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**NEWSLETTER**

# ELC Newsletter, Issue 39, March 2025

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## School Aged Childcare Update

The Scottish Government published the School Aged Childcare Framework 2023, with a vision for increasing the Wraparound Care offer to be accessible, affordable, expanding funded childcare particularly for those on low incomes.

This has been re-scoped recently, to focus on co-design school aged childcare in communities, with 3 actions:

- Testing in the Early Adopters and Access to Childcare Funded Projects with a view to future learning.
- Maximising the financial benefits available (including the Tax-free Childcare (TFC) and Childcare Vouchers)
- Working on school relationships and awareness of issues faced in School Aged Childcare.

In addition, there is the Regulation of School Aged Childcare Research, which we shared in the last newsletter reviewing:

- Opportunities and Challenges,
- Qualifications,
- Funding spaces

There will be an update on this research April/May 2025 with progress and next steps.

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## Childcare Survey Report Summary

The Annual Children's Survey Report was published on Thursday 20 March 2025. Findings have been shared with the media, key highlights below

- Scotland and Wales see price rises of 7% and 10% respectively, and childcare costs for three-to-four-year-olds across Great Britain are up by almost 5%.
- The average part-time nursery place for a child under two costs £122.38 per week in Scotland.

- Sufficiency in Scotland is high for children entitled to the 1,140-hour funded entitlement; 78% of local authorities who responded say they have enough provision for at least 75% of children aged three to four.

This year there is more detail in the report, it also includes a consultation with parents.

Average cost of 3 – 5-year-olds (paying for an additional 20 hours over and above the ELC entitlement) in Scotland

- Nursery £105.88
- Childminder £102.79
- Average costs of School Aged childcare £66.48 term-time
- Average costs of PKC – Kids Clubs/WAC are currently £51.00

[Read the full report](#)



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## **Christmas Family Hampers 2024**

In previous years any organisation/service could apply to Fuelled for Fun (FIHP) to provide food hamper over the Christmas holiday period. Although this worked well with many families benefiting from this across Perth and Kinross, we were aware that there were several families receiving more than one hamper. Due to GDPR we were unable to share with other organisations what applications we had received. All services and organisations were asked if they would like to join forces to work together to have one application and to make and distribute the hampers using local distribution areas to reduce the handling of items and amount of travel to deliver the hampers to families.

There was a wide selection of services and organisations that joined to work on the project, all having a key role in certain areas of the project.

### **Perth and Kinross Council Services:**

Education and Learning – Parenting & Family Learning Team,  
Childcare Strategy Team, Community Link Work Team,

**3rd Sector organisation:**

Logos (Crieff/Auchterarder)

Letham4All

Big Hoose

Broke not broken

PKAVS

NHS

Button & Bows

Discover Blairgowrie

**Businesses:**

British Gas

Using a single application process 387 families (795 children) were provided with Christmas hampers across Perth & Kinross.

Each hamper included a range of perishable and non-perishable items, an age-appropriate family game, the games were wrapped so they could be included in the Christmas day celebration. In each hamper there was a Christmas message, information about where to get support of the Christmas holiday period (from Welfare Rights) and Play Z cards. OWLS kindly supported and the wrapping of the family board games. For families with five or more people received increased the quantities of some of the items.

The Big Hoose provided a range of items that were included in the hampers, these items can be costly for families if they did not have to purchase them their money could be used for other items Button & Bows provided nappies for families with children under 1 year old.

Overall, food hampers are a valuable resource for families in poverty, offering immediate nutritional support and fostering community connections. The Christmas food hampers provided immediate relief to families at a period of time when family finance is stretched even further.

The application for support is based on the professional's intelligence regarding the family's needs and is not benefit based. This provides support to families that are struggling financial not only those that meet a benefit criteria. The feedback from both

professionals and families is always very positive towards this offer of support.



## Food insecurity during holiday period - PFLT Christmas 2024





387

food hampers provided

£18,769.79

spent on snacks/meals/hampers

795

children have benefitted from either a Christmas Hamper or activities

387

families have benefitted from a Christmas Hamper

Recipients by ACORN Area



■ 1 ■ 2 ■ 3 ■ 4 ■ 5 ■ 6

### FEEDBACK

This will be a huge help, especially at the moment as things are so tight

We have just had an awesome array of items delivered to us this afternoon with a card wishing us a merry Christmas as we enjoy our hamper.

thank you so much we are having a difficult time due to a family member being in hospital all our money is going towards visiting every day, this takes so much pressure off

The hamper was absolutely amazing. My baby loved his little jigsaw puzzle that was in it. There was so much in the hamper that was very helpful over Christmas. I greatly appreciated the hamper

My parents were very grateful for your Christmas hamper, there was a good selection of items they could use straight away and keep in store cupboard.

