

#GetintoSummerpk

#play2021 #pkcplaystrategy

Week 4 some outdoor play activities enjoyed by children across Perth & Kinross with the Childcare Strategy Teams.

Here are some ideas for you to try at home

Homemade Sprinkler is a Fun Outdoor Idea

If you don't have a sprinkler or simply want to show your kids how they can make their own, this homemade sprinkler is surprisingly easy to create.

Here's what you do:

1. Take a 2-liter soda bottle and poke holes into it.
2. Attach to a garden hose with a male-to-male adaptor.
3. Hang the sprinkler over a tree branch, from your deck or lay in on the ground.
4. Adjust the sprinkler flow by adjusting the water stream.
5. Let your kids run through it and enjoy the giggles!

Make nature Paint Brushes

Whilst on a walk, gather leaves and grass and some short sticks. Once home, secure the leaves to the sticks with elastic bands to make "brushes". Use thick paper and some paint to dip the brushes into and start painting! You can observe how different leaves make different marks on the page



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Gloop

Cornflour

Water (1 teaspoon at a time)

Food colouring /scents

This activity allows children to explore textures and early mark making.



Den Building

Provide lots of blankets or sheets. Let children make a den for them to have their own space.

This activity allows children to take ownership of their environment and provides the opportunity to use their imagination.



Sand Play

Sand, moulds, buckets and spades!

Let the children explore the properties of wet and dry sand.

Great for exploring their natural world.

Water painting

Provide the children with a cup of water and a paint brush. Let them make their own marks on the paving stones or brick walls. When the sun comes out watch the marks disappear like magic!



Shaving foam

Spray some shaving foam on the table to let the children explore texture. Add some to water to see what happens. Add food colouring, scents, glitter or pulses. Add small world resources.

The opportunities are endless!

NB please check for allergies



Slime

Soap flakes

Boiling water

Food colouring

Dissolve the soap flakes and leave to cool!

NB please check for allergies



Salt Dough Recipe for Model Making

1 cup of flour

1 cup of salt

Half a cup of Water

Mix together and knead in. When ready to cook, put on a baking sheet in the oven at 100c/200f for 2-3 hours. Paint or decorate as required. When dry cover with gloopy glue.

