



ELC Newsletter, Issue 43, September 2025

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**New Quality Improvement Framework for the
early learning and childcare sectors is published**



The **Care Inspectorate** and **Education Scotland** are pleased to announce the publication of the new **shared Quality Improvement Framework** for the early learning and childcare (ELC) sector.

[Access the new framework](#)

This final version—developed collaboratively by the Care Inspectorate and HM Inspectors—will be used in the inspection of all ELC services, including childminders and school-age childcare settings, starting Monday 22 September 2025.

Hear from the leaders

Watch a [short video](#) featuring Jackie Irvine, Chief Executive of the Care Inspectorate, and Janie McManus, His Majesty's Chief Inspector of Education, as they share their thoughts on the framework's launch.

Got questions?

To support the sector, the Care Inspectorate has published a set of [Frequently Asked Questions \(FAQs\)](#), they have also produced [FAQs on self-evaluation](#). These FAQs address key points raised during stakeholder engagement, workshops, and webinars—and will be updated regularly as new questions emerge.

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Perth and Kinross Welcomes the Care Inspectorate's ELC Improvement Team



Last week Perth and Kinross ELC had the pleasure of hosting the ELC Improvement Team from the Care Inspectorate. The visit focused on how high-quality observations can drive improvement through robust quality assurance processes.

Staff from across the local authority and funded providers came together to collaborate, share insights, and strengthen our collective commitment to delivering high-quality early learning and childcare experiences for all children.

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October Holiday Activities for Families Across Perth & Kinross

During this year's October holidays, our **Early Learning & Childcare Teams** are offering a variety of **family play sessions** designed to support children and families throughout Perth & Kinross. These sessions will take place in smaller groups across different localities and **require pre-registration** in advance.

What's on offer?

- Fun, engaging play activities for families
- Local sessions in community venues
- Opportunities to connect and play together

How to register:

Professionals can sign families up directly, or share the details so families can register themselves.

Let's make this October holiday a time for connection, creativity, and play!

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October Holiday Fun at Kids Clubs & Wraparound Care!

Looking for exciting activities for the October holidays? Our Kids Clubs and Wraparound Care services have a fantastic programme lined up to keep children entertained and engaged!

Open Dates & Locations:

Blair, Milnathort, and Oakbank Kids Clubs

St Dominic's and Luncarty Wraparound Care

Open: *Tuesday 14 October – Friday 24 October*

Inch View and Letham Wraparound Care

Open: *Monday 13 October – Friday 24 October*

Pitlochry Wraparound Care

Open: *Monday 13 October – Friday 17 October*

Activities Include:

- Soup Making
- Ceramic Painting
- Clay Sculpting
- Drama Workshops
- Bingo & Baking
- Den Building

There's something for every child to enjoy—creativity, fun, and new friendships await!

More information

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Challenge Poverty Week

CHALLENGE
POVERTY
WEEK

PERTH & KINROSS
ANTI-POVERTY
TASKFORCE

**6 - 12 October
2025**

#ChallengePoverty #WeDemandBetter

Mon 6th Awareness Monday
Art Gallery 10:00 am – 1:00 pm

Tue 7th Community Support Event
Civic Hall 10:00 am – 2:00 pm

Wed 8th Action Wednesday
Letham 4All Hub 10:00 am – 2:00 pm

Thu 9th Empathy Thursday
AK Bell Library 10:00 am – 1:00 pm

Fri 10th Policy Friday
Perth Museum 10:00 am – 1:00 pm


Sat 11th Community Saturday
North Inch Library 10:00 am – 1:00 pm

Visit Perth & Kinross Anti-Poverty
Taskforce website

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**Leadership, Learning &
Development**

**Leadership, Learning & Development Offer 2025-
26**

	Senior Practitioner Development Thu, 18 Sept, 15:30		ELC Induction Thu, 2 Oct, 18:00		Introduction to Pre Registration for Mon, 27 Oct, 09:30
	Introduction to Pre Registration for Mon, 27 Oct, 18:30		Risk in Play Tue, 28 Oct, 18:30		0-3 Being Me in PKC Thu, 30 Oct, 09:30
	Learning to read in the Early Years Practical Sat, 1 Nov, All day		Exploring the Crucial Developmental Stages in Mon, 3 Nov, All day		ELC 'Nurturing Relationships' Mon, 3 Nov, All day
	Child Protection Officer Training Mon, 3 Nov, 09:30		Play on Pedals Tue, 4 Nov, 09:00		Food Safety Management Thu, 6 Nov, 15:30

[Visit Education & Learning Hub](#)

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Parenting & Family Learning

Incredible Years

The closing date for The October Incredible Years Groups will be the 10th October.