The hamper was really good and had a lot of things in it, They did a great job, it was much appreciated

The whole thing was amazing - it really made a difference to us, thank you.

There was so much of it - I was delighted, I'm so grateful

Thank you so much for thinking of us it's really appreciated.

THANK YOU VERY MUCH FOR THE FANTASTIC GIFTS. We will use every single item. Everything is very much needed. Thousand thanks for the amazing help. My daughter and i appreciate it very much

Thank you so much for referring us for the hamper, there are so many things that will me and my daughter will make use of

They were delighted to receive the hamper. There were items that everyone liked with super fresh fruit and veg too, The non perishables were particularly helpful as they were all ill over Christmas, Praise was also given to the "lovely ladies who delivered the hamper"

Good selection, got at the right time when needed it the most, Washing up items were also very helpful and the game was a nice extra

Further information on applications process: <https://www.pkc.gov.uk/article/21557/Food-insecurity-during-holiday-periods>



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remember to visit [www.ecslearninghub.org.uk](http://www.ecslearninghub.org.uk) for more listings[+ Add event](#)

Exploring GIRFEC and UNCRC  
Thu, 27 Mar, 18:30



Solihull Approach - Foundation  
Training  
Mon, 7 Apr, 09:30



TayMaths Spotlight series -  
Engaging Families in Numeracy  
Tue, 29 Apr, 16:00



TayMaths Spotlight series -  
Planning ahead for Numeracy  
Tue, 20 May, 16:00



Child Protection Officer  
Training  
Mon, 9 Jun, 09:30

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## Solihull Approach Refresher Course (3 Hours)

This 3-hour refresher course provides an essential recap of the Solihull Approach, reinforcing key principles and their practical application in supporting emotional well-being and relationships within educational settings. Designed for those who have previously completed Solihull training, this session revisits core concepts such as containment, reciprocity, and behaviour management, helping participants refresh their understanding and refine their practice. Through interactive discussions and real-world examples, attendees will leave feeling more confident in applying the approach effectively in their work with children, young people, and families.

Dates:

30/06/2025 – 9.30 – 12.30 - Perth Grammar School

30/06/2025 – 13.30 – 16.30 – Perth Grammar School

[Book now](#)[back to top](#)

## Solihull Approach in Application

This 1.5 hour interactive session is designed for professionals who have completed Solihull Approach training and want to deepen their understanding and application in real-world settings. Solihull Approach

in Practice provides a space to revisit key concepts such as containment, reciprocity, and behaviour as communication, while also encouraging shared reflection and discussion. Participants will have the opportunity to explore challenges, celebrate successes, and refine their approach through peer learning. Whether you work in education, healthcare, or social care, this session will help strengthen your confidence in embedding Solihull principles into everyday practice.

Session dates coming soon!



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## First Aid

Emergency First Aid and Pediatric First Aid dates for evening and weekend courses are now being planned in partnership with the Health and Wellbeing Team. These will be delivered as a blended model, with 6 hours of online learning and 6 hours of face-to-face delivery, there will be one Saturday course between now and March 2026 and 3 evening courses (over 2 nights).

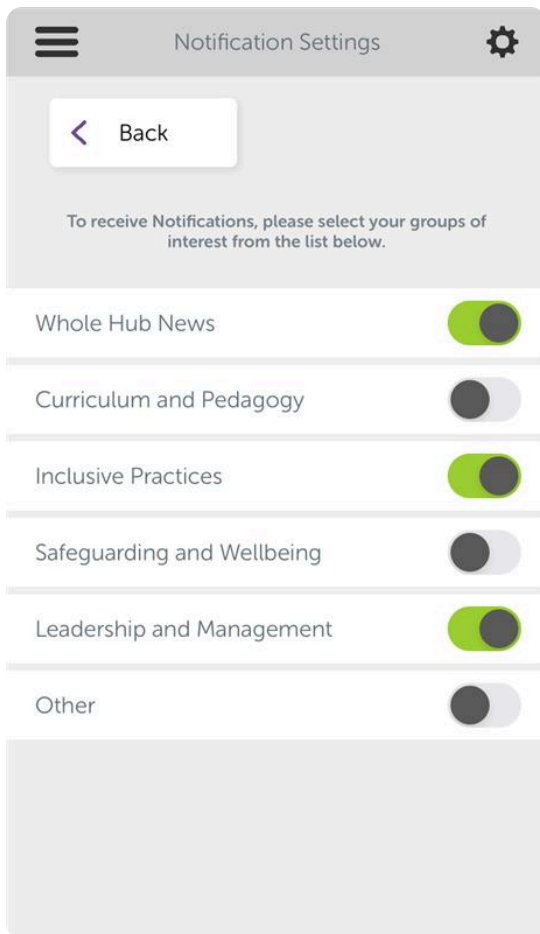
Courses will be advertised and booked through the Education and Learning Hub, and we would request that only those who cannot attend during the day book these courses.

