

#GetintoSummerpk #play2021 #pkcplaystrategy

Week 3 some outdoor play ideas for you to try at home



Triangle Tig

How to play

- In groups of 4, 3 players form a triangle by holding hands
- The player outside the triangle then picks one of the 3 to chase
- The other players in the triangle then try to protect the chosen player by turning the triangle
 - When caught the player replaces the catcher
- The chaser is not allowed to their hand through the triangle



Elbow Tig

People stand in pairs with linked arms. Two people run about one chasing the other and if caught they swap. The person being chased can link up with another standing pair when the person on the other side must run and be chased.

Hopscotch/Aeroplane Beds

1. Draw a traditional hopscotch diagram like the one below. (Chalk is best for asphalt and pavement outdoors. [If you're playing inside](#), use masking or painter's tape.)
2. Throw a small stone, twig, beanbag, or other marker into the first square. (If it lands on a line, or outside the square, you lose your turn. Pass the marker to the following player and wait for your next turn.)
3. Hop on one foot into the first empty square, and then every subsequent empty square. Be sure to skip the one your marker is on.
4. At the pairs (4-5 and 7-8), jump with both feet.
5. At 10, hop with both feet, turn around, and head back toward the start.
6. When you reach the marked square again, pick up the marker—still on one foot!—and [complete the course](#).
7. If you finished without any mistakes, pass the marker to the next player. On your next turn, throw the marker to the next number.
8. If you fall, jump outside the lines, or miss a square or the marker, you lose your turn and must repeat the same number on your next turn. Whoever reaches 10 first, wins.



Stick in the Mud (Scottish Game)

Divide into two teams. Give each team a name. One team is catching. When a player is caught they stand still with their legs apart. They can only be freed when a team mate crawls through their legs. The game continues until everyone is stuck.

Blob

One person starts as the Blob and has to chase the others. If someone is caught they have to hold hands with the first person to become part of the blob. The blob grows bigger and bigger as more people get caught. To speed the game up the blob can split into smaller blobs.

IF TAGGED YOU BECOME THE SOUP MAKER

Simon Says (Irish Game)

One child (the leader) has to tell the others what to do. For example 'Simon Says – touch your nose'. All the children then touch their noses. The trick arises when the leader says 'Scratch you knee' without saying 'Simon Says'. Children can have 3 lives and the last player left can be the leader.



**#GetintoSummerpk
#play2021 #pkcplaystrategy
Week 3 some of the outdoor play
workshops children from Perth &
Kinross have had fun with this week
with Childcare Strategy Team**

Ideas for you to try at home

- Pebble Painting
- Pebbles and stones
- Poster or acrylic paint
- Paintbrushes
- A glass of water
- A colour mixing dish
- Clear nail varnish

To turn your pebbles into works of art, do the following:

Decide what you're going to use the finished stone for (check out our painting pebbles ideas below). Paint the stone with your design. Kids can be as creative as they like here – and don't forget to sign your artwork too!

Allow the paint to dry and then cover it with a protective layer of clear nail varnish; this will also give your stone a nice shiny finish. Once this is dry, your painted stone is complete!

