriate content. Have they seen any?
- Make sure they know how to report abuse online

<https://www.fastforward.org.uk/>

A charity registered in Scotland which aims to help young people make informed choices about their wellbeing and to live healthier lifestyles. Training calendar available: <http://bit.ly/2SmqNe9>

<https://gamblingtoolkit.fastforward.org.uk/>

Free toolkit from Fast Forward - has over 30 games and activities aimed and informing young people about gambling harms:

<https://www.askaboutgames.com/>

Ask About Games answer questions parents and players have about video game age ratings, provide advice on how to play games safely and responsibly, and offer families helpful tips to ensure they get the most out of the games they enjoy together.

<https://ineqe.com/safeguarding-hub/>

<https://oursaferschools.co.uk/your-app/>

INEQE Safeguarding Group are an independent safeguarding organisation who believe in empowering people to stay safer through education and the use of innovative technology. Ineqe work in partnership with Zurich Municipal to provide the Safer Schools app free to any school in the UK who has their full programme of insurance with Zurich.

<https://www.internetmatters.org/>

A non-for-profit organisation that aims to empower parents and carers to keep children and young people safe in a digital world.

<https://www.childnet.com/>

This website has tips, advice, guidance and resources to help keep your child safe online.

www.thinkuknow.co.uk

Education programme from the National Crime Agency's CEOP Command. Thinkuknow aims to support parents and professionals and to empower children and young people aged 5-17 to identify the risks they may face online and know where they can go for support. Online grooming or sexual abuse can be reported to <https://www.ceop.police.uk/Safety-Centre/>

<https://www.iwf.org.uk/>

The Internet Watch Foundation is a registered charity which works with partners to remove illegal online child sexual abuse content and imagery. The IWF operates a confidential and anonymous reporting page.

<https://parentzone.org.uk/>

Parent Zone provides support and information to parents, children and schools, working globally to help families to navigate the internet safely and confidently. They offer information and support in understanding the digital world, to help raise resilient children.

<https://www.mariecollinsfoundation.org.uk/>

The UK charity which supports children and young people who suffer sexual abuse and exploitation via internet and mobile technologies to recover and live safe, fulfilling lives.

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/mental-health-suicidal-thoughts-children/>

Information and advice for parents and carers to help them identify the signs and to help them support children and young people who may be struggling with their mental health.

www.common sense media.org

Non-for-profit organization dedicated to helping children and young people thrive in a world of media and technology by providing unbiased information, advice and tools for parents and professionals.

<https://www.saferinternet.org.uk/>

A partnership of three leading organisations: Childnet International, Internet Watch Foundation and SWGfL, with one mission - to promote the safe and responsible use of technology for young people.