[Check availability](#)



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**[ECS Learning Hub Mobile App](#)**



The ECS Learning Hub website is frequently updated to keep you informed with upcoming professional learning and development opportunities. To ensure you have even easier access to this information they have launched a mobile app.

The mobile app allows practitioners to keep up to date with all the professional learning and development opportunities all in one handy place on their device. Practitioners can also receive push notifications from the ECS Learning Hub and subscribe to alert groups.

The app is free to download so please give it a try!

#### HOW TO GET THE APP - NEXT STEPS

- 1) Please use one of the links below to download and install the app (for free) from the relevant app store.
- 2) Once the app is installed, search for ECS Learning Hub
- 3) The passcode is 4763

*Don't forget to allow notifications in your phone settings, to allow you to receive messages from the ECS Learning Hub.*







## **Fitness to Practice and day care of children's service**

Day care of children services was one of the first groups on our Register with required registration coming in almost 20 years ago.

Over the past year, just under a fifth of all registrants worked in day care of children services. But they only make up a tenth of the cases referred to our Fitness to Practise Department, meaning day care of children registrants are the least likely to be referred.

[Read more](#)



## **Free learning resources for people working in children and young people services**

Since June last year, SSSC's continuous professional learning (CPL) website has helped thousands of people to access learning resources to meet their mandatory CPL requirements.

The website helps people find free resources to support their CPL and gives suggested topics and areas for development within career pathways and the core learning elements.

It's easy to use and personalised to your career.

[Find out more](#)



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## Care Inspectorate - Strengthening our protection procedures

Protecting people is at the heart of what Care Inspectorate do.

They have recently improved our protection procedure. It provides all staff with clear guidance of our intent and overarching proactive approach to protecting people, through both our scrutiny of care services and developing our workforce.

[Read more](#)



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## Fear-less Triple P



## Fear-Less Triple P

**Fear-Less Triple P is a parenting programme for parents of children and young people aged 6-14 years old. The programme aims to help parents support their children with anxiety.**

### Fear-Less Triple P can help you

- Encourage your child's coping skills
- Help your child manage their anxiety
- Teach your child problem solving skills
- Become confident as a parent in responding to anxiety
- Take care of yourself as a parent

### Upcoming Group Sessions

Online Group	Weekly every Wednesday 30 <sup>th</sup> April – 11 <sup>th</sup> June	10am – 12pm
Blairgowrie Community Campus	Weekly every Wednesday 30 <sup>th</sup> April – 11 <sup>th</sup> June	5.30pm – 7.30pm
Perth Grammar School	Weekly every Thursday 8 <sup>th</sup> May – 19 <sup>th</sup> June	5.30pm – 7.30pm

For more information, please email [parenting@pkc.gov.uk](mailto:parenting@pkc.gov.uk)



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## Fear-Less Triple P

### Is this your family?

Your child (aged 6 to 14 years) has anxiety that is affecting their everyday life. It may stop them, or your whole family, from doing certain activities. Your child may be worried a lot of the time. You may swing between reassuring them and telling them to face their fears. Neither of these seems to work, and their anxiety seems to increase. You may feel like you've tried everything and possibly may be anxious yourself. If parenting a child with anxiety is affecting your life and you'd like to help your child worry less and be more confident, Fear-Less Triple P can help.

### What is Fear-Less Triple P?

Fear-Less Triple P helps you set a good example of coping with anxiety, coach children to become more emotionally resilient, and develop your own toolbox of strategies. You can choose how to best support your child as they learn to manage their anxiety more effectively.

Fear-Less Triple P encourages you to use practical strategies with all family members, not just the child who seems especially anxious. In this way, the Fear-Less Triple P program helps the whole family to reduce unnecessary fear and anxiety.

### What can I expect from this program?

This comprehensive program is delivered over 7 weeks, each session lasts two hours. Over seven sessions you will cover a range of strategies and exercises that will help you put your plans into action.

For more information, please email [Parenting@pkc.gov.uk](mailto:Parenting@pkc.gov.uk)



Email to book



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## Speakeasy



The speakeasy bitesize sessions support positive and accurate communication between families and children around all aspects of growing up.