The available groups will include:

- Incredible Years Toddlers 1-2 Letham Primary school Tuesday **28th October -17 Feb 09.30-11.30.**
- Basic Incredible Years 3-6 – Monday Kinross, Wednesday- Letham PS & Comrie PS 09.30-11.30, plus the evening virtual group 6pm-7.30pm.

For more information on the programme please see our website [Parenting and family learning](#) or contact the team directly parenting@pkc.gov.uk. Any applications can be made by a professional or directly from the family.

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Teen Triple P & Fear-Less Triple P Parenting Groups – Now Available!

From August to December 2025, we're offering Teen Triple P and Fear-Less Triple P parenting groups across Perth and Kinross.

These free, supportive programmes are designed to help parents and carers build confidence and strengthen family relationships:

Teen Triple P

For parents and carers of young people aged 11–16 years, this group offers practical strategies to:

- Build positive relationships
- Manage challenging behaviour
- Support your teen's emotional wellbeing

Fear-Less Triple P

For parents of children aged 6–14 years who are experiencing anxiety.

This programme provides:

- Evidence-based tools to reduce anxiety
- Techniques to build your child's resilience
- Support to boost your confidence as a parent

[Visit website for more information](#)

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Speakeasy Bitesize Sessions

Supporting Parents & Carers 5:30pm – 7:30pm, Perth Grammar School

Join us at Perth Grammar School for a series of Speakeasy Bitesize sessions, designed to support parents and carers with open, honest conversations around the key issues facing young people today.

These relaxed, monthly evening sessions run from August to November and offer a welcoming space to explore relevant themes and share experiences.

Upcoming Sessions:

- 30 October – *Culture*
- 27 November – *Gender Equality*

All sessions are free and open to all parents and carers in the community. Come along, connect with others, and gain valuable insights to support the young people in your life.

[Visit website for more information](#)

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Solihull Approach Foundation Training – Supporting Families with Confidence

The Solihull Approach offers a practical, relationship-based framework for working with families, aiming to improve the emotional health and wellbeing of children and their caregivers. It helps parents understand and manage their own emotions and anxieties, enabling them to better support their children's emotional development and behaviour.

This training is ideal for practitioners working with babies, children, young people, and families.

Upcoming Training Sessions

(All sessions require 3 hours of pre-learning)

In-Person:

- 7 October | 9:30am – 4:30pm | *Perth Grammar School*
- 13 November | 9:30am – 4:30pm | *Bredalbane Campus, Aberfeldy*

Online (Microsoft Teams):

- 28 October | 3:00pm – 6:00pm
- 20 November | 3:30pm – 6:30pm

Training Aims:

1. Introduce the Solihull Approach model for working with families.
2. Explore the developmental impact of childhood trauma.
3. Understand how relationships and adverse childhood experiences affect health and wellbeing.

Outcomes for Practitioners:

- Increased confidence in supporting children, young people, and families.
- Greater awareness of the impact of trauma.
- A consistent, shared framework for working across agencies.

[Book now](#)

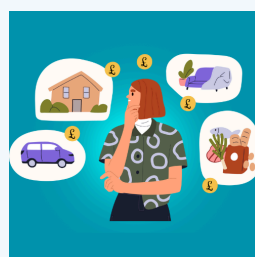
Care Inspectorate

Strong connections and meaningful relationships webinar

Do you work in an early years setting, out of school club, or childminder setting? If so, please join us, as we focus on the relationships between children, families, and their childcare setting. Meaningful relationships and strong connections begin with families accessing their childcare setting, and we will highlight the importance of fostering a positive, family-centred culture.

The webinar is being held on Tuesday 30 September 19:00 - 20:15 on MS Teams. **Sign up here.**

[Sign up here](#)



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Perth and Kinross Council

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