These sessions will provide information to parents and carers on the online digital world, culture, adolescent brain development and risk.

### Speakeasy Bitesize Sessions:

All sessions will take place at Perth Grammar School, 5.30pm – 7.30pm

- Culture - Tues 15<sup>th</sup> April
- Adolescent Brain Development – Wed 21<sup>st</sup> May

To apply for a place please scan QR code and fill out application form



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Book now



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What's on

# Free Family Play coming to a park near you across Perth & Kinross during the Easter holidays

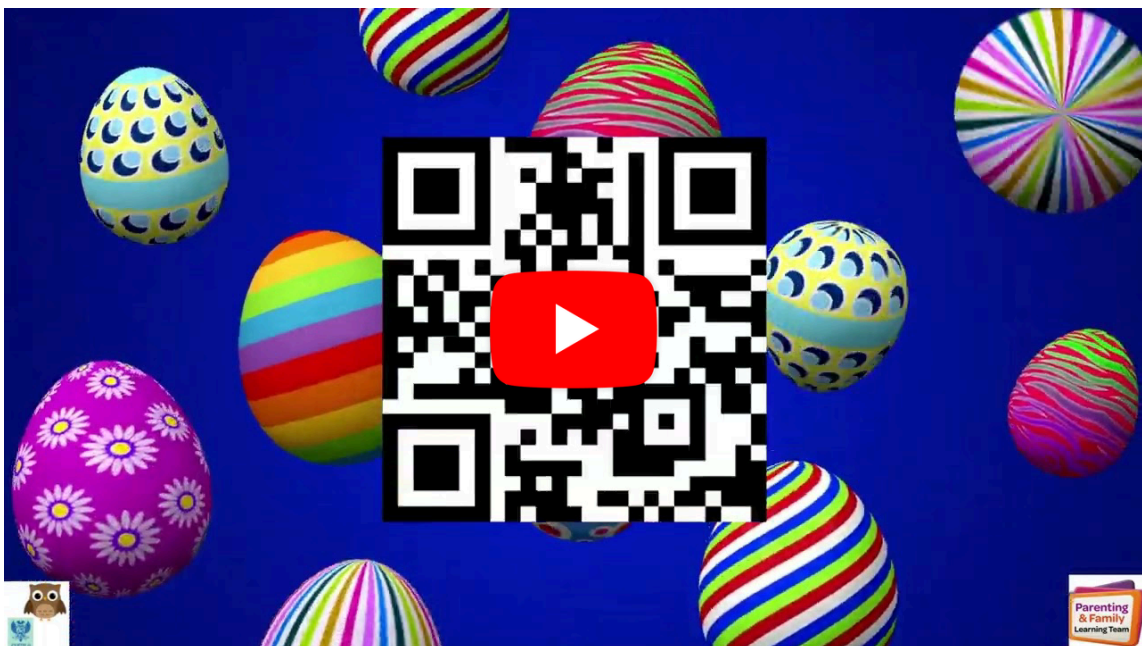


[Read more](#)



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## Pre-bookable family sessions



[Book now](#)



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## Easter Holiday Kids Clubs and Wraparound Care Programmes



The holidays are fast approaching and Blair Kids Club, Milnathort Kids Club, Oakbank Kids Club, Inch View Wraparound Care, Letham Wraparound Care, Luncarty Wraparound Care, Pitlochry Wraparound Care (week one only)

and St Dominics Wraparound Care are busy planning a range of exciting activities and themed days. These include: Arts and Crafts, Den Building, Baking, Sport and Competitions and local trips.

Kids Clubs are open for children aged Primary One to 14 years old and Wraparound Care Services are open to children aged 3 years to Primary 7. You do not need to use the service, term-time to book holidays sessions.

For full programmes and contact details please visit the website or contact the service you wish to use.



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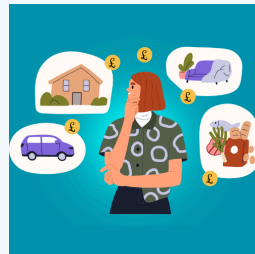
**ELC Glow Access**

ELC Glow is available for all Local Authority ELC colleagues and in our Funded Providers. Should you wish to request access or remove a colleague who no longer works in your setting please complete this [form](#).

If you are a Funded Provider and require additional Glow id's please also complete the same [form](#). Local Authority staff should speak to their school admin team.

If you have any issues regarding ELC Glow, access to ELC Glow please contact Lyn Smith, [elc@pkc.gov.uk](mailto:elc@pkc.gov.uk).

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# Perth and Kinross Council

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